

# Curriculum Vitae

## Karin Ensink PhD UCL

### Clinical Psychologist

**Professional Address:** École de Psychologie  
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<http://mbt-tbm.org>

### Professional Academic Experience

2015 – Present : Full Professor	École de psychologie, Faculté des Sciences Sociales Université Laval, Québec City
2009 : Associate Professor	École de psychologie, Faculté des Sciences Sociales Université Laval, Québec City
2003 : Assistant Professor	École de psychologie, Faculté des Sciences Sociales Université Laval, Québec City
2002 : Adjunct Professor	École de psychologie, Faculté des Sciences Sociales Université Laval, Québec City
2001 : Researcher	École de psychologie, Faculté des Sciences Sociales Université Laval, Québec City
1997 – 2000: Researcher/therapist	Anna Freud Centre University College London
1994 – 1996: Senior Researcher Founder and co-director	Department of Psychiatry, University of Cape Child and Adolescent Mental Health Service,
1991 – 1993: Research Assistant	Department of Psychiatry University of Cape Town

## Professional Accreditations

2019 : Anna Freud Centre Accredited MBT (Mentalization Based Therapy) Supervisor  
Anna Freud Centre Accredited MBT Adolescent Supervisor

2017 : AFC Accredited MBT Child Supervisor, Trainer and Developer of the Model

2016 : OPQ registration as Clinical Psychologist in Quebec, Canada

2015 : Certified Transference Focused Psychotherapy Supervisor and Trainer

1991 : Clinical Psychologist

## Education and Training

2004: Phd Psychology                      University College London  
Thesis Director: Peter Fonagy and Mary Target

1991: MA Clinical Psychology        University of Cape Town

1987: Honors in Psychology         University of Cape Town

1986: Bachelors in Psychology      University of Cape Town

## Other Professional Organizational Responsibilities

1. **2019** : Mandate from Peter Fonagy and Anthony Bateman (for Anna Freud Centre) to establish MBT-TBM Canada to develop clinical and research capacity in MBT in Quebec and Canada. This organization has been established, is accredited by the AFC and the first MBT formation (with OPQ number) took place October 2019
2. **2016** : Mandate to develop MBT – Child: My role was to develop the treatment and write the treatment manual with my co-authors, development the training materials and establish a system of accreditation for therapists and supervisors. Deliverable outcomes:
  - a. Book published by American Psychological Association in 2017, now translated in four languages
  - b. Training video produced by American Psychological Association in 2017
  - c. MBT-C trainings developed, trainers certified and trainings given in Europe, London, Canada, US and South America
  - d. System of accreditation for clinicians and supervisors established

3. **2013** : Mandate to develop TFP Adolescent: My role was to develop the treatment and write the TFP - A manual with my co-authors, develop training slides and establish a system of accreditation.
  - a. Book in press with American Psychological Association
  - b. Trainings provided to key groups in Europe
  - c. Training materials developed
4. **2012 – present** : NY TFP Steering Committee member: attend weekly steering committee meetings lead by Otto Kerberg, Frank Yeomans, John Clarkin and Eve Caligor. My role is to provide input in organizational matters specifically as concerns adolescent treatment.
5. **2011** : Member of the Task Force and founding committee for the foundation of an International Society for Transference Focused Psychotherapy (ISTFP) in Vienna, Austria.
6. **1997** : Mandate from DFID to develop a community based child and adolescent psychiatric service in an poverty stricken urban area with high rates of violence and PTSD. Deliverable outputs:
  - a. Community psychiatric service established
  - b. Funding secured
  - c. Professionals, including psychologists and psychiatrists, trained
  - d. Community mental health workers trained
  - e. Supervision and clinical training structure set up
  - f. RECOGNITION: Identified by WHO as model project for mental health service provision

## Recent Awards

Frank Putnam prize (2017) for article

**Ensink, K., Bégin, M., Normandin, L., Godbout, N., & Fonagy, P. (2016):** Mentalization and dissociation in the context of trauma: Implications for child psychopathology, *Journal of Trauma & Dissociation*, DOI : 10.1080/15299732.2016.1172536.

## Courses Taught

2012 – present:	Advanced Psychopathology
2017 – present:	Personality Theory
2009 - present:	Child Psychotherapy

## Books

1. Normandin, L., **Ensink, K.**, Weiner, A., & Kernberg, O (2021). *Transference-Focused Psychotherapy for Adolescents with Severe Personality Disorders*. American Psychiatric Association.
2. Achim, J., **Ensink, K.**, & Lebel, A. (2020) *Mentaliser en contexte pédopsychiatrie: interventions thérapeutiques*. De Boeck Supérieur.
3. Midgley, N., **Ensink, K.**, Lindqvist, K., Malberg, N., & Muller, N. (2017). *Mentalization-Based Treatment for Children: A Time-Limited Approach*. American Psychological Association.

## Trainings and Conferences Given

1. **Ensink, K.** (2019, November). MBT Trauma-Informed University Nationale, Bogota, Columbia
2. **Ensink, K.** (2019, September). Introduction to Mentalization-Based Treatment and Transference Focused Psychotherapy for Children and Adolescents. *Led MBT-C and TFP trainings*. Krakow, Poland.
3. **Ensink, K.** (2019, September). MBT Trauma-Informed Therapy. *Led MBT trainings*. Krakow, Poland.
4. **Ensink, K.** (2018, November). MBT Child: Clinic of the University Nationale, Bogota, Columbia
5. **Ensink, K.** & Malberg, N. (2018, July). Mentalization-Based Treatment for Children: A Time-Limited Approach. *Led MBT-C Training at City College, New York*. New York City, USA.
6. **Ensink, K.** & Malberg, N. (2018, January). Mentalization-Based Treatment for Children: A Time-Limited Approach. *Led MBT-C Training at the Yale University Child Study Centre*. New Haven, Connecticut, USA.
7. **Ensink, K.**, Lindquist, K., Malberg, N., Midgley, N., & Muller, N. (2017, December). Mentalization-Based Treatment for Children: A Time-Limited Approach. *Led MBT-C Training at the Anna Freud Centre*. London, England.
8. **Ensink, K.**, (2018, September). International Congress on Borderline Personality Disorder and Allied Disorders Rethinking Borderline Personality Disorder: Improving Treatment and Training. Sitges, Spain.
9. Normandin, L. & **Ensink, K.** (2017, September). Personality pathology and personality structure in adolescence: The role of maltreatment, identity and context/situation. Presented at the *International Society for the Study of Personality Disorders*. Heidelberg, Germany.

10. Shmueli-Goetz, Y., Bosmans, G., Bijttebier, P., Van de Walli, M., De Raedt, R., Brumariu, L., Kerns, K., Ruxandra Gherasim, L., Palmer, A., Borelli, J., Vanwoerden, S., Sharp, C., **Ensink, K.**, Normandin, L., Target, M., & Fonagy, P. (2017). Attachment in Middle Childhood and Adolescence: The Importance of Psychological Presence to the Development of Emotional Regulation. *Presented at the International Attachment Conference*. London, England.
11. **Ensink, K.**, Bégin, M., Normandin, L., Godbout, N., & Fonagy, P. (2017). Mentalization and dissociation in the context of trauma: Implications for child psychopathology. *Presented at the 17<sup>ième</sup> Conférence du European Society for Child and Adolescent Psychiatry*. Geneva, Switzerland.
12. **Ensink, K.** (2017). Mentalization Based Therapy for Children. *Presented at the Society for Psychotherapy Research*. Toronto, Canada.
13. **Ensink, K.**, Bégin, M., Normandin, L., Godbout, N., & Fonagy, P. (2016, July). Mentalization and Dissociation in the Context of Trauma: Implications for Child Psychopathology. *Presented at the Family Violence and Child Victimization Research Conference*, Portsmouth, New Hampshire, USA.
14. **Ensink, K.**, Munoz Specht, P., & Normandin, L. (2016, June). Mentalizing techniques used by child and adolescent psychotherapists. *Presented at the 47th International Conference of the Society of Psychotherapy Research*, Jerusalem, Israel.
15. Biberdzic, M., **Ensink, K.**, Normandin, L., & Clarkin, J. (2016, April). Empirical typology of adolescent personality organization. *Presented at the North American Society for the Study of Personality Disorders (NASSPD)*. New York, USA.
16. Bégin, M., Normandin, L., & **Ensink, K.** (2016, April). Non-Suicidal Self Injury, Trauma and Mentalizing. *Presented at the North American Society for the Study of Personality Disorders (NASSPD)*. New York, USA.
17. **Ensink, K.**, Normandin, L., & Fonagy, P. (2015, October). Trauma, Mentalization and Personality Disorders. *Presented at the XIV<sup>th</sup> Conference of the International Society for the Study of Personality Disorders*, Montreal, Canada.
18. Biberdzic, M., **Ensink, K.** & Normandin, L. (2015, October). Personality Organization Profiles in Adolescents. *Presented at the XIV<sup>th</sup> Conference of the International Society for the Study of Personality Disorders*, Montreal, Canada.
19. Bégin, M., Normandin, L., & **Ensink, K.** (2015, October). Mentalization and other risk factors of non-suicidal self-injury in adolescents. *Communication présentée au XIV<sup>th</sup> Conference of the International Society for the Study of Personality Disorders*, Montreal, Canada.
20. **Ensink, K.** Begin, M., & Normandin, L. (2015, June). Maternal and child reflective functioning: Pathways to psychopathology in the context of trauma. *Communication présentée dans le cadre de la 46th International Conference of the Society of Psychotherapy Research*, Philadelphia, USA.
21. Maheux, J., Normandin, L., **Ensink, K.** (2015, April). Therapists' Mental Activity Profiles during Therapeutic Listening of Victimized Adolescent Patients. *Communication orale*,

9th British Association for the Study and Prevention of Child Abuse and Neglect (BASPCAN) Congress, Edinburg, Scotland, UK.

22. **Ensink, K.**, & Normandin, L. (2015, March). Grandiose and Vulnerable Narcissism in Adolescence. *Communication présentée lors du North American Society for the Study of Personality Disorders (NASSPD)*. Boston, Massachusetts, USA.
23. Normandin, L., **Ensink, K.** & Kernberg, O. (2014, November). BPD in the XXI Century : What has changed ? TFP technics for BPD Adolescents. *Communication présentée lors de la 4ième Conférence du TLP-GRUP*, Barcelona, Spain.
24. Normandin, L., **Ensink, K.** & Kernberg, O. (2014, October). Adapting Transference Focused Psychotherapy to Adolescents with Borderline Personality Organization. *Communication présentée lors de la 3ième Conférence du International Society for Transference Focused Psychotherapy*. Parma, Italy.
25. Normandin, L., **Ensink, K.** (2014, October). Fantasy play resolution as a mediator of the relationship between early sexual abuse and self-other representation in 3-8 y.o. children. *Communication présentée lors de la 3ième Conférence du International Society for Transference Focused Psychotherapy*. Parma, Italy.
26. Berthelot, N., **Ensink, K.**, Bernazzani, O., Normandin, L., & Fonagy, P. (2014, October). Implications of Childhood Trauma for Parenting, Relationship With Partner and Mother—Child Attachment: Promoting Mentalization to Reduce the Intergenerational Impacts of Trauma. Affiche présentée dans le cadre de la 61<sup>ième</sup> Conférence de l'American Child and Adolescent Psychiatric Association, San Diego, California, USA.
27. **Ensink, K.**, & Normandin, L. (2014, June). The child reflective function scale, a new measure for assessing children's mentalization in child psychotherapy research. *Communication présentée lors de la 45th International Annual Meeting of the Society for Psychotherapy Research*, Copenhagen, Denmark.
28. Normandin, L., & **Ensink, K.** (2014, June). The impact of mentalization training on the reflective function of novice therapists: A randomized controlled trial. *Communication présentée lors de la 45th International Annual Meeting of the Society for Psychotherapy Research*, Copenhagen, Denmark.
29. **Ensink, K.**, Berthelot, N., Bernazzani, O., & Normandin, L. (2014, June). Reflective function regarding trauma and maternal hostility in mothers with childhood abuse and neglect : implications for infant attachment disorganization. . Conférence offerte dans le cadre de la 14<sup>ième</sup> Rencontre de la World Infant Mental Health, Edinburg, Scotland, UK.
30. **Ensink, K.**, & Normandin, L. (2014, May). Developmental Psychopathology Model of BPD-A. *Communication présentée lors de la Conférence intitulée : Advances in Understanding and treating adolescents with borderline personality disorders*. Personality Disorders Institute Weill Cornell Medical College Department of Psychiatry, New York City, New York, USA.
31. Normandin, L. & **Ensink, K.** (2014, May). Adapting Transference Focused Psychotherapy (TFP) for Adolescents with BPD. *Communication présentée lors de la Conférence intitulée : Advances in Understanding and treating adolescents with borderline personality disorders*.

Personality Disorders Institute Weill Cornell Medical College Department of Psychiatry:  
New York City, New York, USA.

32. Cyr, M., Hébert, M., Dion, J., **Ensink, K.**, Tourigny, M., Normandin, L., Daigneault, I., & Berthelot, N., (2014, March). Les agressions sexuelles envers les enfants : quels effets, pour qui et comment intervenir. Symposium présenté dans le cadre du 36<sup>ième</sup> Congrès *annuel de la Société Québécoise de Recherche en Psychologie*. Montreal, Canada.
33. **Ensink, K.**, Berthelot, N., Normandin, L., & Bernazzani, O. (2014, March). Reflective Function and Unresolved Trauma in Mothers with Histories Abuse and Neglect: Implications for Infant Attachment. Conférence offerte dans le cadre du 36<sup>ième</sup> Congrès *annuel de la Société Québécoise de Recherche en Psychologie*. Montreal, Canada.
34. Normandin, L., & **Ensink, K.** (2013). Addressing Aggression in the Treatment of a Child with BPD. *Berlin Forum for Transference Focused Psychotherapy*, Berlin, Germany
35. **Ensink, K.** & Normandin, L. (2013). Assessment and development of Child and Adolescent Reflective Function and Mentalisation. *International Expert Group for the Development of mentalisation based Treatments for Children and Adolescents*. Erica Foundation, Stockholm, Sweden.
36. Biberdzic, M., Chrétien, S.L., Nadeau, F., & **Ensink, K.** (2013). Lien entre la personnalité de la mère et la présence de symptômes traumatiques résiduels suite à la grossesse. (Poster). *81e congrès de l'Association francophone pour le savoir (ACFAS)* Quebec City, Canada.
37. **Ensink, K.** & Normandin, L. (2013, March). Introduction à la Mentalisation-based Therapy (MBT) de Peter Fonagy et à la Transference Focused Psychotherapy (TFP) de Otto F. Kernberg dans le traitement des troubles de la personnalité. *One Day Training offered by the McGill Mental Health Institute*, Douglas Hospital, Montreal, Canada.
38. Normandin, L., & **Ensink, K.** (2013). New Technical Developments in TFP for Adolescents. Advances in Research and Treatment of BPD. *GRUP TLP - Barcelona*, Barcelona, Spain.
39. Foelsch, P., Normandin, L., & **Ensink, K.** (2012). Current developments in TFP : The development of TFP for adolescents. *2nd International Congress on Borderline Personality Disorder and Allied Disorder Matching research, need and demand to treatment and resources*. Amsterdam, The Netherlands.
40. Normandin, L. & **Ensink, K.** (2012). TFP for Adolescents. *7<sup>th</sup> Weekend TFP Training*, Quebec City, Canada.
41. **Ensink, K.** (2012). Treating Mothers With Borderline Personality Disorders. *7<sup>th</sup> Weekend TFP Workshop*, Quebec City, Canada.
42. Normandin, L., & **Ensink, K.** (2012). Current advances in the treatment of adolescents with personality disorders. *2nd International Conference of the Society for Transference Focused Psychotherapy*, Amsterdam, The Netherlands.
43. Lemieux, R., Berthelot, N., Maheux, J., Normandin, L., & **Ensink, K.** (2012). The role of dissociation for psychological and behavioral adaptation in sexually abused children. (Poster). *American Psychological Association 120th Annual Convention*, Orlando, Florida, USA.

44. Berthelot, N., **Ensink, K.**, & Normandin, L. (2012). Thinking the unthinkable: The importance of the psychological understanding of relational trauma for mother-infant attachment. (Poster). *American Psychological Association 120th Annual Convention*, Orlando, Florida, USA.
45. **Ensink, K.**, Normandin., Target, M. & Fonagy, P. (2012). Reflective Functioning and Psychopathology in School Aged Children. *30<sup>th</sup> International Congress of Psychology*, Cape Town, South Africa.
46. **Ensink, K.**, Berthelot, N. Bernazzani, O. & Normandin, L. (2012). Reflective Functioning in Mothers with Histories of Abuse and Neglect: Implications for Infant Attachment. *30<sup>th</sup> International Conference of Psychology*, Cape Town, South Africa.
47. Normandin, L., **Ensink, K.**, Maheux, J., Parent, Sabourin, S. & Diguier, L. (2012). Training future psychotherapists to become more reflective about patients with personality disorders. *30<sup>th</sup> International Congress of Psychology*, Cape Town, South Africa.
48. Normandin, L., **Ensink, K.**, & Berthelot, N. (2012). The Mirror Paradigm to assess body self-image and feelings about themselves in abused children. *20<sup>ème</sup> Congrès Mondial de la IACAPAP (Association internationale de psychiatrie de l'enfant et de l'adolescent et des professions associées)*, Paris, France.
49. Berthelot, N., **Ensink, K.**, & Normandin, L. (2012). Implications of children's mentalization for their self- image and feelings about themselves. *43<sup>rd</sup> Conference of the International Society for Psychotherapy Research*, Virginia Beach, Virginia, USA.
50. **Ensink, K.**, Normandin, L., Target, M., Fonagy, P., & Sabourin, S. (2012). Mentalization in middle- childhood: An initial study of the validity of the Child Reflective Functioning Scale. *43<sup>rd</sup> Conference of the Society for Psychotherapy Research*, Virginia Beach, Virginia, USA.
51. Normandin, L., Tessier, V., **Ensink, K.** (2012). The role of play in the development of RF in the context of sexual abuse. *43<sup>rd</sup> Congress of the International Society for Psychotherapy Research*, Virginia Beach, Virginia, USA.
52. Tessier, V., Normandin, L., & **Ensink, K.** (2012). The role of play in the development of reflective functioning. *43<sup>rd</sup> Conference of the International Society for Psychotherapy Research*, Virginia Beach, Virginia, USA.
53. Leroux, A., **Ensink, K.** & Normandin. L. (2012). Assessing interactional correlates of maternal reflective functioning. *43<sup>rd</sup> International Conference of the Society for the Study Of Psychotherapy*, Virginia Beach, Virginia, USA.

## Book Chapters

1. Luyten, P., Malcorps, S., Fonagy, P., & **Ensink, K.** (2019). Assessment of Mentalizing. Bateman, A. & Fonagy, P. *Handbook of Mentalizing in Clinical Practice* (2<sup>nd</sup> ed.). Published, American Psychiatric Association Publishing, Washington, DC, United States
2. Midgley, N., Muller, N., Malberg, N., & **Ensink, K.** (2019). Children. Bateman, A. & Fonagy, P. *Handbook of Mentalizing in Clinical Practice* (2<sup>nd</sup> ed.).



Published, American Psychiatric Association Publishing, Washington, DC, United States

3. **Ensink, K.**, Dugal, C., Lebel, V., Biberdzic, M., & Normandin, L. (2017). La parentalité : Défis des conjoints, position mentalisante et changements neurobiologiques. Les Fondements de la psychologie du couple. Published, Presses de l'Université du Québec, Montreal, Canada
4. Berthelot, N., **Ensink, K.**, & Drouin-Maziade, C. (2016). Les défis de la parentalité chez les victimes de maltraitance en enfance. Éléments pour une psychologie de la maltraitements. Published, Editions Publibook Université.
5. Normandin, L., **Ensink, K.**, Yeomans, F., & Kernberg, O. (2014). Transference-Focused Psychotherapy for adolescents. C. Sharp and J. L. Tackett. Handbook of Borderline Personality Disorders in Children and Adolescents. : 333-360. Published, Springer, New York, United States
6. Vrouva, Target, M. **Ensink, K.** (2012). Measuring Mentalization in Children and Young People. N. Midgley and I. Vrouva. Minding the Child: Mentalization-Based Interventions With Children, Young People and Their Families, 54-76. Published, Routledge, New York, United States
7. **Ensink, K.**, & Normandin, L. (2011). Le traitement basé sur la mentalisation chez des enfants agressés sexuellement et leurs parents.. M. Hébert, M. Cyr, et M. Tourigny. L'agression sexuelle envers les enfants.. : 399-444. Published, Presse de l'Université du Québec, Montreal, Canada

## Video

1. Malberg, N. & **Ensink, K.**, directors. *Mentalization-Based Treatment With a 10-Year-Old Boy*. American Psychological Association, American Psychological Association, 2018, [www.apa.org/pubs/videos/4310988?tab=3](http://www.apa.org/pubs/videos/4310988?tab=3)

## Publications

1. Raby, K., Verhage, M., Fearon, R., Fraley, R., Roisman, G., Van IJzendoorn, M., Schuengel, C., Madigan, S., Oosterman, M., Bakermans-Kranenburg, M., Bernier, A., **Ensink, K.**, Hautamäki, A., Mangelsdorf, S., Priddis, L., & Wong, M. (2020). The latent structure of the adult attachment interview: Large sample evidence from the collaboration on attachment transmission synthesis. *Development and Psychopathology*, 1-13. doi:10.1017/S0954579420000978
2. Borelli, J., **Ensink, K.**, Gillespie, M., Falasiri, E., Bernazzani, O., Fonagy, P., & Berthelot, N. (2020). Mothers' Self-focused Reflective Functioning Interacts with Childhood Experiences of Rejection to Predict Current Romantic Relationship Quality and Parenting Behavior. *Family Process*. <https://doi.org/10.1111/famp.12603>

3. Fabiola, B., Simone, C.M., **Karin, E.**, Donatella, C., & Borelli, J. (2020). Does Children's Mentalizing Mediate the Role of Attachment and Psychological Maladjustment in Middle Childhood? *Journal of Child and Family Studies*, 29, 1793–1803. <https://doi.org/10.1007/s10826-020-01701-9>
4. Laurent, G., **Ensink, K.**, & Miljkovitch, R. (2019). Auto-évaluation de ses émotions à 4 et 5 ans : une adaptation de l'entretien de Carroll et Steward. *Enfance; Psychologie, Pédagogie, Neuropsychiatrie, Sociologie*, 2(2), 219-239. <https://doi.org/10.3917/enf2.202.0219>
5. **Ensink, K.**, Bégin, M., Kotiuga, J., Sharp, C., & Normandin, L. (2019). Psychometric Properties of the French Version of the Borderline Personality Features Scale for Children and Adolescents. *Adolescent Psychiatry*. 09. 10.2174/2210676609666190820145256.
6. Borelli, J., Cohen, C., Pettit, C., Normandin, L., Target, M., Fonagy, P. & **Ensink, K.** (2019). Maternal and Child Sexual Abuse History: An Intergenerational Exploration of Children's Adjustment and Maternal Trauma-Reflective Functioning. *Frontiers in Psychology*. 10. 10.3389/fpsyg.2019.01062.
7. **Ensink, K.**, Borelli, J., Normandin, L., Target, M., & Fonagy, P. (2019). Childhood Sexual Abuse and Attachment Insecurity: Associations With Child Psychological Difficulties. *American Journal of Orthopsychiatry*. 10.1037/ort0000407.
8. Sharp, C., Penner, F., & **Ensink, K.** (2019). Reflective Function and Borderline Traits in Adolescents. *Journal of Personality Disorders*. 1-16. 10.1521/pedi\_2019\_33\_416.
9. Defer, S., Achim, J., **Ensink, K.**, & Claud, B. (2019). Maternités adolescentes, stress parental et capacité de mentalisation : perspectives théoriques et cliniques. *Devenir*. 31. 105. 10.3917/dev.192.0105.
10. Vanwoerden, S., Greiner, I., **Ensink, K.**, & Sharp, C. (2019). The relations between self- and caregiver- focused reflective function and theory of mind in the context of borderline pathology in adolescence. *Psychiatry Research*. 273. 10.1016/j.psychres.2019.01.042.
11. Weiner, A., **Ensink, K.**, & Normandin, L. (2018). Psychotherapy for Borderline Personality Disorder in Adolescents. *Psychiatric Clinics of North America*. 41. 729-746. 10.1016/j.psc.2018.07.005.
12. Bizzi, F., **Ensink, K.**, Borelli, J., Charpentier Mora, S., & Cavanna, D. (2018). Attachment and Reflective Functioning in Children with Somatic Symptom Disorders and Disruptive Behavior Disorders. *European Child and Adolescent Psychiatry*. 28. 10.1007/s00787-018-1238-5.
13. Laurent, G., Hecht, H., **Ensink, K.**, & Borelli, J. (2018). Emotional Understanding, Aggression, and Social Functioning Among Preschoolers. *American Journal of Orthopsychiatry*. 10.1037/ort0000377.
14. **Ensink, K.**, Borelli, J., Roy, J., Normandin, L., Slade, A., & Fonagy, P. (2018). Costs of Not Getting to Know You: Lower Levels of Parental Reflective Functioning Confer Risk for Maternal Insensitivity and Insecure Infant Attachment. *Infancy*. 10.1111/infa.12263.

15. **Ensink, K.**, Duval, J., Normandin, L., & Fonagy, P. (2018). Mentalizing mediates the relationship between childhood maltreatment and adolescent borderline and narcissistic personality traits. *Adolescent Psychiatry*. 08. 10.2174/2210676608666180829095455.
16. Borelli, J., **Ensink, K.**, Hong, K., Sereno, A., Drury, R., & Fonagy, P. (2018). School-Aged Children With Higher Reflective Functioning Exhibit Lower Cardiovascular Reactivity. *Frontiers in Medicine*. 5. 196. 10.3389/fmed.2018.00196.
17. Biberdzic, M., **Ensink, K.**, Normandin, L., & Clarkin, J.F. (2018). Empirical Typology of Adolescent Personality Organization. *Journal of Adolescence*.
18. Biberdzic, M., **Ensink, K.**, Normandin, L., & Clarkin, J.F. (2018). Psychometric Properties of the Inventory of Personality Organization for Adolescents. *Adolescent Psychiatry*.
19. **Ensink, K.**, Duval, J., Normandin, L., Sharp, C., & Fonagy, P. (2018). Measuring Reflective Functioning in Adolescents; Relation to Personality Disorders and Psychological Difficulties. *Adolescent Psychiatry*. 08. 10.2174/2210676608666180208161619.
20. **Ensink, K.**, Chrétien, S. L., Daigle, D., Normandin, L., Bégin, M., & Fonagy, P. (2018). Pathological Narcissism in Adolescents: Relationships with Childhood Maltreatment and Internalizing and Externalizing Difficulties. *Adolescent Psychiatry*.
21. Bégin, M., **Ensink, K.**, Chabot, S., Normandin, L., & Fonagy, P. (2018). A Person Centered Approach to Understanding the Impact of Childhood Maltreatment on Adolescent Psychological Difficulties and Borderline Personality Features. *Adolescent Psychiatry*.
22. **Ensink, K.**, Godbout, N., Bigras, N., Lampron, J., Sabourin, S., & Normandin, L. (2018). Persistent and Transitory Sexualized Behavior Problems in Children. *Child Psychiatry & Human Development*. 49. 10.1007/s10578-017-0778-0.
23. Chrétien, S., **Ensink, K.**, Descôteaux, J., & Normandin, L. (2018). Measuring Grandiose and Vulnerable Narcissism in Adolescents. 6. 1-23. 10.6092/2282-1619/2018.6.1848.
24. **Ensink, K.**, Dugal, C., Lebel, V., Biberdzic, M., & Normandin, L. (2017). La parentalité : Défis des conjoints et position mentalisante. In Bélanger, C., Sabourin, S., & Lussier, Y. (Eds.), *Fondements de la psychologie du couple*.
25. Laurent, G., & **Ensink, K.** (sous presse). Développement socio-émotionnel. Miljkovitch R, Morange-Majoux, R., & Sander, E. *Traité de psychologie du développement*. Paris : Masson. 230-253.
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## **Dissertation**

1. Assessing theory of mind, affective understanding and reflective functioning in primary school-aged children. Unpublished dissertation. (2004). University College London. Doctorate.  
Number of Pages: 360  
Supervisor: Peter Fonagy and Mary Target

## Supervised Student Publications

1. Nicolas Berthelot  
Another step closer to measuring the Ghosts in the Nursery: Preliminary Validation of the Trauma Reflective Functioning Scale. *Frontiers in Psychology*. 1471(5): 1-12.
2. Michael Bégin  
Maternal and Child Reflective Functioning in the Context of Trauma: Pathways to Depression and Externalizing Difficulties. *European Journal of Child and Adolescent Psychiatry*.
3. Marko Biberdzic  
Neurobiology and Psychodynamic Understanding of Borderline Personality Disorder: Finding Common Ground. *Canadian Psychology*.
4. Marko Biberdzic & Marie-Eve Rousseau  
Atypical Maternal Behavior in Mother-Infant Interactions: The Role of Reflective Functioning and Personality Organization. *Journal of Personality and Social Psychology*.
5. Marko Biberdzic  
The Mirror Paradigm: Assessing the Embodied Self in the Context of Abuse. *Psychoanalytic Psychology*.
6. Nicolas Berthelot  
Intergenerational Transmission of Attachment in Abused and Neglected Mothers: The Role of Trauma- Specific Reflective Functioning. *Infant Mental Health*. (2015).
7. Julie Maheux  
The Impact of Mentalization Training on the Reflective Functioning of Novice Therapists: A Randomized Controlled Trial. *Journal of the Society of Psychotherapy Research*. (2013). 23(5): 526-38.
8. Nicholas Berthelot, Roxanne Lemieux  
La dissociation comme médiateur entre l'agression sexuelle et la symptomatologie clinique chez l'enfant. *Revue Québécoise de Psychologie*. 33(3): 37-58.
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Mentalisation efficiente du trauma. *Carnet de notes sur les maltraitances infantiles*. 131(2), 6-20.(2): 6-20.



## **Journal Reviewer**

Patient Education and Counselling  
Psychoanalytic Psychology  
Social Development  
Revue Canadienne des Sciences du Comportement  
Personality Disorders: Theory, Research and Practice  
Canadian Journal of Psychology  
European Journal of Child and Adolescent Psychiatry  
Attachment and Human Development  
Revue Santé Mentale au Québec  
Revue de Psychoéducation

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International Society for Transference Focused Psychotherapy  
North American Society for Study of Personality Disorders  
European Society for Study of Personality Disorders

Quebec City, December 26, 2020