

GAZETTE

Spotlighting the stories of GSAPP Students, Faculty, Staff and Alumni

IN THIS ISSUE

GSAPP STUDENTS ARE SUPERSTARS, BUT RECENTLY, THEY HAVE *REALLY* SHINED

Read about the Clinical PsyD 4th Year Cohort's 100% Match, an indispensable, new therapeutic resource, and a best-selling, student-created DBT Game. Details inside!

FACULTY SPOTLIGHTS

From offering their expertise in media articles to conducting topical news interviews and writing for academic publications, GSAPP faculty continue to make an impact...read on!

GSAPP ALUMNI SPOTLIGHT

Dr. Rhonda Greenberg was Awarded the 2022 Peterson Prize, and all are Invited to Her Upcoming Colloquium!

SAVE THE DATES

Mark your calendars for these important upcoming GSAPP events, and Rutgers Day returns!

PROFESSIONAL DEVELOPMENT

We continue to offer a diverse array of live and ondemand webinars. Don't miss these upcoming informative and affordable CE opportunities!



Congratulations to the Clinical Psy.D. 4th year cohort! Each student matched to an APA-accredited internship in the National Match - that's a 100% Match Rate!



This year's national match included 3,327 applicants who were successfully matched to internship positions in Phase I of the 2022 Association of Psychology Postdoctoral and Internship Centers (APPIC) Match. A total of 46% of all applicants who obtained a position matched to their first choice internship program; more than two-thirds (70%) received one of their top two choices, and about five-in-six (83%) received one of their top three choices.

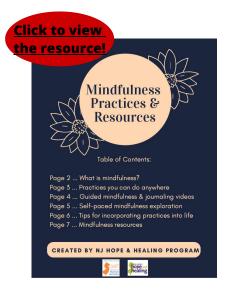
A total of 3,524 accredited internship positions were in the match this year, the largest number ever, but only a slight increase of 19 positions (0.5%) as compared to the 2021 Match. Since 2012, the number of accredited internship positions in the Match increased 49.7%, from 2,361 to 3,534. However, even with this improvement, there remains a shortage of accredited internship positions, as the number of registered applicants exceeded the number of accredited positions by 446 (see APPIC/NMS Match 2022 Statistics here).

4th Year Clinical Psy.D. Students and their APA-Accredited Internships

 $\star\star\star\star\star\star\star\star\star\star\star\star\star$ Laura Betheli: Mt. Sinai Services/ Elmhurst Hospital; Child and Adolescent Psychology Track Maddie Bono: Children's Hospital Los Angeles; Child/Family & Adolescent Medicine Maia Buschmann: Manhattan Psychiatric Center Liza Comart: Mt. Sinai Services/Elmhurst Hospital; Adult Psychology Track Kate El-Sharkawy: Jesse Brown VA Medical Center, Chicago Alejandra Feliz: Woodhull Medical Center Jesse Finkelstein: Albert Einstein College/Montefiore Medical Center; Combined Child/Adolescent/Adult Liza Franklin: VA Western New York Healthcare System, Buffalo Idil Franko: Veterans Affairs NY Harbor HCS-Manhattan Campus Sara Ghassemzadeh: Bronx VA Medical Center Megan Giles: Veterans Affairs New Jersey Health Care System, Lyons Tanya Llewellyn: Lenox Hill Hospital Mir (Kamran) Meyer: NYU- Bellevue Hospital Center Melissa Pedroza: Bronx VA Medical Center **Courtney Peters: NYU-Bellevue Hospital Center** Joel Selzter: Trinitas Regional Medical Center Jackie Shinall: University of Pennsylvania, Dept. of Psychiatry; Child/Developmental Disabilities Track **David Siegel: North Bronx Healthcare Network** Gemma Stern: Columbia University Irving Medical Center; Child Track Jessica Weatherford: Edith Nourse Rogers Memorial VA Medical Center, MA; Primary Care Behavioral Health

New Student-Created Mindfulness Resource

GSAPP students never cease to amaze! A student currently working under the Federal Emergency Management Agency (FEMA) grant, Gabrielle (Gabby) Gunin, created a very useful PDF resource related to mindfulness that is interactive and filled with great information. Thank you, Gabby, for creating this extremely helpful resource, and to Dr. Kelly Moore, for requesting to share it with the GSAPP community!

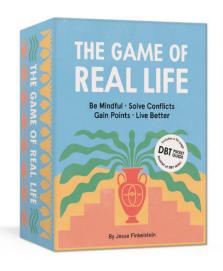


More about Gabby: She is in her second year of the Clinical PsyD Program and a member of GSAPP's LifeSPAN ASD Lab and the RCAAS-Psychological Services Clinic (PSC). Gabby is interested in supporting individuals with Autism Spectrum Disorder as they transition to adulthood. Her research interests include socio-emotional functioning, comorbidities, and overall quality of life. She is also a certified yoga teacher and enjoys practicing yoga in her spare time.



Jesse Finkelstein Creates 2nd Release of DBT Game

Congratulations to GSAPP doctoral student Jesse Finkelstein on the second release of *The Game of Real Life*, a one-of-a-kind card game rooted in Dialectical Behavior Therapy (DBT), which uses mindfulness to teach emotional problem-solving and interpersonal skills! This fun and easy game, which includes a 96-page pocket guide to DBT, was born out of Jesse's work at DBT-RU, an official practicum training site for students in the GSAPP Clinical PsyD Program, headed by Dr. Shireen Rizvi.



Learn more and purchase

The Real Game of Life

Here

&

Read feature article in *Rutgers Today*<u>Here!</u>



AN ATTITUDE OF GRATITUDE



Dear GSAPP Family,

Thank you for making an impact during Rutgers Giving Day this year! Together, we raised critical funds that will help Rutgers help the world. Thank you for your gifts, your support, and for inspiring others to join in as well. Over the next several weeks, please watch for final #RUGivingDay fundraising numbers. Your generosity is much appreciated!

MEDIA SPOTLIGHT

GSAPP FACULTY SHARE THEIR EXPERTISE

Recently, two of our GSAPP faculty, Dr. Peter Economou, Director of <u>MAP</u>, and Dr. Linda Reddy, Director of <u>Research</u>, graciously offered their expertise in the mainstream media. Thank you, Drs. Economou and Reddy, for shining a spotlight on these important topics. Click below to read and listen!

Dr. Economou was quoted in:

- The Record, which reports that COVID disruptions have intensified stress for NJ high school coaches https://www.northjersey.com/story/sports/high-school/2022/03/03/nj-high-school-coaches-covid-stress/6893503001/
- The Washington Post, offering his expert tips on managing exercise after COVID https://www.washingtonpost.com/wellness/2022/03
 /03/exercise-after-covid-infection/

A new study from the APA, of which Dr. Reddy is a Task Force Member, and Rutgers University looked at American classrooms during the COVID-19 pandemic. One of the findings is that teachers reported more violence at school during that time. Dr. Reddy conducted interviews with NJ Spotlight News and News 12 about the Congressional Briefing on Violence Against Educators and School Personnel: Crisis During COVID.

- https://www.thirteen.org/programs/nj-spotlight-news/dr-linda-reddy-intv-1647616868/
- https://connecticut.news12.com/study-finds-teachersreported-more-violence-at-school-during-covid-19pandemic



Dr. Peter Economou



Dr. Linda Reddy



<u>"Study finds teachers reported more violence at school during COVID-19 pandemic" from News 12 NJ</u>

If any Faculty member is interested in serving as a GSAPP media representative, please email: marcom@gsapp.rutgers.edu.

Peterson Prize 2022 Bestowed Upon Rhonda Greenberg, PsyD



Graduate School of Applied and Professional Psychology

Join us for the 2022 Peterson Prize Colloquium with Rhonda E. Greenberg, PsyD



The GSAPP community extends its heartfelt congratulations to 2022 Peterson Prize recipient, Dr. Rhonda Greenberg! Please join us for the annual Peterson Prize Colloquium, presented by Dr. Greenberg, on Tuesday, April 26.

The Peterson Prize is one of GSAPP's most prestigious honors. This award recognizes an alumnus for outstanding contributions to their profession, and Dr. Greenberg undoubtedly fits this description. You can read more about the history of the award <a href="https://example.com/here.

Dr. Greenberg is the Director and Owner of the <u>Center for Forensic and Clinical Psychology of New Jersey LLC</u> (CFCPNJ). She is a licensed psychologist, specializing in forensic psychology and psychotherapy. Dr. Greenberg received her PsyD from Rutgers-GSAPP, completed the Trauma and Recovery Certificate Program from Harvard University and a postdoctoral degree in Forensic Psychology at St. John's University.

Presenter: Peterson Prize Winner, Rhonda Greenberg, PsyD **Talk Title:** "I Hear You: Protecting and Advocating for the

Vulnerable"

When: Tuesday, 4/26, 12:00-1:00 pm EST

Where: GSAPP's Psychology Building, Room A317/Zoom

Zoom Link Here







SAVE THE DATES



RUTGERS DAY RETURNS

Mark your calendars for **Saturday**, **April 30**, **2022**, when Rutgers Day (10 am - 4 pm) returns with inperson programming on all Rutgers–New Brunswick/Piscataway campuses. GSAPP will be an active participant! Stay tuned for details. We can't wait, and hope to see you there!

GSAPP EVENTS

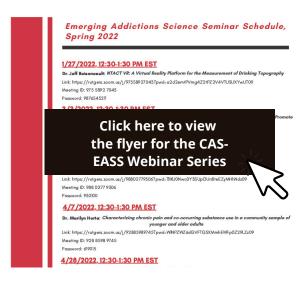
INVITES PREVIOUSLY SHARED VIA EMAIL BY ASSOCIATE DEAN, DR. LARA DELMOLINO GATLEY:

- 4/4 Mon GSAPP Dean Candidate, Sonia Suchday, community forum (A317 and Zoom), afternoon time TBD (approx. 3 pm)
- **4/5** Tue GSAPP Colloquium, "What Psychologists in New Jersey Need to Know About Human Trafficking," (A317 and Zoom) 12 1:30 pm
- **4/5** Tue GSAPP Dean Candidate, Arpana Inman, community forum (A317 and Zoom), afternoon time TBD (approx. 3 pm)
- 4/6 Wed GSAPP Asst. Dean of DEI Candidate, Kalaris Salas-Ramirez, town hall (A317 and Zoom),
 12 pm. Small group in-person meeting sign-ups available
- **4/8** Fri GSAPP Dean Candidate, Ana Bridges, community forum (A317 and Zoom), afternoon time TBD (approx. 3 pm)
- 4/11 Mon School Psychology Faculty Candidate TBD, presentation and Q & A, (A317 and Zoom), (approx. 12:30 pm). Small group in-person meeting sign-ups available
- 4/12 Tues GSAPP Asst. Dean of DEI Candidate, Nicole Williams, town hall (A317 and Zoom),
 12 pm. Small group in-person meeting sign-ups available

CAS EVENTS

Click **here** for more details!





FACULTY & ALUMNI PUBLICATIONS

CONGRATULATIONS TO...

Dr. Denise Hien, Director of CAS and Vice Provost of Research for RU-New Brunswick, and colleagues, on the publication of the article "Frontal Alpha Asymmetry in Children with Trauma Exposure" in *SAGE Journals*! Click **here** for the full article.

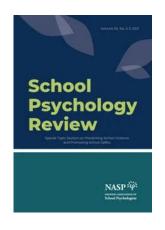
Dr. Anne Gregory, School PsyD Program Chair, and colleagues! Their article, "Good Intentions Are Not Enough: Centering Equity in School Discipline Reform," received *School Psychology Review's* Article of the Year Award! Click here to read the article.

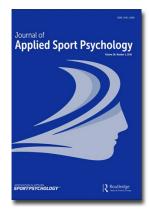
Dr. Peter Economou and colleagues on the publication of "Black Student-Athletes and racism pandemic: Building antiracist practices in athletics" in the *Journal of Sport Psychology!* To read the full article, click **here**.

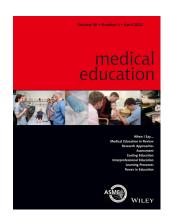
Dr. Margaret (Peggy) Swarbrick, Associate Director of CAS, and colleagues! The article "Virtual faculty development peer programmes support physician well-being" was published in the *Medical Education Journal*. Click here to read it.

Dr. Mercedes J. Okosi, Rutgers GSAPP alumna, on her new publication, *The Complex PTSD Journal: A Guided Journal to Help You Heal, Grow, and Thrive!* Click here to learn more and purchase.











We could not be more proud of our GSAPP faculty and alumni for demonstrating their lifelong commitments to learning and educating in their respective fields of expertise.

PROFESSIONAL DEVELOPMENT

Discounts Available!

- GSAPP alum/supervisors/faculty: 20% off
- Rutgers alum: 10% off
- Current students (any university): 50% off
- GSAPP students: Free

Please email ce@gsapp.rutgers.edu for discount codes.

Looking to earn your Continuing Education (CE) credits? GSAPP's Office of Professional Development and Continuing Education (OPDCE) strives to meet the training needs of professional psychologists and other behavioral health professionals through a variety of conveniently offered, on-demand and live webinars.

Check out the featured webinars below! You can access the full library of offerings here. For questions, please email ce@gsapp.rutgers.edu.

FEATURED ON-DEMAND WEBINARS

Opioid Addiction and Its Treatment: A Brief Overview for Psychotherapists

Instructor: Arnold M. Washton, Ph.D.
Instructional Level: Introductory
1 CE credit for Psychologists

Price: \$25

Healing Racial Trauma: An African Centered Perspective

Instructor: Monique Swift, Psy.D., LPC Instructional Level: Introductory

2 CE credits for Psychologists

Price: \$40

<u>Using Games to Enhance Children's Motivation: Applications for Cognitive-Behavioral Therapy</u>

Instructor: Erica Dashow, Ph.D., BCBA-D **Instructional Level**: Introductory

1 CE credit for Psychologists

Price: \$25



CLICK HERE TO VIEW OUR ON-DEMAND WEBINAR LIBRARY

PROFESSIONAL DEVELOPMENT

FEATURED LIVE WEBINARS

<u>Introduction to Interpersonal Psychotherapy for Depression</u>

Date: Monday, May 2, 2022 **Time:** 12-3:15 pm EST

Instructor: Christie Schueler, Ph.D. **Instructional Level:** Introductory

3 CE credits for Psychologists (APA)

3 CE credits for New York Psychologists (NYSED)

3 CE hours for NJ Drug & Alcohol Counselors (CADC/LCADC)

3 Clinical CE hours for NJ Social Workers

Price: \$75

Click **here** to learn more.



This presentation will introduce participants to Interpersonal Psychotherapy (IPT) for depression. IPT is a time-limited psychotherapy that was initially developed by Gerald Klerman, M.D. and Myrna Weissman, Ph.D. for the treatment of adult depression. IPT is based on the premise that depression occurs in the context of relationships, and the concept that depression affects our relationships and our relationships affect our mood.

<u>Matching Vocational Aptitude & Employment Choice as</u>
<u>Ethical Practice in Vocational Assessment for Adults with Autism Spectrum Disorder</u>

Date: Friday, May 6, 2022

Time: 1-3 pm EST

Instructor: James Maraventano, Ed.D., BCBA-D

Instructional Level: Intermediate

2 CE credits for Psychologists

2 CE credits for BCBA/BCABA (1.5 general credits, .5 ethics credit)

2 CE hours for NJ Drug & Alcohol Counselors (CADC/LCADC)

2 Clinical CE hours for NJ Social Workers



As individuals age out of the public school system, they encounter what is colloquially referred to as the "services cliff." While supports and services are readily available during school-age years, the lack of available resources for adults with ASD is striking.

This webinar will provide an in-depth review of a recent investigation in which a skill-based vocational assessment was developed and implemented with individuals diagnosed with ASD. The results of the assessment were used to design matched and unmatched jobs to determine if performance varied as a function of the assessment results. The assessment resulted in varied job profiles across the participants. All the participants performed better (i.e., more on-task, less disruptive behavior) while completing jobs matched to their assessment results.

Price: \$50

Click here to learn more.

GAZETTE STAFF

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CONTRIBUTORS FOR THIS EDITION (THANK YOU!)

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Angelica Diaz-Martinez
Peter Economou
Sara Kass
Kelly Moore
Mercedes Okosi
Linda Reddy
Megan Schumann

PREVIOUS ISSUES

February 28 January 21 December 20

> "Spring Adds Mew Life and Beauty to All That is."

> > -Jessica Harrelson

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