

GAZETTE

Spotlighting the stories of GSAPP Students, Faculty, Staff and Alumni

IN THIS ISSUE

UNIVERSITY HIGHLIGHTS

Read about the Chancellor-Provost's university-wide initiative, *Mental Health and Wellness Week*, and the many impressive ways GSAPP contributed!

STUDENT SPOTLIGHTS

From receiving fellowships to presenting and continuing their professional development at industry conferences, our students never cease to amaze!

FEATURED FACULTY

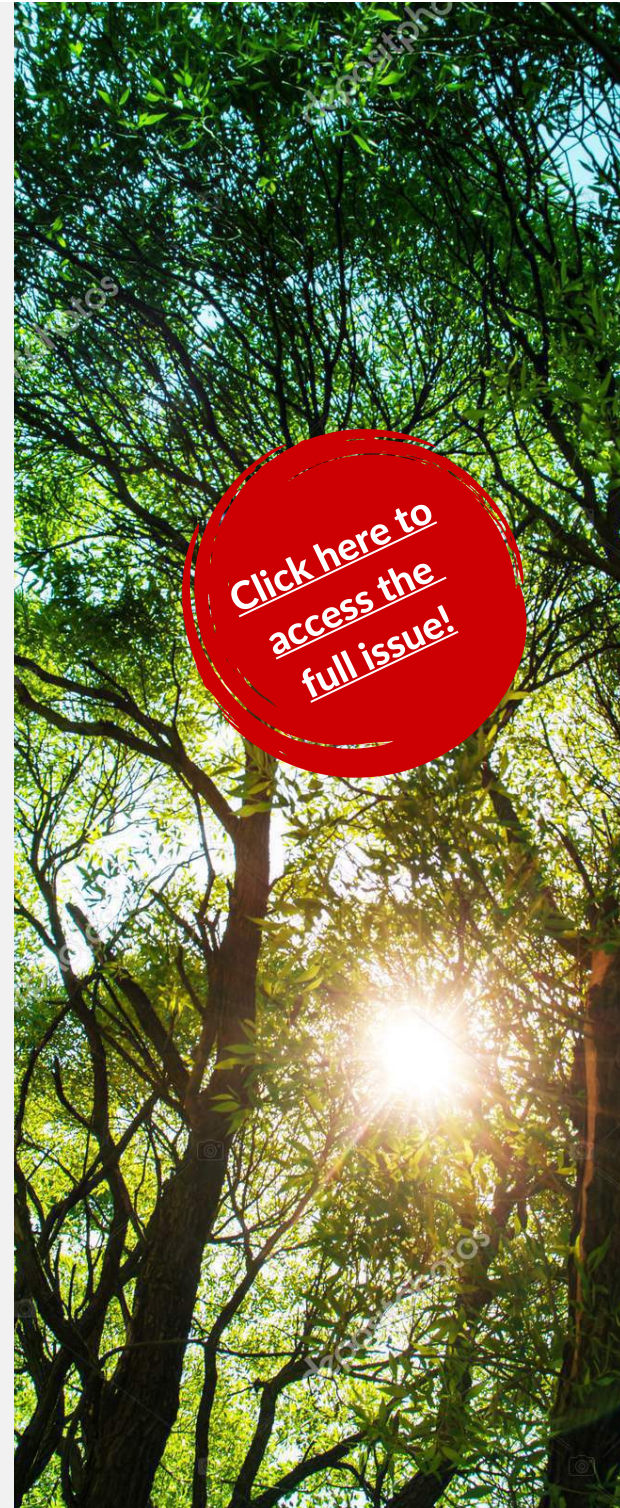
This month, our faculty and alumni were prominently featured in media channels and publications, and received awards for their impactful work. Read on!

SAVE THE DATES

Mark your calendars for these important upcoming events, including GSAPP's largest Commencement ceremony to-date!

PROFESSIONAL DEVELOPMENT

We continue to offer a diverse array of live and on-demand webinars. Don't miss these upcoming informative and affordable CE opportunities!



[Click here to
access the
full issue!](#)

UNIVERSITY HIGHLIGHT

Mental Health and Wellness Week

This week, Rutgers University celebrated *Mental Health and Wellness Week*, and GSAPP played an instrumental role:



- We are extraordinarily proud to have had Clinical Psychology Professor, Dr. Shireen Rizvi, open up the Chancellor-Provost's inaugural lecture with ["Skills for Achieving Emotional Wellness."](#) This timely webinar discussed the value of using practical skills to manage difficult emotions and stressful situations, provided a brief introduction to specific skills—such as mindfulness, emotion regulation, and distress tolerance—that we can use to achieve emotional wellness, and shared useful resources.
- Dr. Peter Economou, Associate Teaching Professor and Director of GSAPP's [Master of Applied Psychology program \(MAP\)](#), and Nikita Cuvilje, Health Education Specialist at Student Health, hosted daily "I Need a Minute" 60-second mindfulness exercises live on Facebook. Participants were invited to de-stress and take a moment for self-care and reflection.
- GSAPP's Center for Psychological Services (CPS) Director, [Dr. Kelly Moore](#), and Acting Director of Rutgers-CAPS, Dr. Jennifer Jones-Damis, were interviewed for the [Rutgers Today article](#), "Impact of the Pandemic, Social Media, and Racial Trauma on Mental Health." GSAPP alumnae, Drs. Moore and Jones-Damis, impactful, Black, female psychologists serving in university setting leadership roles, shared their unique perspectives and invaluable insight on this relevant topic.
- Tune into the "Mental Health Moments" [video series](#), which prominently featured GSAPP faculty and invited members of the Rutgers-New Brunswick community to take a moment for mental health and learn more about a variety of mental health topics.

ALUMNI & STUDENT SPOTLIGHT

Peterson Prize Colloquium

On April 26th, we were thrilled to host Dr. Rhonda Greenberg, recipient of the [2022 Peterson Prize](#), who presented her colloquium entitled "I Hear You: Protecting and Advocating for the Vulnerable." The photos below from the event feature Dr. Greenberg and colleagues, as well as 2022 Peterson Prize Student Travel Award recipient, **Laura Robinson**. Robinson, a student in GSAPP's School Psychology program, was selected for her provision of services to the underserved and unjustly treated, and for her demonstration of passion and diligence. Congratulations!



[Click here to submit your news for upcoming issues](#)

FACULTY & STUDENT SPOTLIGHT

GSAPP at the NASP 2022 Annual Convention

Once again GSAPP's faculty and students participated in the [National Association of School Psychologists \(NASP\)](#) Annual Convention, which was held in Boston, Massachusetts. The Convention provided networking opportunities and showcased new information and research.

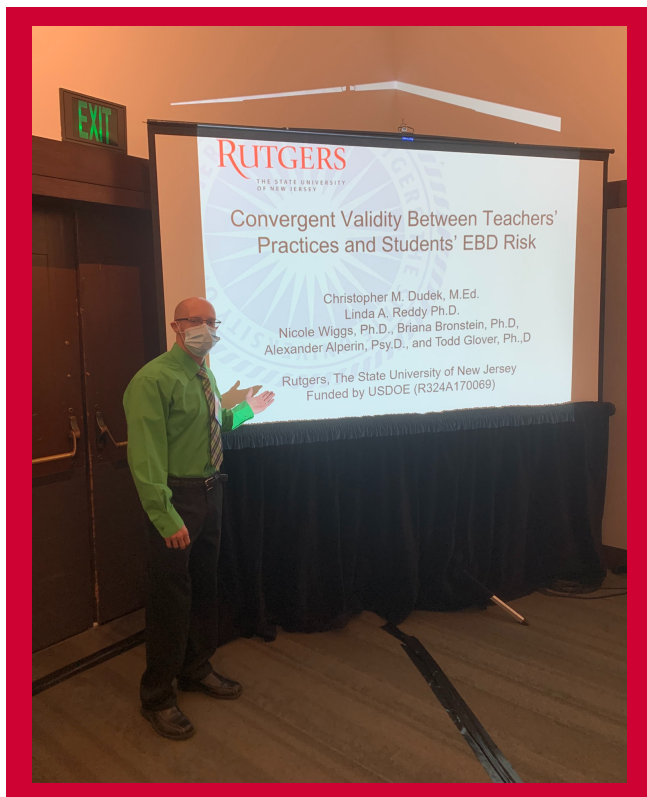
Congratulations to the presenters who represented GSAPP at the 2022 Convention:



--Christopher Dudek presented the research done by Drs. Linda Reddy, Nicole Wiggs, Briana Bronstein, Alexander Alperin & Todd Glover on: *Convergent Validity Between Teachers' Practices and Students' EBD Risk*.

--Giulietta Flaherty, along with her friend Christina Wood, presented a poster session on: *A Call to Action: School Psychologists in Inclusive Postsecondary Education*.

--Dr. Anne Gregory, along with Allison Ward-Seidel, Gabrielle Moya, Ashlee Trent, Jessica Krass, Janna Hackshaw and Giulietta Flaherty, presented a mini-skills workshop on: *Energizing Change Agents for Implementation of School-Wide Restorative Practice*.



At the convention, Dr. Jeff Segal, Assistant Teaching Professor and Practicum Coordinator of the School Psychology Program, took the opportunity to speak with personnel from school districts in Utah, Wyoming, Virginia, Alaska, Colorado, and other states about what they look for in a school psychologist. All unanimously stated they look to hire someone who knows how to do assessment, intervention, teacher consultation, crisis intervention, and develop and evaluate programs. "That's YOU," wrote Dr. Segal, in an email to faculty and staff, adding, "Congratulations to everyone who presented, and now is the time to start thinking of presenting a program at NASP 2023 in Colorado!"

SAVE THE DATES

MARK YOUR CALENDARS

GSAPP's 2022 Convocation Graduation Ceremony will take place on May 12th at 11 am at the Nicholas Music Center!



Graduate School of Applied and Professional Psychology



Master of Applied Psychology
Master of Applied Behavior Analysis
Doctor of Psychology

2022 Convocation
Graduation Ceremony

Nicholas Music Center
Cook/Douglass Campus
May 12, 2022
11:00 am

CAS EVENT

TWO-DAY HARM REDUCTION CONFERENCE

On May 19 & 20, The Center of Alcohol & Substance Use Studies ([CAS](#)) will host Dr. Andrew Tatarsky, who will speak about Integrated Harm Reduction Psychotherapy. Be sure to be one of the 55 people to hear him!

Dr. Tatarsky is the pioneer of the Integrative Harm Reduction Psychotherapy (IHRP) approach for treating addictive and risky behavior, trauma, and other mental health issues.

LIMITED SEATS | EARN 10 CEU CREDITS

2 DAY

**Harm Reduction
CONFERENCE**

19 & 20 MAY 2022

Andrew Tatarsky, PHD
Founder and Director
The Center for Optimal Living

The Center of Alcohol
& Substance Use Studies
Piscataway, New Jersey

cgeinstitute.org/integrative-harm-reduction-training

CO-ORGANIZED BY

THE INSTITUTE FOR COMMUNITY ENGAGEMENT (ICE)

RUTGERS
Center of Alcohol & Substance Use Studies

During this [2-day intermediate-level workshop](#), attendees will learn how Dr. Tatarsky's psychobiosocial model demystifies problematic drug use; utilizes an integrative harm reduction approach; and provides a road map to help clients maximize the benefits, and minimize the risks, in creating an optimal relationship to substance use. Don't miss it!

RCAAS-CSP EVENT

ENJOY A MEAL FOR A GREAT CAUSE!



Panera FUNDRAISING

HELP SUPPORT

Rutgers College Support Program

JOIN US IN THE CAFE OR ORDER ONLINE.

WHERE: 126 College Ave, New Brunswick, NJ 08901

WHEN: Tues, May 3rd

FROM: 4:00pm - 8:00pm

FUND4U

Use this code during checkout

USE OUR PROMO CODE AT ONLINE CHECKOUT **ALL DAY**

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- ✓ In the Panera App
- ✓ At the kiosk in cafe

20% OF TOTAL NET SALES WILL BE DONATED TO YOUR ORGANIZATION.*

Bring this flyer or show a digital copy to your cashier when ordering at the cafe or enter promo code FUND4U at online checkout to ensure your organization gets a portion of the proceeds.

Support your cause, your way.**
IN-CAFE | DRIVE-THRU | PICK-UP | DELIVERY

LEARN MORE AT FUNDRAISING.PANERABREAD.COM

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*20% of total net sales from your designated fundraising event will be donated to your organization. Gift card and catering orders placed on third party delivery sites are excluded and will not count towards the event. Other restrictions apply. For complete details, visit: <http://fundraising.panerabread.com/terms-conditions>

**Services vary by code.

Dine to donate to the [Rutgers College Support Program](#) on Tues., May 3, from 4-8 pm, and 20% of your Panera order will be donated to help support the RCAAS-CSP! Use the code "FUND4U" to [order online](#) or show the flyer at checkout to help support students on the autism spectrum as they begin, continue, and prepare to graduate from RU!

[Click here to submit your news for upcoming issues](#)

DISTINGUISHED HONOR

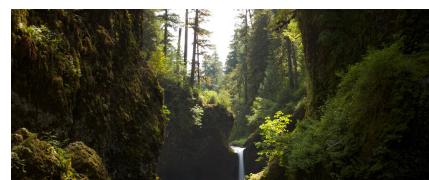
DR. SANDRA HARRIS AWARDED NJABA DISTINGUISHED SERVICE IN BEHAVIOR ANALYSIS AWARD



[Dr. Sandra Harris](#), Distinguished Service Professor (Emerita), former GSAPP Dean and Executive Director of the DDDC, was awarded the inaugural New Jersey Association for Behavior Analysis ([NJABA](#)) Distinguished Service in Behavior Analysis Award. This award is given to a behavior analyst who has made significant contributions to the field of behavior analysis in university instruction, clinical service, practitioner training, research, and/or advocacy. Dr. Lara Delmolino Gatley accepted the award on Dr. Harris' behalf. Congratulations and well-deserved!

CENTER NEWS

Nature's Positive Impact on Well-Being



Check out the new article by Center of Alcohol & Substance Use Studies (CAS)'s Associate Director and colleagues! Crystal Brandow, PhD, Margaret (Peggy) Swarbrick, PhD, FAOTA, and Patricia Nemec, PsyD authored, "The Case for Nature-Based Prescriptions." Undoubtedly, the pandemic exacerbated feelings of anxiety and isolation. The CAS previously discussed how increases in alcohol consumption are related to attempts of people to self-manage the stress of the pandemic, among other stressors, in their lives. The CAS has a special interest in addressing the issues related to increased alcohol use, and the comorbidities associated with substance use, in ways that are strengths-based and wellness-focused.

The relevant article emphasizes how green spaces and nature, in particular, can be beneficial to mental health, including during uncertain times. This article utilizes data from the CAS and other respected organizations to showcase how we can best support affected individuals. Many studies have continued to show how green spaces and the environment can improve mental health overall. To learn more about nature's positive impact on well-being, read the full article here: [https://alcoholstudies.rutgers.edu/the-case-for-nature-based-prescriptions/!](https://alcoholstudies.rutgers.edu/the-case-for-nature-based-prescriptions/)

IN CASE YOU MISSED IT

DIVERSITY UPDATE FROM INTERIM DEAN, DR. RYAN J. KETTLER

Dean Kettler recently sent out an update on the ongoing Diversity, Equity, and Inclusion (DEI) efforts at GSAPP. His message provided summaries on the progress of numerous committees: Climate, Instruction, Scholarship, and Statement, and also discussed the ongoing search for an Assistant Dean of DEI.

The link to the full Diversity Update can be found [here](#).



[Click here to submit your news for upcoming issues](#)

MEDIA MENTIONS

CENTER DIRECTOR IN THE NEWS

Answer Executive Director, Dan Rice, M.Ed., recently shared his expertise surrounding the ongoing debate about sex education curricula in NJ schools.

Rice was featured in:

- *NJ Spotlight*, viewable here: <https://bit.ly/3Lu2VfW>
- *The Asbury Park Press*, viewable by subscription here: <https://bit.ly/3rWi2Hj>



If any Faculty member is interested in serving as a GSAPP media representative, please email: marcom@gsapp.rutgers.edu.

WELCOME TO GSAPP

NEW OIT STAFF MEMBER JOINS INNOVATION TEAM



Welcome new staff member, Tony Soriano! Tony only started working with us in March but has quickly become acclimated to the GSAPP family. According to his supervisor, Nirmal Sadarangani, "Tony's friendly and caring nature helps ease the tensions with our users' issues, requests, and needs. He has a wealth of experience working with data centers and servers and dealing with difficult situations where customers appreciate his calm nature and ability to de-escalating tough situations."

"Though I may have met some of you recently; I am looking forward to meeting those of you that I have yet not had the pleasure of meeting," says Tony. Please give Tony a warm GSAPP welcome!

GIGGLES AT GSAPP

It's nice to see friendly faces on campus again as we continue the gradual return to in-person status! Retired Professor Emerita, Dr. Nancy Fagley visited campus recently and was met by an unusual greeter at the Psychology building door. This inquisitive turkey stopped to read the university's sign about the campus pass app. He seemed perplexed, then waddled away!

FAGLEY'S FEATHERED FRIEND



[Click here to submit your news for upcoming issues](#)

PROFESSIONAL DEVELOPMENT

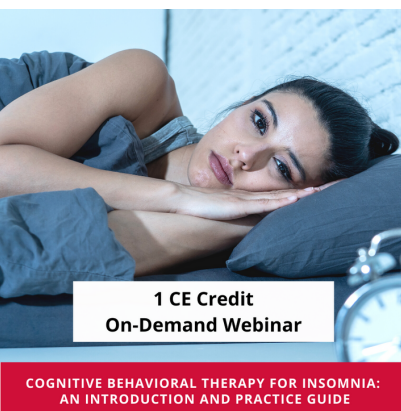
Discounts Available!

- GSAPP alum/supervisors/faculty: 20% off
- Rutgers alum: 10% off
- Current students (any university): 50% off
- GSAPP students: Free

Please email ce@gsapp.rutgers.edu for discount codes.

Looking to earn your Continuing Education (CE) credits? GSAPP's Office of Professional Development and Continuing Education (OPDCE) strives to meet the training needs of professional psychologists and other behavioral health professionals through a variety of conveniently offered, on-demand and live webinars. Check out the featured webinars below! You can access the full library of offerings [here](#). For questions, please email ce@gsapp.rutgers.edu.

FEATURED ON-DEMAND WEBINARS



CLICK HERE TO VIEW OUR ON-DEMAND WEBINAR LIBRARY



[Click here to submit your news for upcoming issues](#)

PROFESSIONAL DEVELOPMENT

MAY'S FEATURED LIVE WEBINARS

During the month of May, OPDCE will be featuring several live webinars that cover a variety of relevant topics. These courses can help you earn CE credits and are taught by renowned faculty and experts in their respective fields. Learn more about each webinar and register [here!](#)

Live Webinar!

Join us for "Prescriptive Authority for Psychologists: A Paradigm Shift in Behavioral Health" with Dr. Derek C. Phillips



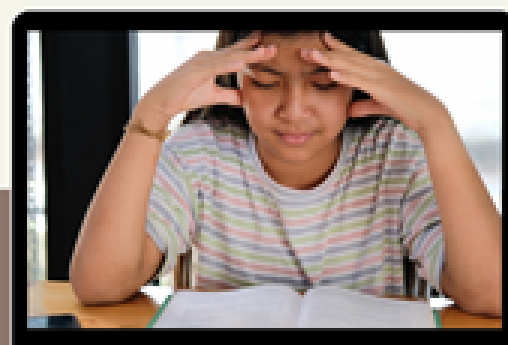
Friday, May 13, 2022, 1-4:15pm EST

Price: \$75
3 CE Credits

RUTGERS
Graduate School of Applied
and Professional Psychology

Live Webinar!

Join us for "An Acceptance and Commitment Therapy Approach to Managing Stress For Children and Teenagers" with Dr. Erica Lander Miller



Monday, May 16, 2022, 12-1:30pm EST

Price: \$40
1.5 CE Credits

RUTGERS
Graduate School of Applied
and Professional Psychology

Live Webinar!

Join us for "The Ethical Practice of Psychology: Essentials for Reducing Professional Risk and Liability" with Dr. Gianni Pirelli



Friday, May 20, 2022, 12-3 :15pm EST

Price: \$75
3 CE Credits

RUTGERS
Graduate School of Applied
and Professional Psychology

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PREVIOUS ISSUES

[March 31](#)
[February 28](#)
[January 21](#)

*"Self-care is not self-indulgence,
it is self-preservation."*

-Audre Lorde

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