

GAZETTE

Spotlighting the stories of GSAPP Students, Faculty, Staff and Alumni

IN THIS ISSUE

FACULTY HIGHLIGHTS

From receiving grants for innovative research to awards for continued excellence, our faculty never cease to amaze!

STUDENT SPOTLIGHTS

We recognize our students for successfully defending their dissertations and earning well-deserved scholarships!

MEDIA MENTIONS

Our faculty and alumni were prominently featured in several media channels and publications. In addition, GSAPP is featured on Rutgers.edu!

SAVE THE DATE

Mark your calendars for a much-anticipated event, our annual Welcome Back Picnic!

PROFESSIONAL DEVELOPMENT

OPDCE continues to offer a variety of live and on-demand webinars. Peruse the list of informative and affordable CE opportunities, and get a jumpstart on your fall learning!



Click here to
access the
full issue!

WELCOME AND CONGRATULATIONS

We are thrilled to announce the below new additions to our GSAPP Team!



Dr. Julia Iannaccone recently joined GSAPP as an Assistant Professor of Clinical Practice in the Applied Department and at the Rutgers Center for Adult Autism Services (RCAAS). To read Dr. Iannaccone's full bio, click [here](#).

Dr. Deirdre Waters recently took on a new role with GSAPP, as Director of the Master of Applied Psychology (MAP) Program in the Applied Department. To read Dr. Waters' full bio, click [here](#).



UNIVERSITY NEWS

Important Reminder from Institutional Planning and Operations (IP&O) - Department of Transportation Services (DOTS)

The 2022-2023 Annual Faculty and Staff Parking permits are now available. In order to park in a Rutgers University lot or deck, you must renew or purchase a new Parking E-Permit. Click [here](#) to purchase a 2022-2023 annual permit.



[Click here to submit your news for upcoming issues](#)

FACULTY HIGHLIGHTS

DR. BAL RECEIVES THE SARA S. SPARROW EARLY CAREER RESEARCH AWARD

Congratulations to **Dr. Vanessa Bal** for receiving the APA Division 33's *Sara S. Sparrow Early Career Research Award*! This award is presented to an individual who has made substantial contributions to the understanding of intellectual or developmental disabilities as reflected in his or her published and presented works. "I am so grateful to the amazing mentors that have invested in training and supporting me. I have been so fortunate," said Dr. Bal at the award ceremony. What an amazing, well-deserved achievement!

Division 33 of the American Psychological Association (APA) is an organization of psychologists concerned with research and practice in the field of intellectual and developmental disabilities and autism spectrum disorder. To read more, click [here](#)!



GRANT RECOGNITION

CONGRATULATIONS TO DRS. BAL & CHU ON RECEIVING \$400K GRANT

Dr. Vanessa Bal & **Dr. Brian Chu** were awarded a \$400K grant from the NJ Governor's Council for Medical Research and Treatment of Autism, to adapt Dr. Chu's transdiagnostic Group Behavioral Activation Treatment (GBAT) to support autistic adults with depression, anxiety, or mood regulation difficulties. This collaboration will include an advisory group of autistic adults to inform and guide development of supplemental materials to tailor GBAT+ to address barriers and support the mental health of autistic people.

Congratulations, Dr. Bal and Dr. Chu! This remarkable achievement was recognized university-wide on the Rutgers Office for Research's website, which you can view [here](#), and in their e-newsletter, *Research Connections*!



[Click here to submit your news for upcoming issues](#)

STUDENT SPOTLIGHT

WE ARE SO PROUD

The following GSAPP students successfully defended their dissertations:

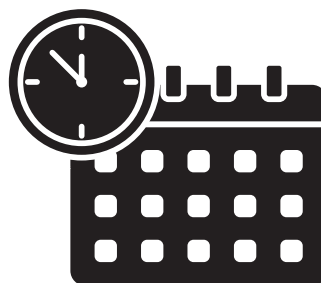


- **Madeline Bono** defended "Lonely and Disaffected Young Men: A Thematic Content Analysis of Forum Posts by Members of Incel Forums"
 - Committee Members: Kristen Riley and Brook Hersey
- **Idil Franko** defended "The Correlates of Explicit Weight Bias Among Mental Health Providers in Training"
 - Committee Members: Kristen Riley and Terry Wilson
- **Sara Ghassemzadeh** defended "The Dissemination and Implementation Blueprint for a Future Clinical Doctoral Support Model"
 - Committee Members: Kristen Riley and Brian Chu
- **Jacqueline Shinall** defended "Validity of Existing Instruments for Informing First-Time Diagnosis of ASD In Adulthood"
 - Committee Members: Vanessa Bal and Bob LaRue

Upcoming Dissertation

If you would like to join the session, please contact student for the Zoom link.

- **Liza Comart** will be defending "Development and Proposed Evaluation of a Mentoring Program for Refugee Youth through a University and Community Partnership" on **September 13, 2022**
 - Committee Members: Shalonda Kelly and Monica Indart



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CONGRATULATIONS 2022 GSAPP SCHOLARSHIP RECIPIENTS

We are honored to recognize the below Scholarship winners. Congratulations to these deserving students!



Clinical Department Awards:

- **Bonnie Markham Dissertation Award:** Tanya Lalwani
- **Nancy McWilliams and Stanley Messer Psychodynamic Endowed Fund:** Corey Bryant
- **GSAPP Student Assistantship Endowed Fund:** Saipriya Iyer

School Department Awards:

- **GSAPP Student Assistantship Endowed Fund:** Alina Yu
- **Kenneth and Linda Schneider Scholarship in School Psychology:** Andrew Cosgrove & Esther Fried

GSAPP-Wide Scholarships:

- **Edith Neimark Dissertation Award-Autism:** Norma Jules
- **Michael Fowlin Endowed Scholarship:** Marissa O'Brien
- **Rebecca Fine Endowed Fellowship:** Lamar Nero
- **Trauma Endowed Fund:** Cindy Forestal
- **Dean's Academic Excellence Award:** Rebecca McCarthy



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MEDIA MENTIONS

GSAPP's esteemed faculty were once again featured in the mainstream media, graciously sharing their expertise on a variety of relevant topics. We are very proud of their impressive work and appreciate their representation of GSAPP!



If any Faculty member is interested in serving as a GSAPP media representative, please email: marcom@gsapp.rutgers.edu.

GSAPP SPOTLIGHT

We are thrilled to announce that GSAPP is being highlighted on Rutgers University's homepage, Rutgers.edu throughout the month of August! Explore the amazing GSAPP showcase [here](#)!

RUTGERS



DR. DIBELLO FEATURED IN RU TODAY



Assistant Professor, Applied Psychology Department and Center of Alcohol & Substance Use Studies (CAS), **Dr. Angelo DiBello's** coauthored research study was the subject of a *Rutgers Today* feature article entitled "Symptoms of Insomnia May Reduce Likelihood of Alcohol-Induced Blackout."

Dr. DiBello's study found that heavy drinkers with insomnia symptoms, such as difficulty falling or staying asleep, may be less likely to suffer alcohol-induced blackouts. Click [here](#) to read the article.

DR. YU QUOTED IN USA TODAY

Lei Yu, PhD, Distinguished Professor, Department of Genetics and Human Genetics Institute, and the lead of the neuropharmacogenetics lab at the Center of Alcohol & Substance Use Studies (CAS), shared his expertise in the *USA Today* article, "Are Asians 'allergic' to alcohol? How the dreaded 'glow' makes drinking feel isolating." Read the full article, [here](#).



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DRS. BAL & KLEIMAN'S RESEARCH FEATURED IN THE OARACLE

Vanessa Bal, PhD, GSAPP Associate Professor and the Karmazin and Lillard Chair in Adult Autism, and **Evan Kleiman, PhD**, Assistant Professor in the Rutgers-SAS Psychology Department, were recently featured in the *Oaracle* for their one-year Organization for Autism Research (OAR)-funded study. The study, "Developing Supports to Address Mental Health Needs of Autistic Students in Postsecondary Education," examined an intervention to help autistic students prepare for potential stressors and provide them with online coping tools and strategies.

To read more about the study and the full article, click [here](#).

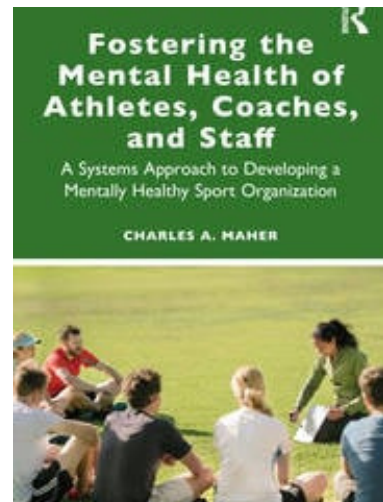


To read the mental health guide created from this research, click [here](#)!

PUBLICATION

FOSTERING THE MENTAL HEALTH OF ATHLETES, COACHES, AND STAFF

GSAPP Professor Emeritus, sport and performance psychologist, **Charlie Maher, PsyD**'s new publication, *Fostering the Mental Health of Athletes, Coaches, and Staff*, is scheduled for release on September 28th.



This book describes a systems approach for fostering the mental health of athletes, coaches, and staff in sport organizations at professional, collegiate, and secondary school levels. Through this approach, readers can collaborate effectively with a range of professionals in sport organizations, helping to create a mentally healthy entity.

You can preorder the publication [here](#)!

SAVE THE DATE

GSAPP WELCOME BACK PICNIC

Please join us as we kick off the 2022-2023 academic year! This highly-anticipated annual event for students, faculty, and staff will take place on **Wednesday, September 7th** from 12:00-1:30 pm in the Psychology Courtyard (152 Frelinghuysen Road, Piscataway).

Meet our new dean, **Dr. Arpana Inman**, enjoy good food, music, and friends. Seating will be provided, but feel free to bring your own lawn chair or picnic blanket to extend beyond our tent.



[Click here to submit your news for upcoming issues](#)

CENTER NEWS & EVENTS

From the Douglass Developmental Disabilities Center (DDDC)

- Check out the DDDC on [Facebook](#) to stay connected on upcoming events and news!
- Visit the DDDC website for more information: <https://dddc.rutgers.edu/>!



HAPPY 50TH ANNIVERSARY TO THE DDDC

Please join us in celebrating the 50th anniversary of the Douglass Developmental Disabilities Center (DDDC)! Their [50 Faces of the DDDC Campaign](#) shines a spotlight on special people whose stories have shaped the DDDC and highlights how the center's impactful work and outreach continue to build professional support and expand services for the autism community.



JOIN US AT THE 40TH AUTISM NJ CONFERENCE

The DDDC invites you to visit their table at the annual AutismNJ Conference on **October 20-21, 2022 at Harrah's Resort-Atlantic City**. In addition, several GSAPP faculty will be conducting informative workshops. Speaking of anniversaries, AutismNJ is turning 40! Together, we are celebrating 40 collaborative years of supporting our state's underserved population of individuals on the autism spectrum.

In addition to the DDDC, the [Rutgers Center for Adult Autism Services \(RCAAS\)](#), and [GSAPP's Applied Psychology Department](#) will have a shared table at the conference.



[Click here to submit your news for upcoming issues](#)

From the Center of Alcohol & Substance Use Studies (CAS)

- Follow the CAS on Twitter, [@Rutgers_CAS](#) to keep up-to-date on current news and innovative research!
- Check out the CAS website for more information [here!](#)



CAS WELLNESS EVENT

Check out the Center of Alcohol & Substance Use Studies (CAS)'s Wellness Self-Care Program! Engage in a series of interactive sessions that empower professionals to practice simple self-care strategies to stay well. Learn how to build these wellness self-care habits into your day-to-day life. There are an array of upcoming sessions you can attend! For more information on the full list of courses and to register, click [here!](#)



From the Rutgers Center of Adult Autism Services (RCAAS)



- Check out the RCAAS on [Facebook](#) to stay up-to-date on the latest happenings!
- Visit the RCAAS website for more information: [https://rcaas.rutgers.edu/!](https://rcaas.rutgers.edu/)

AUTISM SPEAKS TO HOST NJ PATHWAYS TO EMPLOYMENT VIRTUAL EVENT

On Thursday, September 22nd, all are invited to attend a panel discussion with local experts, including RCAAS Executive Director, **Christopher J. Manente, Ph.D., BCBA**. Expert panelists will share information about resources and employment services for adults with autism and their families.

This free, virtual event will bring awareness and education about autism into the workplace. For more information on the event and to register, click [here](#).



[Click here to submit your news for upcoming issues](#)

PERSPECTIVES ON AUTISM IN ADULTHOOD

First-year undergraduate students can register for the Byrne Seminar "Perspectives on Autism in Adulthood," instructed by **Dr. Vanessa Bal** and **Dr. Christopher Manente** in the Fall 2022 semester! Please help spread the word!

This seminar will take place at the RCAAS Community Center. It examines the nature of autism and how a diagnosis of autism can impact a person's life throughout adulthood. It offers a guided exploration of the services and recent models of support for adults with ASD, and explores supports currently being developed.

In addition, the seminar addresses common obstacles individuals with ASD face, such as "aging out" of the support provided in schools from grades K-12, and how to create solutions for these challenges. Students can register [here](#) with the course number: **01:090:101 section 68**.

Byrne Seminars are one-credit courses, limited to 20 students. Taking a Byrne Seminar is a requirement for Honors College students. Classes are taught by world-renowned faculty across the university. Each unique seminar offers the chance to experience the excitement of original research, as faculty members share their curiosity, their intellectual passion, and their new ideas and fields of knowledge.

PERSPECTIVES ON
AUTISM
IN **ADULTHOOD**
→ *Fall 2022*

Rutgers University: Byrne Seminar
Taking place at the new RCAAS
Community Center!
Instructed by:

Christopher Manente, PhD, BCBA
Associate Professor of Clinical Practice
RCAAS-Executive Director

Vanessa Bal, PhD
Associate Professor
RCAAS-Psychological Services Clinic, Director
and Co-Director of Research

RUTGERS
Center for Adult Autism Services

SENDING CONDOLENCES

The GSAPP community mourns the loss of former faculty member, Professor Emeritus, Dr. James (Jim) Langenbucher, who passed away on August 14th. Jim was a clinical and forensic psychologist who worked with the Center of Alcohol and Substance Use Studies for thirty years.

Jim was a scholar, a colleague, and a friend. Our thoughts are with his family during this difficult time. For expressions of sympathy and support, please click [here](#).



[Click here to submit your news for upcoming issues](#)

PROFESSIONAL DEVELOPMENT

Discounts Available!

- GSAPP alum/supervisors/faculty: 20% off
- Rutgers alum: 10% off
- Current students (any university): 50% off
- GSAPP students: Free

Please email ce@gsapp.rutgers.edu for discount codes.

Looking to earn your Continuing Education (CE) credits? GSAPP's Office of Professional Development and Continuing Education (OPDCE) strives to meet the training needs of professional psychologists and other behavioral health professionals through a variety of conveniently offered, on-demand and live webinars. Check out the featured webinars below! You can access the full library of offerings [here](#). For questions, email ce@gsapp.rutgers.edu.

FEATURED ON-DEMAND WEBINARS



RUTGERS
Graduate School of Applied
and Professional Psychology

On Demand Webinar

**Opioid Addiction
and Its Treatment:
A Brief Overview for
Psychotherapists**

1 CE Credit
\$25

Fulfills the NJ
CE Opioids
Requirement



**ON-DEMAND
WEBINAR**

Domestic
Violence and
Trauma: Clinical
Considerations

4 CE Credits**

**This webinar fulfills the NJ
psychologist CE requirement
on domestic violence**



**ON-DEMAND
WEBINAR**

Functional
Assessment and
Treatment
Development for
Individuals with
Special Needs

1.5 CE credits for
BCBA/BCABA &
Psychologists



**ON-DEMAND
WEBINAR**

**COGNITIVE
BIAS**

Understanding and Addressing
Implicit Biases in Clinical Practice

1.5 CE credits

CLICK HERE TO VIEW OUR ON-DEMAND WEBINAR LIBRARY



[Click here to submit your news for upcoming issues](#)

PROFESSIONAL DEVELOPMENT

Get an early start on your fall learning! OPDCE will be featuring several live webinars that cover a variety of relevant topics. These courses can help you earn CE credits and are taught by renowned faculty and experts in their respective fields. Learn more about each webinar and register [here!](#)

DON'T MISS SEPTEMBER'S EXCITING LIVE WEBINARS

Matching Vocational Aptitude & Employment Choice as Ethical Practice in Vocational Assessment for Adults with Autism Spectrum Disorder



Friday, September 16th
1--3 pm ET

Instructor: James Maraventano, EdD, BCBA-D

2 CE credits

[Click here for more information](#)

Cognitive Aging, Alzheimer's Disease, and Dementia: Diagnosis, Treatment, Research Directions, and the Role of the Psychologist



Thursday, September 22nd
12-1:30 pm ET

Instructor: Michelle Papka, PhD

1.5 CE credits

[Click here for more information](#)

Individual, Family, and School Interventions to Affirm and Support LGBTQ+ Children and Adolescents



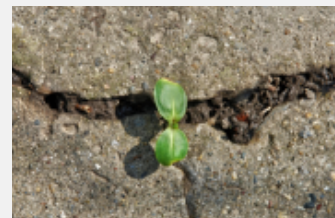
Friday, September 23rd
11:30 am-1:30 pm ET

Instructor: Judith Glassgold, PsyD

2 CE credits

[Click here for more information](#)

Resilience and the Black Experience



Thursday, September 29th
12-1:30pm ET

Instructor: Monique Swift, PsyD, LPC

1.5 CE credits

[Click here for more information](#)

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GAZETTE STAFF

Jessica Febo, Marketing Communications Intern
Kim Spinelli, Director of Communications

CONTRIBUTORS FOR THIS EDITION (THANK YOU!)

Alice Lau-Liou
Vanessa Bal
Jessica Benas
Lara Delmolino Gatley
Brielle Iannaco
Sylvia Krieger
Charlie Maher
Erum Nadeem
Linda Reddy
Megan Schumann
Nayland Smith
Peggy Swarbrick

PREVIOUS ISSUE

[July](#)

*"What you think, you become.
What you feel, you attract.
What you imagine, you create."*

-Buddha

FOLLOW GSAPP ON SOCIAL!



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