



Department of Applied Psychology
Graduate School of Applied and Professional Psychology (GSAPP)
Rutgers University New Brunswick, New Jersey
Fall 2022 18:844: 508:01 Psychopathology Credits: 3
Class: Mondays 3:35p-605p
Nelson Biology Laboratories D340
Instructor: Deirdre Waters, PsyD
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Course Assistant: Daniel Craft
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Rutgers University Mission: As the premier comprehensive public research university in the state's system of higher education, Rutgers, The State University of New Jersey, has the threefold mission of

- providing for the instructional needs of New Jersey's citizens through its undergraduate, graduate, and continuing education programs;
- conducting cutting-edge research that contributes to the medical, environmental, social, and cultural well-being of the state, as well as aiding the economy and the state's businesses and industries; and
- performing public service in support of the needs of the citizens of the state and its local, county, and state governments.

Each component of the university's mission reinforces and supports the other two. As the University of New Jersey®, Rutgers is dedicated to teaching that meets the highest standards of excellence, to conducting research that breaks new ground, and to providing services, solutions, and clinical care that help individuals and the local, national, and global communities where they live.

GSAPP Mission: The mission of GSAPP is threefold: education, research/scholarship, and public service. Its goal is to prepare well-educated, qualified, and competent direct-service psychologists who have a special commitment to direct community involvement and to underserved populations--professionals who can integrate scientific knowledge with innovation in the delivery of psychological services to individuals, families, groups, and organizations. Professionals receiving a doctoral degree in psychology should be capable of extending psychological knowledge and exhibiting the high level of analytic skills and theoretical understanding needed to use existing and emerging psychological knowledge.

Core Values

We are guided by four core values that are apparent in our learning environment, centers, and clinics:

1. **Academic excellence** in preparing students for careers in clinical and school psychology.
2. Commitment to **social justice** and helping **underserved populations**.
3. **Diversity** of students trained, approaches used, theoretical orientations followed, and populations served.
4. **Knowledge generation and dissemination** using contemporary research approaches.

Applied Psychology Statement: The Department of Applied Psychology embraces the mission of the school by offering instruction that has an emphasis on civic and global citizenship, social justice, and cultural diversity. Our programs provide students with knowledge needed to understand individual and collective behaviors; develop quantitative and qualitative statistical analysis and research design needed to analyze the corresponding physical and environmental contributors to human behavior; and a beginning understanding of the analysis and treatment of behavior problems and disorders.

Our programs prepare students with the requisite theoretical knowledge; critical thinking and problem-solving skills needed to successfully participate in employment or scholastic activities. Students will have opportunities to pursue scholarly activities that prepares them to successfully compete for admissions into doctoral level psychology and related academic programs, and pursue Master's level career pathways through available concentration and certificate. In general, students will acquire a knowledge base grounded in psychological theory and experiential learning (research or practicum) designed to further advance their personal and professional career development.

Course Objectives:

This course examines adult psychopathology by identifying behaviors (cognitive, emotional, physiological responses and observable behaviors) related to substance misuse, mood disorders, psychosis, and personality and anxiety disorders. Students will be taught how to utilize both the DSM and ICD classification systems for assessment and treatment in clinical practice. By the end of this course, students should be able to understand and describe major mental health diagnoses (diagnostic criteria, symptoms, course, incidence, prevalence, etiology, prognosis, and correlates) and understand the biological, social, learning, and developmental influences on psychopathology with an empathetic viewpoint and comprehension of resiliency and recovery.

Course Description:

Through readings, lectures, group exercises, videos, assignments, and reflective writing statements, students will study human behavior throughout the lifespan in regard to psychopathological processes and psychological wellbeing. Active participation is required and expected.

Readings:

1. American Psychiatric Association (2013). *Diagnostic and Statistical Manual of Mental*

Disorders: 5th Edition. Washington DC: American Psychiatric Association. The online version is available through the library homepage, click “books and media” in the search function. Use the drop-down menu to select ‘title’ and enter Diagnostic and Statistical Manual and click on DSM 5. The reference you get includes an online link to the document through Psychiatry Online. If you are off campus, you will be asked to login with your ID and password. <http://www.libraries.rutgers.edu/>

2. World Health Organization. (1992). The ICD-10 classification of mental and behavioural disorders: Clinical descriptions and diagnostic guidelines. Geneva: World Health Organization. Posted in Canvas.
3. Recommended Text: Sue, D., Sue, D. W., Sue, D., & Sue, S. (2022). Understanding abnormal behavior (12th ed.). Stamford, CT: Cengage Learning.
4. Readings/Articles will be posted each week on Canvas. Please read prior to class noting that students are expected to be active and engaged participants.
5. Morrison, J. (2014). DSM-5 Made Easy: The Clinician's Guide to Diagnosis New York: Guilford Press. Posted in Canvas

Methods of Evaluation: (100 point system)

Class Participation: 20 points (earned by evidence of participation, completion of in class assignments, informative contributions to class)

Power Point Presentation: 35 points (rubric posted on Canvas)

Memoir Paper: 20 points (assignment posted on Canvas)

Diagnostic Quiz: 25 Points

Grading:

A	90-100	Outstanding
B+	87-89	Intermediate Grade
B	80-86	Good
C	70-79	Does not count towards graduation credits
F	0-69	

Program requirement: All students in Applied Psychology courses must achieve a grade of B or better and maintain a GPA of 3.0, or academic remediation will be enforced.

Date	Topic	Reading	Events/Assignments Due
Week 1: 09/05	Labor Day Weekend		

Week 2: 09/12	Introductions Abnormal Behavior in Historical Context An Integrative Approach to Psychopathology	Syllabus Assignments Material posted on canvas Text Chapter 2	Reflective Statement on Adult Psychopathology
Week 3: 09/19	Clinical Assessment and Diagnosis, Assessing and diagnosing non WEIRD populations	ICD 10 DSM-V DSM-V Made Easy Text Chapter 3	
Week 4: 09/26	Anxiety and Obsessive- Compulsive and Related Disorders	Reading material posted on canvas Text Chapter 5	Power Point Presentations Begin
Week 5: 10/03	Trauma and Stress Related Disorders, PTSD	Reading material posted on canvas Text Chapter 5 continued	Memoir Assignment Submissions Begin
Week 6: 10/10	Mood Disorders and Suicide	Reading material posted on canvas Text Chapters 11/12	
Week 7: 10/17	Somatic Symptom and Related Disorders and Dissociative Disorders	Reading material posted on canvas Text Chapter 6	
Week 8: 10/24	Eating and Sleep- Wake Disorders and Impulse- Control Disorders	Reading material posted on canvas Text Chapter 16 and 8	
Week 9: 10/31	Diagnostic Quiz		
Week 10 11/07	Personality Disorders	Reading material posted on canvas Text Chapter 8	
Week 11: 11/14	Schizophrenia Spectrum and Other Psychotic Disorders	Reading material posted on canvas Text Chapter 13	
Week 12: 11/21	Neurodevelopmental Disorders; Neurocognitive Disorders	Reading material posted on canvas Text Chapter 14	Last week to submit Memoir assignment
Week 13: 11/28	Substance Use Disorders	Reading material posted on canvas Text Chapter 9	Power Point Presentations End

Week 14: 12/05	Mental Health Services: Legal and Ethical Issues	Reading material posted on canvas Text Chapter 18	
Week 15: 12/12	Final Wrap Up		

Additional Course Information:

1. **Email communication phone access:** Email is the best way to contact the instructor (dw585@rutgers.edu) Typically, I will respond to your emails within 48 hours (about 2 days) during the work week. If you did not receive a response within this period, please resend your message. **In cases of emergency only**, students can contact me by phone (732-581-4657). Calls will be returned as soon as possible. In addition, Canvas tools will be used for communication throughout the semester.
2. **Personal disclosures:** It is recommended that you do not discuss personal histories when discussing thoughts and reactions to the material presented. If anyone feels particularly distressed by anything discussed/assigned, I am requesting that you make this known to me. You can call me or contact me by e-mail. If necessary, I can make referrals for further services. However, if personal issues are accidentally revealed, it is expected that members of the class will maintain confidentiality.
3. **Reasonable Accommodation:**
GSAPP is firmly committed to reasonable accommodation of disability-related needs. Students entitled to this accommodation are encouraged to request assistance from the Office of Disability Services, and to provide the department, and instructors, with paperwork and communication from that office. See: <https://ods.rutgers.edu/>
4. **Academic Integrity:**
All GSAPP students are responsible for knowing, and conforming to, principles of academic integrity, as specified in: <http://academicintegrity.rutgers.edu/academic-integrity-policy/>
5. **Writing Assistance:**
The university provides resources for students who feel they need assistance in improving their writing. It is your responsibility to make use of this help, should you need it. You can contact: Shawn Taylor, Ed.D. College Avenue Learning Center Academic Building Room 1247 15 Seminary Place 848-932-1662 sktaylor@rutgers.edu
6. **Classroom Etiquette:**
Please refrain from using electronic devices for non-class related material during class. Please follow university guidelines regarding wearing masks in the classroom, maintaining social distance and eating in class.