

GAZETTE

Spotlighting the stories of GSAPP Students, Faculty, Staff and Alumni

IN THIS ISSUE

WE R BACK!

Read the introductory message from Dr. Arpana Inman, Dean and Distinguished Professor. Check out highlights of the Welcome Back Picnic, and more!

STUDENT SPOTLIGHTS

We celebrate our students for earning well-deserved research awards, serving in leadership roles, and successfully defending their dissertations!

MEDIA MENTIONS

Our faculty and alumni were prominently featured in several media channels and publications. Read on!

DEI DIALOGUE & OP CORNER

Read these new sections and stay in-the-know!

SAVE THE DATE

Mark your calendars for these informative, educational upcoming events!

PROFESSIONAL DEVELOPMENT

OPDCE continues to offer a variety of live and on-demand webinars. Peruse the list of engaging, affordable CE opportunities!



DEAN'S WELCOME MESSAGE

A Message from Dr. Arpana Inman, Dean and Distinguished Professor



Dear GSAPP Students, Faculty, Staff, Alumni, Donors, Partners, and Friends,

I am delighted to be joining the Graduate School of Applied and Professional Psychology (GSAPP), whose core values of achieving academic excellence are based in a focus on diversity and inclusion, generating and disseminating knowledge, and promoting social justice in the service of underserved populations, all aspects that are foundational to the mission of a land grant institution and issues that I care about deeply. I am further energized by the collaborative spirit and supportive environment I have experienced here. It is through shared commitments and mutual interests that we can think big and accomplish more.

I am three months into my deanship, and I see GSAPP to be a vibrant community committed to transforming the world – local and global. I feel fortunate to be with world-class faculty, staff, students, and alumni, and the large network of integral community partners who raise the reputation of GSAPP on a daily basis. Our faculty are nationally and internationally recognized and committed to publicly engaged scholarship and translating evidence into direct action. Our staff within our clinics and centers are dedicated to providing high quality, high impact experiential experiences to our students and clients. Our students are committed to creating access and addressing barriers to achieve equity. Our alumni are leaders in local, state, national, and international psychological associations. Collectively and individually, you are what excellence looks like.

GSAPP has a rich, long-standing history of being the “gold standard” of education, training, and research in the field of applied and professional psychology. Simultaneously, we embrace an innovative, forward-thinking mindset. In congruence with Rutgers University’s Strategic Plan, the GSAPP leadership team has been engaged in vital, fluid conversations regarding our own strategic plan and tactical execution in the context of GSAPP’s role as a thought change leader. I encourage all of us to think critically and intersectionally as to how as mental health practitioners, psychologists, and students of psychology, we are called to action to become - and remain- informed, engaged, and involved to make real world impact for the common good.

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DEAN'S WELCOME MESSAGE (CONT'D)

It is a critical time in the nation and in our profession. Natural and person-made disasters are creating significant trauma and stress. Our communities and schools are experiencing significant mental health challenges. There seems to be a greater awareness of mental health issues than ever before. It is my hope that this has resulted in a de-stigmatization of mental illness and will result in more equitable and accessible services for all of those in need. GSAPP is a leader in the psychological research and delivery of mental health services for the public good. My focus is to build on this reputation and harness the interdisciplinary strengths to create a cutting-edge academic experience for our students. Through our three departments (Applied, Clinical, and School psychology) and six centers (Center for Psychological Services, Douglass Developmental Disabilities Center, Rutgers Center for Adult Autism Services, Center for Applied Psychology, Center of Alcohol and Substance Use Studies, Center for Youth Social Emotional Wellness), I believe that our students are poised to make contributions that are meaningful and of consequence to underserved populations that are neurodiverse and neurotypical.

Lastly, I would like to express my gratitude to all past leaders, including Interim Dean, Dr. Ryan Kettler, for their sound and steady leadership of GSAPP. I am humbled and proud to be the dean of this remarkable school whose mission, vision, and values are consistent with my own. And, as Ruth Bader Ginsburg says, I will "fight for the things that you care about, but do it in a way that will lead others to join [us]."

I extend a warm welcome to all returning members. To the new members joining us for the first time this fall – Congratulations and welcome to the GSAPP family! I wish each and every one of you a rewarding and productive academic year.

In Beloved Community,



Arpana G. Inman, PhD
Dean and Distinguished Professor
Graduate School of Applied and Professional Psychology



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WELCOME BACK PICNIC

GSAPP held its annual Welcome Back Picnic earlier this month in the courtyard area of the Psychology Building. We are thrilled that the weather cooperated and gave us a beautiful day to celebrate the kickoff of the new academic year! Dean Inman warmly welcomed all guests and expressed gratitude for everyone to be back on campus. "The future is bright, and I am invigorated by the vibrancy of our return to in-person learning. The campuses are abuzz with activity, as new personal and professional relationships are forged," said the dean.

In addition, students and faculty leaders from GSAPP's academic programs spoke highly about their enriching experiences at GSAPP and their expectations for the future. Multiple GSAPP student organization leaders also spoke, introducing their networks, spreading awareness about their groups, and wishing everyone a great year ahead. (Read more in the DEI Dialogue section on p.5).

We look forward to working with everyone this semester!



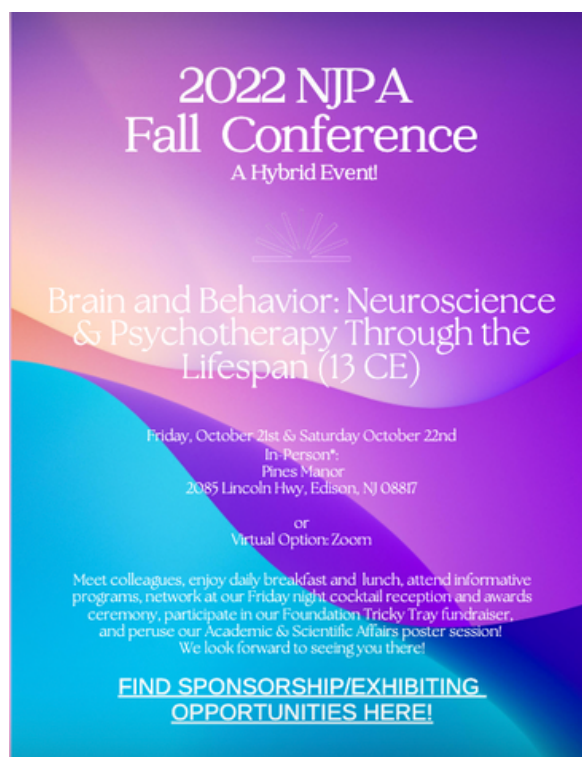
NJPA 2022 FALL CONFERENCE

Don't miss the 2022 New Jersey Psychological Association (NJPA) Fall Conference! This hybrid event will take place from **Friday, October 21st to Saturday, October 22nd**.

The conference's focus is:

Brain & Behavior: Neuroscience & Psychotherapy Throughout the Lifespan (13 CE)

View the full Conference Brochure [here](#) or click on adjacent graphic. REGISTER [HERE!](#)



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A Message from Dan Rice, Assistant Dean for Diversity, Equity, & Inclusion

Welcome to the 2022-2023 academic year! Whether you are new to the Graduate School or Applied and Professional Psychology (GSAPP) or a returning student, we are thrilled that you have chosen to be part of our community. My name is Dan Rice, and I am GSAPP's Assistant Dean for Diversity, Equity and Inclusion (DEI).

A commitment to DEI principles is evident in the nearly 50-year history in the GSAPP community, which are firmly grounded in our core values of:

- (1) Academic Excellence
- (2) Commitment to Social Justice and Underserved Populations
- (3) Diversity of Populations and Perspectives
- (4) Generation and Dissemination of Knowledge



A handwritten signature of Dan Rice in black ink on a light grey rectangular background.

drice@rutgers.edu

It was under the leadership of our first dean, Dr. Donald R. Peterson, that GSAPP established the Ethnic Minority Alumni Advisory Committee (1983), the Hispanic Organization of Professional Psychology Students (1985), and the Black Students of Graduate and Professional Psychology Programs (1986 - now known as the Black Graduate Student Association). Today, we have several additional student groups that provide spaces for individuals with a range of identities to gather and discuss the field and practices of psychology through their individual and collective lenses. These groups include Asian Students' Alliance; Committee on Diversity; Focus On Our Diversity (FOOD) groups; Jewish Student Alliance, and Queer Student Association. To learn more about them, be sure to visit [here](#).

Most recently, GSAPP reaffirmed our commitment to DEI principles through the creation and publication of:

GSAPP's Diversity Statement
[Click here to read](#)

Every day, the GSAPP faculty, staff and students strive to embody the spirit of this statement and our core principles through the curriculum, research, and service in which we engage. However, there is still a lot of work to do. Creating a community where all people are included and feel a sense of belonging requires all to do their part.

Throughout the year, I will be hosting opportunities for us to have the important discussions necessary to keep the work moving forward. I will also be collaborating with the GSAPP Communications Department to highlight alumni, centers, faculty, staff, students, and student organizations who are doing exceptional work in this area. If you would like to bring any great work that is happening related to DEI principles to my attention, please do not hesitate to reach out to me using my email address above, or stop by my office in the Psychology Building (A339).

Conversely, it is also important to acknowledge that as a community, we will stumble at times, and I want to hear about that, as well. If you are a target of, or witness to, any acts of bias, please alert me in-person, through email, or by placing a note in the blue suggestion box in the Xerox/mailroom (A302) in the Psychology Building. I also welcome your thoughts about continuing education opportunities, the curriculum, or any other areas where you believe we can improve as a school and community.

We have a promising year ahead, and I look forward to establishing open lines of communication and building partnerships with all of you to create a more just and equitable GSAPP. I will be sharing announcements, events and opportunities related to DEI initiatives through email, the GSAPP website, and our GSAPP social media (Facebook, Instagram and Twitter), so be sure to stay connected.

In Community, Dan

[Click here to submit your news for upcoming issues](#)

WELCOMING NEW FACES

We are excited to announce the below new additions to our GSAPP family!



Dr. Jordan Gette joined us as a postdoctoral fellow through the Clinical Research Fellowship in Trauma and Addictions at the Rutgers-GSAPP Center of Alcohol and Substance Use Studies (CAS). Dr. Gette has a strong interest in assessment, including accurate measurement of substance use quantity. Welcome!

Chanelle Greene recently joined GSAPP's Dean's Office staff as an Administrative Assistant. Chanelle comes to us with valuable Rutgers experience and particular enthusiasm for the wonderful work GSAPP does. Congratulations to Chanelle on this next phase of her career!



Alison McKee, M.Ed., recently joined GSAPP in the position of Executive Director of Answer, our national center that focuses on sexuality education. Alison brings a wealth of expertise and energy to this new role; we look forward to working with her!

UNIVERSITY NEWS

Flu Shots Available this Fall

Flu season is upon us. As mental health care practitioners and students, we must not forget to take care of our physical health! An annual flu vaccination is your best protection against the flu. Clinics for RU **students** run from October through November, 11:30 a.m. to 7:30 p.m. each day. For more info, click [here](#). RU Occupational Health will offer flu vaccines to **faculty and staff** as well. Learn more about clinic dates and vaccine availability [here](#).

Read "Why the Flu Vaccine is More Important Than Ever This Year" in *Rutgers Today*, [here](#).



[Click here to submit your news for upcoming issues](#)

From the Desk of Dr. Peter Economou, Director, Organizational Psychology Programs, and Assistant Professor, Applied Psychology Department

In case you missed it, the **Organizational Psychology (OP)** program is back at GSAPP! On May 5th, 2022, we welcomed new students, GSAPP faculty, and OP alumni to the Rutgers Center for Adult Autism Services (RCAAS) for a reception after having admitted our first cohort of students in Fall 2021. This fall 2022, we welcomed our second-year cohort of students. We are building relationships across campus, including collaborating with the School of Management and Labor Relations, the School of Business, and the School of Communication and Information.

We are growing our faculty, and that includes adding the title of *professor of professional practice* to the GSAPP bylaws so that we can accurately reflect the applied nature of organizational psychology. In addition, we are recruiting students from all over the globe. We plan to have one of the top OP programs in the country due to GSAPP's rich tradition and Rutgers prestige.



In the coming months, we want to orient you to the OP Corner, where we will highlight the happenings within the OP program. Now, more than ever, we need professionals to facilitate organizational and systemic change, so we are thrilled to offer this high class training for which GSAPP is known. We will embrace the core values of GSAPP and build a strong program that will flourish for years to come.

Until then, check out this issue of the RCAAS newsletter, ***On the Spectrum in Adulthood (OTSIA)***, which two of our second-year OP students contributed to, entitled "Wellness and Well-being."

Click the newsletter graphic above to read the full issue

[Click here to submit your news for upcoming issues](#)

DR. CARGILL FEATURED IN RUTGERS TODAY-RUAA

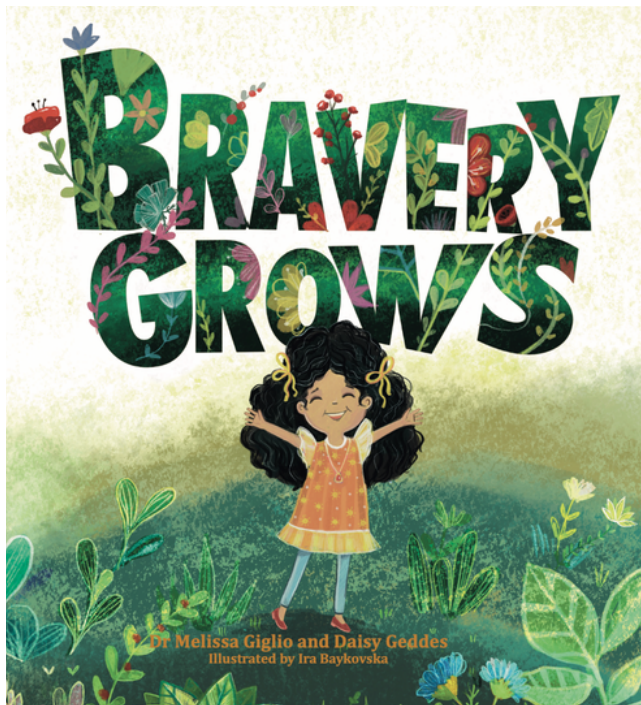
Dr. Amber Cargill, GSAPP alumna and Director of Player Wellness at the National Football League (NFL) Players Association, was featured in the *Rutgers Today-RUAA* article, "What I Know Now." Learn how Dr. Cargill has turned her GSAPP education and training into a successful career, looking after the mental health and wellness of every professional player on 32 NFL teams!

Dr. Cargill says, "What the Rutgers Graduate School of Applied and Professional Psychology does so well, is instill in you the need to learn about yourself to do this work well. It offers a supportive environment with lots of supervision to help you throughout the grueling process of getting a doctorate in clinical psychology."



Read the full article [here](#).

NEW PUBLICATION



Dr. Melissa Giglio, GSAPP alumna of the Clinical Psychology program, and **Daisy Geddes**, assistant psychologist, co-authored the book, *Bravery Grows*. This book is for families with children who have Selective Mutism and Social Anxiety Disorder.

Embedded throughout this story are tools and strategies utilized by therapists to support children to overcome their anxiety and worry. During a time when childhood anxiety is increasing dramatically, *Bravery Grows* provides a blueprint for parents of children who are struggling.

Bravery Grows will be available for pre-order on Amazon soon. You can preorder it [here](#)!

DR. FUENTES AWARDED FELLOW STATUS



Congratulations to GSAPP alumnus, **Dr. Milton Fuentes** for being awarded Fellow status in the American Psychological Association (APA)!

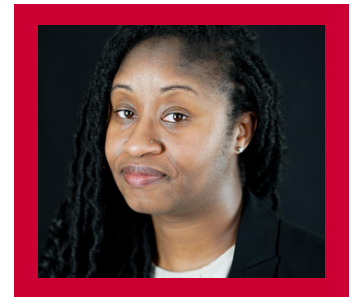
Fellow status is awarded, in part, on the basis of evaluated evidence of outstanding contribution in the field of psychology. The field of psychology is certainly enhanced by Dr. Fuentes' diligent work and commitment. The public is better served with Dr. Fuentes' extraordinary work!



AMERICAN PSYCHOLOGICAL ASSOCIATION

GROUP AWARD NOMINATION

Exciting News! The Process Group Immersion (PGI) programs that were held in August 2022 have been nominated for **The Harold S. Bernard Psychotherapy Training Award** through the American Group Psychotherapy Association (AGPA). **Shemika Brooks** is a GSAPP alumna of the Clinical Psychology Psy.D. Program, and PGI Founder/Coordinator.



This award honors Dr. Bernard, a leader and teacher in the group psychotherapy field. It was founded to recognize those who have created an exceptional contribution to group psychotherapy. Previous winners include **Dr. David Panzer**, former GSAPP faculty member, who continues to lead and mentor GSAPP's group process program in CPS.

You have the opportunity to support this nomination as well by submitting a letter to Misha M. Bogomaz, Psy.D., ABPP, CGP, Clinical Professional Relations Committee Co-Chair, via email to the AGPA Office at info@agpa.org by **November 1st**.



Congratulations to the PGI program! For more information about this distinguished award, please click [here](#).



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STUDENT SPOTLIGHTS

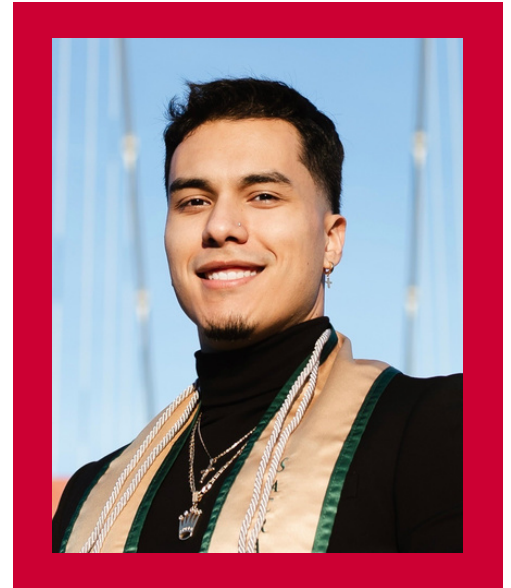
KEVIN ESLAVA SELECTED AS STUDENT REP FOR CUDCP

Congratulations to Kevin Eslava, a second-year Doctor of Psychology (Psy.D.) student at GSAPP, who was selected to serve a two-year term as Student Representative for the Council of University Directors of Clinical Psychology (CUDCP)! In this role, Kevin is tasked with providing a graduate student perspective on student experiences, opinions, and concerns to the CUDCP Board.

Kevin explained that "being selected as a student representative for the CUDCP means a seat at the table as a future clinician of color, as a Latino, as a first-gen. I'm grateful for the opportunity to bring in a culturally-unique perspective that reflects a diverse future generation of psychologists. My hope is that by filling this position I can help advocate for future clinicians, and further highlight the importance of cultural representation within the field of psychology."

We are extremely proud of Kevin for this achievement!

For more information about CUDCP, please click [here](#).



CONGRATULATIONS TO HUI JIANG



We are so proud of Hui Jiang, PsyM, GSAPP School Psychology PsyD student, for receiving the prestigious 2022 New Jersey Psychological Association (NJPA) Foundation's Winifred Starbuck Scott Award! Hui won this award for her research paper on "Training International Clinicians on Evidence-Based Treatments for Tourette's Syndrome."

Hui said, "I want to thank all the people at GSAPP who have helped me find my passion and purpose, and have encouraged, guided, and supported me to do what I am destined to do." On behalf of everyone at GSAPP, Congratulations!



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CONGRATULATIONS TO FEBRIAN (ANNIE) MOTEN

We are incredibly proud of Annie Moten, GSAPP Clinical Psychology doctoral candidate, for winning the prestigious 2022 NJPA Foundation's Graduate Student-Initiated Research Award: Scholarship for Research on Diversity Issues! Annie received this award for her submission, "Racism as the Invalidating Environment in the Development of Borderline Personality Disorder."

"The topic of my dissertation is very personal to me, and for years, I believed this was an important topic to investigate. I'm so happy to see that NJPA agrees with me," said Annie. On behalf of everyone at GSAPP, Congratulations!



CONGRATULATIONS TO MAIA BUSCHMANN

Congratulations to Maia Buschmann, a 5th-year Clinical PsyD student, for receiving the prestigious 2022 NJPA Foundation's Graduate Student-Initiated Research Award: The John M. Lagos Award for Research Into Causes and/or Treatment of Social Problems! Maia won this award for her dissertation entitled, "Implementing evidence-based CBT treatment for insomnia (CBT-I) in a primary care setting." We are so proud of Maia for this accomplishment!

"Winning this award will support my efforts to improve access to evidence-based psychological treatment for insomnia by examining the barriers and facilitators to its dissemination and implementation. I am grateful to have received the John M. Lagos Award and look forward to continuing this research," said Maia.



WELL DONE

The following GSAPP student successfully defended their dissertation:

- **Liza Comart** defended "Development and Proposed Evaluation of a Mentoring Program for Refugee Youth through a University and Community Partnership"
 - Committee Members: Shalonda Kelly and Monica Indart



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MEDIA MENTIONS

GSAPP's esteemed faculty were once again featured in the mainstream media, graciously sharing their expertise on a variety of relevant topics. We are very proud of their impressive work and appreciate their representation of GSAPP!



If any Faculty member is interested in serving as a GSAPP media representative, please email: marcom@gsapp.rutgers.edu.

DR. BAL'S NEWSWORTHY RESEARCH

Congratulations to **Dr. Vanessa Bal**, Karmazin and Lillard Chair in Adult Autism, and her former Research Assistant and alumna, **Nikita Jadav**, on their newsworthy research! As noted in *Rutgers Today*, the article on their research entitled, "Autism diagnosis in adulthood linked to higher rate of psychiatric conditions" was featured in both *The Hill* and *Spectrum News* online publications.

According to Dr. Bal, "There is a shortage of mental health clinicians adequately trained to provide support for autistic adults — many providers report lower feelings of competence and are reluctant to take autistic adults as clients."

Read more here: ([The Hill article](#)), ([The Spectrum article](#)).

To read the full research study, click [here](#).



TAZMINE WEISGERBER APPEARS ON NJ SPOTLIGHT NEWS



Sexuality education in our schools continues to be a heated topic of discussion for New Jersey families, but an important one that our GSAPP experts don't shy away from. **Tazmine (Taz) Weisgerber**, Interim Executive Director of Answer, recently weighed in on this subject in the *NJ Spotlight News* video, "Parents fired up over new state sex-ed standards."

To watch the full story, visit [here](#).

To learn more about Answer, click [here](#).

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DR. ECONOMOU APPEARS ON FOX 5 NEWS

Assistant Professor, Applied Psychology Department, and Director of Organizational Psychology Programs at GSAPP, **Dr. Peter Economou**, shared his expertise in the Fox 5 news clip, "Health panel calls for anxiety screenings for all adults under 65." Dr. Economou explains how due to the COVID-19 pandemic, there is an increase in anxiety and how important it is to get screened. To watch the video, click [here](#).



DR. PETE FEATURED IN ASBURY PARK PRESS

Dr. Peter Economou (Dr. Pete) also contributed expert commentary in the *Asbury Park Press* article, "How Rutgers football is addressing mental health as pressures on athletes rise." Find out how and why Rutgers football, under the guidance of Dr. Pete, who is also the director of behavioral health and sport psychology for Rutgers Athletics, has developed a multitude of ways for players to seek help should they need it.

To access the article, click [here](#).



DR. RIZVI APPEARS ON PODCAST

Tune in to hear the expertise of **Dr. Shireen Rizvi**, Professor of Clinical Psychology and Director of the Dialectical Behavior Therapy Clinic (DBT-RU)! She is featured on **Dr. Peter Attia's** podcast, *The Drive*, in the episode, "Dialectical behavior therapy (DBT): skills for overcoming depression, emotional dysregulation, and more." Dr. Rizvi believes that "anybody could benefit from learning DBT skills."

To listen to the podcast, please click [here](#).

For more info about DBT-RU, visit [here](#).



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STUDENT ORGANIZATION RELAUNCH & START-UP FUND

The Hispanic Organization of Professional Psychology Students (HOPPS) is restarting this semester!

As an organization, HOPPS has set forth many goals. Among its most important is to provide a supportive and nurturing environment for its members. An equally important goal is to actively assist GSAPP in recruiting qualified Hispanic students to our programs. Other goals include: educating the larger GSAPP community to the needs of the Hispanic community, sponsoring educational and social activities that celebrate Latino culture, and collaborating with other GSAPP student organizations and alumni.

Thank you to GSAPP alumna and former member of HOPPS herself, Dr. Angelica Diaz-Martinez, for her supportive efforts of HOPPS, including the establishment of a new fund to which she contributed a generous donation! For anyone who would like to make a financial gift, please click [here](#). Select "Others" and input the name of the fund (HOPPS Support Fund). If you have any questions or issues donating, please contact Kitman Kan at kk1028@gsapp.rutgers.edu.

Alumni who are interested in supporting HOPPS' re-start by providing mentorship and/or funding, please contact Dr. Diaz-Martinez at amd15@gsapp.rutgers.edu.

Rutgers University is also celebrating Hispanic Heritage Month; check out the following events [here](#)!



Kevin Eslava,
President of HOPPS,
ke235@gsapp.rutgers.edu



Dr. Angelica Diaz-Martinez,
Associate Teaching Professor &
Director of Clinical Training

TAX-FREE DONATION FROM YOUR IRA

A message from the RUF's Estate Planning & Gift Planning Office

As year-end approaches, there's a smarter way to give back to Rutgers. For those 70 ½ years of age and older, you can make a tax-free donation from your Individual Retirement Account (IRA). This gift can reduce your tax burden for 2022 — and it can help you meet your Required Minimum Distribution! Use our online resource to get started on your gift or learn more today [here](#).



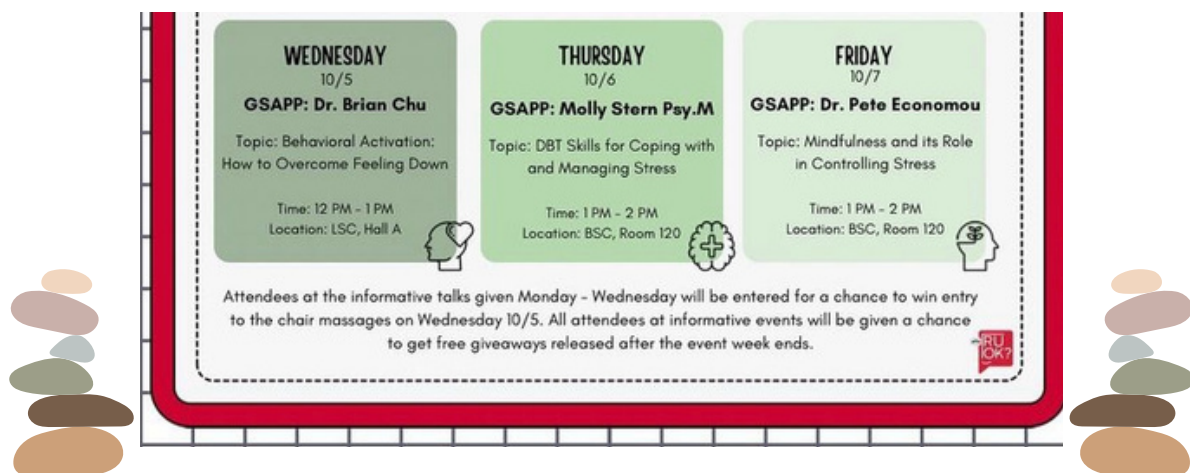
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SAVE THE DATE

RU OK?

RU OK? is a week-long series of events taking place 10/3-10/7 dedicated to helping the Rutgers community navigate stress, open up conversations about mental health, and educate us on healthy coping strategies. These free events are open to all students, both graduate and undergraduate, faculty, and staff! **Three events are being led by GSAPP (see chart below!)**

For more info and to view the entire event series, visit the *RU OK?* Instagram page [here](#). To register, visit their [Linktr.ee](#).



| WEDNESDAY 10/5 | THURSDAY 10/6 | FRIDAY 10/7 |
|---|---|---|
| GSAPP: Dr. Brian Chu Topic: Behavioral Activation: How to Overcome Feeling Down Time: 12 PM - 1 PM Location: LSC, Hall A | GSAPP: Molly Stern Psy.M Topic: DBT Skills for Coping with and Managing Stress Time: 1 PM - 2 PM Location: BSC, Room 120 | GSAPP: Dr. Pete Economou Topic: Mindfulness and its Role in Controlling Stress Time: 1 PM - 2 PM Location: BSC, Room 120 |

Attendees at the informative talks given Monday - Wednesday will be entered for a chance to win entry to the chair massages on Wednesday 10/5. All attendees at informative events will be given a chance to get free giveaways released after the event week ends.

WORLD-RENOWN SCHOLAR TO PRESENT AT GSAPP

Don't miss out **Dr. Andrew Jahoda**, Professor of Learning Disabilities at the University of Glasgow and Clinical Psychologist's presentation of *Adapting Psychosocial Interventions for People with Intellectual Disabilities*. This presentation will be held on **Wednesday, October 19th at 12:00 pm** in the GSAPP Psychology Building, Room A317.

Dr. Jahoda is an internationally-recognized scholar and lead developer of the BeatIt intervention for adults with intellectual disabilities. To peruse his publications, please click [here](#).

Please RSVP for the event [here](#).



[Click here to submit your news for upcoming issues](#)

CENTER NEWS & EVENTS

From the Douglass Developmental Disabilities Center (DDDC)

- Check out the DDDC on [Facebook](#) to stay connected on upcoming events and news!
- Visit the DDDC website for more information: <https://dddc.rutgers.edu/>!



HAPPY 50TH ANNIVERSARY TO THE DDDC!



Visit Us at the 2022 AutismNJ Conference

🎉🎂🎈 Please join us in celebrating the 50th anniversary of the Douglass Developmental Disabilities Center (DDDC)! Their **50 Faces of the DDDC Campaign** shines a spotlight on special people whose stories have shaped the DDDC and highlights how the center's impactful work and outreach continue to build professional support and expand services for the autism community.

We invite you to visit our table at the annual AutismNJ Conference on October 20-21, 2022 at Harrah's Atlantic City. In addition, several GSAPP faculty will be conducting informative workshops. Speaking of anniversaries, AutismNJ is turning 40! Together, we are celebrating 40 years of partnership in supporting our state's underserved population of individuals on the autism spectrum.

In addition to the DDDC, the **Rutgers Center for Adult Autism Services (RCAAS)** and **GSAPP's Applied Psychology Department** will have a table at the conference.

Hope to see you there!

RUTGERS
Graduate School of Applied
and Professional Psychology

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From the Center of Alcohol & Substance Use Studies (CAS)

- Follow the CAS on Twitter, [@Rutgers_CAS](#) to keep up-to-date on current news and innovative research and resources!
- Check out the CAS website for more information [here](#)!



REACH ALLIANCE DEVELOPS A NEW CULTURAL HUMILITY TOOLKIT

The Racial Equity, Advocacy, and Community Health (REACH) Alliance Group has released a newly developed resource toolkit to help promote cultural humility among mental health service providers. The toolkit can be used by providers across a broad range of disciplines—including psychiatrists, psychologists, counselors, and social workers.

The toolkit contains a comprehensive set of handouts, videos, recordings, suggested readings, and other tools designed for providers at multiple levels—whether they are just learning about cultural humility or are well-versed in cultural considerations. The ultimate goal for this toolkit, and cultural humility broadly, is to help mental health providers to collaborate with their clients in building a cultural bridge, allowing for better understanding of clients' lived experiences and more meaningful help and support.



For more information on the toolkit, click [here](#).

The Building Bridges: Resources to Center Cultural Humility toolkit is available [here](#).

IMANI BREAKTHROUGH PROJECT



The **Imani Breakthrough Project** is a faith-based, person-centered, culturally-informed, harm reduction recovery program that takes place in churches developed and implemented by **Dr. Chyrell Bellamy** and **Dr. Ayana Jordan** and Team, Yale Psychiatry, along with a production team. Imani Breakthrough was developed to increase access to treatment among underserved minorities with opioid use disorder and other substance use disorders; it also has improved engagement in community and mental health services. For more on this project, click [here](#).

[Click here to submit your news for upcoming issues](#)

The **Translational Research Training in Addictions for Racial/Ethnic Minorities (TRACC)** program has the following virtual seminars this fall:

- "A multilevel life course framework for examining substance use and use disorders among minoritized populations" presented by **Dr. Adriana Espinosa**
 - Thursday, October 20th, 2022 | 12:30pm – 1:50pm
- "Casualties of Racism: Suicidal thoughts and behaviors among racially and ethnically minoritized youth" presented by **Dr. Lillian Polanco-Roman**
 - Thursday, November 10th, 2022 | 12:30pm – 1:50pm
- "Pathways to Recovery from Alcohol Use Disorder" presented **Dr. Katie Witkiewitz**
 - Thursday, November 17th, 2022 | 12:30pm – 1:50pm

All seminars can be accessed with the following Zoom link:

<https://ccny.zoom.us/j/86143686922>. For more information about TRACC, visit [here](#).

THE EMERGING ADDICTION SCIENCE SEMINAR (EASS) SERIES

The **EASS Series** is a seminar for CAS faculty, postdoctoral fellows, graduate students, affiliates, and other addiction researchers. Its goal is to provide educational opportunities that confer broad awareness of various addictions-related perspectives, research topics, and methodologies.

- "From Submission to Publication (and Beyond): A Look Behind the Curtain of Substance use Research Publishing for Early-Career Researchers" presented by **Paul Candon, M.A.**
 - October 6, 2022 | 12:30 – 1:30pm via Zoom
 - Register [here](#).
- "Advancements in Quantifying and Modulating neural Circuit Dysfunction in Substance Use Disorders" presented by **Travis Baker, Ph.D.**
 - November 3, 2022 | 12:30 – 1:30pm via Zoom
 - Register [here](#).
- "Initial Findings on the Development of an Integrated Treatment for Co-Occurring Opioid Use Disorder and PTSD" presented by **Tanya Saraiya, Ph.D.**
 - December 1, 2022 | 12:30 – 1:30pm via Zoom
 - Register [here](#).

From the Rutgers Center of Adult Autism Services (RCAAS)



- Check out the RCAAS on [Facebook](#) to stay up-to-date on the latest happenings!
- Visit the RCAAS website for more information: <https://rcaas.rutgers.edu/>!

SEVERAL OPEN ROLES



WE ARE HIRING

JOB POSITIONS:

- **BEHAVIOR ANALYST**
◦ [HTTPS://BIT.LY/3QNBXBV](https://bit.ly/3QNBXBV)
- **BUSINESS MANAGER**
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Apply Today!



RUTGERS DANCE & MOVEMENT CLASS

Don't miss the chance to register for the Rutgers Dance & Movement Class!

There's still time to sign up for the second series session starting **Saturday, October 29** and taking place from 1-2 pm! This is a collaboration between the Mason Gross School of the Arts Integrated Dance Collaboratory (IDC) and Rutgers Continuing Studies. These classes are designed for neurodivergent individuals ages 18 and up with the goal of experiencing movement that stimulates the mind and the body in a safe and supportive environment.

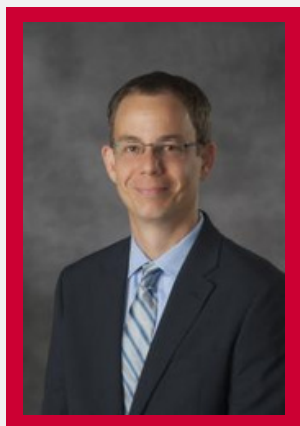


To see the detailed flyer, click [here](#). To register, please visit [here](#).

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DON'T MISS CYSEW'S THREE-PART SERIES BUNDLE

The “bundle” package is available to register for all 3 CE webinars! To learn more about the three-part series and each individual webinar, please click [here](#).



GSAPP has a brand new center, the **Center for Youth Social Emotional Wellness (CYSEW)**! For detailed information, please click [here](#).

To read more about its Director, **Dr. Joshua Langberg**, please click [here](#).

CYSEW's three-part series

Cultivating Resilience, Creating Resistance: Black Youth & Family Psychosocial Health

Presented by Shawn Jones, PhD, MHS



**Friday, October, 21
10 am – 12:15 pm ET
2 CE credits**

CYSEW's three-part series

Addressing the Health and Well-Being of Transgender and Gender Diverse Youth

Presented by An Pham, MD
& Hana-May Eadeh, M.A.



**Friday, October, 28
10 am – 12:15 pm ET
2 CE credits**

CYSEW's three-part series

Applying APA's Multicultural Guidelines to Latinx Children and Families: Implications for Clinical Practice

Presented by Milton A. Fuentes, PsyD



**Friday, November, 4
10 am – 12:15 pm ET
2 CE credits**

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PROFESSIONAL DEVELOPMENT

Discounts Available!

- GSAPP alum/supervisors/faculty: 20% off
- Rutgers alum: 10% off
- Current students (any university): 50% off
- GSAPP students: Free

Please email ce@gsapp.rutgers.edu for discount codes.

Looking to earn your Continuing Education (CE) credits? GSAPP's Office of Professional Development and Continuing Education (OPDCE) strives to meet the training needs of professional psychologists and other behavioral health professionals through a variety of conveniently offered, on-demand and live webinars. Check out the featured webinars below! You can access the full library of offerings [here](#). For questions, email ce@gsapp.rutgers.edu.

FEATURED ON-DEMAND WEBINARS



ON-DEMAND WEBINAR

Teaching Adults with Autism to Successfully Navigate Job Interviews via Remote Instruction

RUTGERS
Graduate School of Applied and Professional Psychology

1 CE credit for Psychologists
1 CE credit for BCBA/BCABA



ON-DEMAND WEBINAR

Healing Racial Trauma: An African Centered Perspective

2 CE credits

On-Demand Webinar!

Join us for "Prescriptive Authority for Psychologists: A Paradigm Shift in Behavioral Health" w/ Dr. Derek C. Phillips




3 CE credits for Psychologists (APA)
3 CE credits for NY Psychologists (NYSED)
Price: \$60

RUTGERS
Graduate School of Applied and Professional Psychology

On-Demand Webinar!

Join us for "An Acceptance and Commitment Therapy Approach to Managing Stress For Children and Teenagers" w/ Dr. Erica Lander Miller



1.5 CE credits for Psychologists (APA)
1.5 CE credits for NY Psychologists (NYSED)
Price: \$30

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CLICK HERE TO VIEW OUR ON-DEMAND WEBINAR LIBRARY



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PROFESSIONAL DEVELOPMENT

Get an early start on your fall learning! OPDCE will be featuring several live webinars that cover a variety of relevant topics. These courses can help you earn CE credits and are taught by renowned faculty and experts in their respective fields. Learn more about each webinar and register [here!](#)

DON'T MISS OCTOBER'S EXCITING LIVE WEBINARS

RUTGERS
Graduate School of Applied
and Professional Psychology

Live Webinar!


Thursday, October 6
12 pm-1:30 pm ET
1.5 CE Credits
Price: \$40



"An Overview of Evaluations of Parental Capacity for Mental Health Professionals"
Presented by: Daniel Bromberg, Ph.D., ABPP

Live Webinar

Presented by: Debra Paone PhD, BCBA-D & Marlene Brown, M.S., BCBA, LBA



"Consultation to School and Community Programs: Creating and Maintaining Change"
2 CE Credits

RUTGERS
Graduate School of Applied
and Professional Psychology


**Friday, October 14
10am - 12:15pm ET**

RUTGERS
Graduate School of Applied
and Professional Psychology

LIVE WEBINAR

**Integrative Medicine:
Psychology as Healthcare &
Social Justice**

Presented by Kevin Moore, PsyD




**NOVEMBER 18
12PM - 3:15PM ET
3 CE CREDITS**

RUTGERS
Graduate School of Applied
and Professional Psychology

Live Webinar

Charles Maher, PsyD, FAASP, CMPC presents:

**Case Studies in Mental Health
& Mental Performance in Individual,
Team & Organizational Sport Settings**



**Friday, December 2
12pm - 3:15pm ET
3 CE Credits**

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*"The capacity to learn is a gift;
the ability to learn is a skill; the
willingness to learn is a choice."*

-Brian Herbert

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