UNIVERSITY HIGHLIGHTS
Read about the Chancellor-Provost's university-wide initiative, Mental Health and Wellness Week, and the many impressive ways GSAPP contributed!

STUDENT SPOTLIGHTS
From receiving fellowships to presenting and continuing their professional development at industry conferences, our students never cease to amaze!

FEATURED FACULTY
This month, our faculty and alumni were prominently featured in media channels and publications, and received awards for their impactful work. Read on!

SAVE THE DATES
Mark your calendars for these important upcoming events, including GSAPP's largest Commencement ceremony to-date!

PROFESSIONAL DEVELOPMENT
We continue to offer a diverse array of live and on-demand webinars. Don't miss these upcoming informative and affordable CE opportunities!
UNIVERSITY HIGHLIGHT

Mental Health and Wellness Week

This week, Rutgers University celebrated Mental Health and Wellness Week, and GSAPP played an instrumental role:

- We are extraordinarily proud to have had Clinical Psychology Professor, Dr. Shireen Rizvi, open up the Chancellor-Provost's inaugural lecture with “Skills for Achieving Emotional Wellness.” This timely webinar discussed the value of using practical skills to manage difficult emotions and stressful situations, provided a brief introduction to specific skills—such as mindfulness, emotion regulation, and distress tolerance—that we can use to achieve emotional wellness, and shared useful resources.

- Dr. Peter Economou, Associate Teaching Professor and Director of GSAPP’s Master of Applied Psychology program (MAP), and Nikita Cuvilje, Health Education Specialist at Student Health, hosted daily “I Need a Minute” 60-second mindfulness exercises live on Facebook. Participants were invited to de-stress and take a moment for self-care and reflection.

- GSAPP’s Center for Psychological Services (CPS) Director, Dr. Kelly Moore, and Acting Director of Rutgers-CAPS, Dr. Jennifer Jones-Damis, were interviewed for the Rutgers Today article, "Impact of the Pandemic, Social Media, and Racial Trauma on Mental Health.” GSAPP alumnae, Drs. Moore and Jones-Damis, impactful, Black, female psychologists serving in university setting leadership roles, shared their unique perspectives and invaluable insight on this relevant topic.

- Tune into the "Mental Health Moments" video series, which prominently featured GSAPP faculty and invited members of the Rutgers–New Brunswick community to take a moment for mental health and learn more about a variety of mental health topics.

ALUMNI & STUDENT SPOTLIGHT

Peterson Prize Colloquium

On April 26th, we were thrilled to host Dr. Rhonda Greenberg, recipient of the 2022 Peterson Prize, who presented her colloquium entitled “I Hear You: Protecting and Advocating for the Vulnerable.” The photos below from the event feature Dr. Greenberg and colleagues, as well as 2022 Peterson Prize Student Travel Award recipient, Laura Robinson. Robinson, a student in GSAPP’s School Psychology program, was selected for her provision of services to the underserved and unjustly treated, and for her demonstration of passion and diligence. Congratulations!

Click here to submit your news for upcoming issues
Christopher Dudek presented the research done by Drs. Linda Reddy, Nicole Wiggs, Briana Bronstein, Alexander Alperin & Todd Glover on: Convergent Validity Between Teachers' Practices and Students' EBD Risk.

Giulietta Flaherty, along with her friend Christina Wood, presented a poster session on: A Call to Action: School Psychologists in Inclusive Postsecondary Education.

Dr. Anne Gregory, along with Allison Ward-Seidel, Gabrielle Moya, Ashlee Trent, Jessica Krass, Janna Hackshaw and Giulietta Flaherty, presented a mini-skills workshop on: Energizing Change Agents for Implementation of School-Wide Restorative Practice.

At the convention, Dr. Jeff Segal, Assistant Teaching Professor and Practicum Coordinator of the School Psychology Program, took the opportunity to speak with personnel from school districts in Utah, Wyoming, Virginia, Alaska, Colorado, and other states about what they look for in a school psychologist. All unanimously stated they look to hire someone who knows how to do assessment, intervention, teacher consultation, crisis intervention, and develop and evaluate programs. "That's YOU," wrote Dr. Segal, in an email to faculty and staff, adding, "Congratulations to everyone who presented, and now is the time to start thinking of presenting a program at NASP 2023 in Colorado!"
GSAPP’s 2022 Convocation Graduation Ceremony will take place on May 12th at 11 am at the Nicholas Music Center!

On May 19 & 20, The Center of Alcohol & Substance Use Studies (CAS) will host Dr. Andrew Tatarsky, who will speak about Integrated Harm Reduction Psychotherapy. Be sure to be one of the 55 people to hear him!

Dr. Tatarsky is the pioneer of the Integrative Harm Reduction Psychotherapy (IHRP) approach for treating addictive and risky behavior, trauma, and other mental health issues.

During this 2-day intermediate-level workshop, attendees will learn how Dr. Tatarsky’s psychobiosocial model demystifies problematic drug use; utilizes an integrative harm reduction approach; and provides a road map to help clients maximize the benefits, and minimize the risks, in creating an optimal relationship to substance use. Don’t miss it!

Dine to donate to the Rutgers College Support Program on Tues., May 3, from 4-8 pm, and 20% of your Panera order will be donated to help support the RCAAS-CSP! Use the code "FUND4U" to order online or show the flyer at checkout to help support students on the autism spectrum as they begin, continue, and prepare to graduate from RU!
DISTINGUISHED HONOR

DR. SANDRA HARRIS AWARDED NJABA DISTINGUISHED SERVICE IN BEHAVIOR ANALYSIS AWARD

Dr. Sandra Harris, Distinguished Service Professor (Emerita), former GSAPP Dean and Executive Director of the DDDC, was awarded the inaugural New Jersey Association for Behavior Analysis (NJABA) Distinguished Service in Behavior Analysis Award. This award is given to a behavior analyst who has made significant contributions to the field of behavior analysis in university instruction, clinical service, practitioner training, research, and/or advocacy. Dr. Lara Delmolino Gatley accepted the award on Dr. Harris' behalf. Congratulations and well-deserved!

CENTER NEWS

Nature's Positive Impact on Well-Being

Check out the new article by Center of Alcohol & Substance Use Studies (CAS)'s Associate Director and colleagues! Crystal Brandow, PhD, Margaret (Peggy) Swarbrick, PhD, FAOTA, and Patricia Nemec, PsyD authored, “The Case for Nature-Based Prescriptions.” Undoubtedly, the pandemic exacerbated feelings of anxiety and isolation. The CAS previously discussed how increases in alcohol consumption are related to attempts of people to self-manage the stress of the pandemic, among other stressors, in their lives. The CAS has a special interest in addressing the issues related to increased alcohol use, and the comorbidities associated with substance use, in ways that are strengths-based and wellness-focused.

The relevant article emphasizes how green spaces and nature, in particular, can be beneficial to mental health, including during uncertain times. This article utilizes data from the CAS and other respected organizations to showcase how we can best support affected individuals. Many studies have continued to show how green spaces and the environment can improve mental health overall. To learn more about nature's positive impact on well-being, read the full article here: https://alcoholstudies.rutgers.edu/the-case-for-nature-based-prescriptions/

IN CASE YOU MISSED IT

DIVERSITY UPDATE FROM INTERIM DEAN, DR. RYAN J. KETTLER

Dean Kettler recently sent out an update on the ongoing Diversity, Equity, and Inclusion (DEI) efforts at GSAPP. His message provided summaries on the progress of numerous committees: Climate, Instruction, Scholarship, and Statement, and also discussed the ongoing search for an Assistant Dean of DEI.

The link to the full Diversity Update can be found here.
MEDIA MENTIONS

CENTER DIRECTOR IN THE NEWS

Answer Executive Director, Dan Rice, M.Ed., recently shared his expertise surrounding the ongoing debate about sex education curricula in NJ schools.

Rice was featured in:


If any Faculty member is interested in serving as a GSAPP media representative, please email: [marcom@gsapp.rutgers.edu](mailto:marcom@gsapp.rutgers.edu).

WELCOME TO GSAPP

NEW OIT STAFF MEMBER JOINS INNOVATION TEAM

Welcome new staff member, Tony Soriano! Tony only started working with us in March but has quickly become acclimated to the GSAPP family. According to his supervisor, Nirmal Sadarangani, "Tony's friendly and caring nature helps ease the tensions with our users' issues, requests, and needs. He has a wealth of experience working with data centers and servers and dealing with difficult situations where customers appreciate his calm nature and ability to de-escalating tough situations."

"Though I may have met some of you recently; I am looking forward to meeting those of you that I have yet not had the pleasure of meeting," says Tony. Please give Tony a warm GSAPP welcome!

GIGGLES AT GSAPP

FAGLEY’S FEATHERED FRIEND

It's nice to see friendly faces on campus again as we continue the gradual return to in-person status! Retired Professor Emerita, Dr. Nancy Fagley visited campus recently and was met by an unusual greeter at the Psychology building door. This inquisitive turkey stopped to read the university’s sign about the campus pass app. He seemed perplexed, then waddled away!

Click here to submit your news for upcoming issues
Looking to earn your Continuing Education (CE) credits? GSAPP's Office of Professional Development and Continuing Education (OPDCE) strives to meet the training needs of professional psychologists and other behavioral health professionals through a variety of conveniently offered, on-demand and live webinars. Check out the featured webinars below! You can access the full library of offerings here. For questions, please email ce@gsapp.rutgers.edu.

**FEATURED ON-DEMAND WEBINARS**

- **Opioid Addiction and Its Treatment: A Brief Overview for Psychotherapists**
  - 1 CE Credit
  - Fulfills the NJ psychologist CE Opioids Requirement

- **Culturally Responsive Supervision**
  - 3 CE Credits

- **Understanding and Addressing Implicit Biases in Clinical Practice**
  - 1.5 CE credits

- **Healing Racial Trauma: An African Centered Perspective**
  - 2 CE Credits

- **Using Games to Enhance Children's Motivation: Applications for Cognitive-Behavioral Therapy**
  - 1 CE Credit

- **Domestic Violence and Trauma: Clinical Considerations**
  - 4 CE Credits**
  **(This webinar fulfills the NJ psychologist CE requirement on domestic violence)**

- **Functional Assessment and Treatment Development for Individuals with Special Needs**
  - 15 CE credits for BCBA/BCABA & Psychologists

**CLICK HERE TO VIEW OUR ON-DEMAND WEBINAR LIBRARY**
PROFESSIONAL DEVELOPMENT

MAY'S FEATURED LIVE WEBINARS

During the month of May, OPDCE will be featuring several live webinars that cover a variety of relevant topics. These courses can help you earn CE credits and are taught by renowned faculty and experts in their respective fields. Learn more about each webinar and register here!

Live Webinar!
Join us for "Prescriptive Authority for Psychologists: A Paradigm Shift in Behavioral Health" with Dr. Derek C. Phillips

Friday, May 13, 2022, 1-4:15pm EST
Price: $75
3 CE Credits

Live Webinar!
Join us for "An Acceptance and Commitment Therapy Approach to Managing Stress For Children and Teenagers" with Dr. Erica Lander Miller

Monday, May 16, 2022, 12-1:30pm EST
Price: $40
1.5 CE Credits

Live Webinar!
Join us for "The Ethical Practice of Psychology: Essentials for Reducing Professional Risk and Liability" with Dr. Gianni Pirelli

Friday, May 20, 2022, 12-3:15pm EST
Price: $75
3 CE Credits

Click here to submit your news for upcoming issues
"Self-care is not self-indulgence, it is self-preservation."

-Audre Lorde