SYLLABUS: PERSONALITY ASSESSMENT ADULT: SPRING 2022
(Louis Sass, GSAPP—Rutgers University)  
(last worked on Jan 10, 2022)

NOTE: STUDENTS SHOULD HAVE COPIES OF:


TO ORDER YOUR RPAS MANUAL, ETC:

GO TO  
https://r-pas.org/Default.aspx?nc=1
CLICK ON: R-PAS Products
And order for yourself the:
Use the following codes to get your 10% discount: RPAS10
(Its should cost approximately $90 with the discount.)
Also, if you wish to order yourself the
Portable Form Quality Tables and Coding Guide,
which is recommended for purchase (but not required, and costs around $30), then also send an email to
Mark Lafferty, at the following email address, asking to order a copy and giving the discount code RPAS10 (you cannot order this directly from the website):
manager@r-pas.org

NOTE re below: Each class meeting listed below begins with: @@CLASS

CLASS MEETINGS, WITH ASSIGNMENTS ETC

@@CLASS 1: INTRODUCTORY CLASS (class #1)

In class: Take TAT and Rorschach in class, in group administration. (Please note: Your responses are for your own eyes only; they will not be turned in to me or discussed in class.)

No required reading
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PART 1: THEMATIC APPERCEPTION TEST (classes #s 2, 3, 4, 5)

@@CLASS 2: INTRODUCTION: THEMATIC APPERCEPTION TEST I.

To read: ABZ (Allison, Blatt, & Zimet, Interpretation of Psychological Tests), pp. 1-17, 89-110 (also recommended: pp 110-133) (includes introduction to theory and practice of psychological testing)

Cramer, “Stories are telling” (SPA Exchange), 1 page
Page with three recommended TAT sequences (ABZ, NYHospital, Cramer versions) + Page with descriptions of various TAT cards (=same CANVAS item)
TAT of “Mr. Wilson”.


Begin reading Shapiro, *Neurotic Styles* (a classic work offering crucial theoretical background re. perception and attention, cognitive style, characteristic defense mechanisms, etc.; just glance through chap 1; read chapters 2 & 3 (= o-c & paranoid).
(Note: you will eventually need also to read Shapiro chapters 4, 5, 6)

*In class:*
Breakout: discuss TAT of Mr Wilson (available on CANVAS): LAS may identify certain TAT stories to focus on.
Together: ~TAT of young musician (handout in class).

@@CLASS 3: THEMATIC APPERCEPTION TEST II.
Rec: Schafer, Roy, “How was this story told?” pp. 114-169 of Schafer, *Projective Testing and Psychoanalysis* (a classic article on the TAT—first published *J of Projective Techniques* 1958: in some respects out-of-date, and inconsistent with contemporary norms in various ways). Note: *Some other classic articles are listed at the end of this syllabus.*

*In class:*
Breakouts: discuss TAT’s #I, #II, perhaps #IV
Remember: You should give a practice TAT before the 5th meeting (class #5).

Please note: There is a Consent Form online, which you should use with any subject whom you test.

@@CLASS 4: THEMATIC APPERCEPTION TEST III.
To do, for this week or (more likely) next week: Give a TAT to a volunteer subject.

In class:
Breakout: discuss TAT of #IV (if not finished in previous class).
Together: discuss ABZ ex.s of depression and hypomania/agitated depression (quickly); then TATs of ~MS, ~BD, ~M-26, ~M-20s (last 4 are handouts in class).

NOTE: your practice TAT protocol should be COMPLETED BY NEXT CLASS (not graded). You will MEET with instructor (individually or in pairs) to discuss your TAT protocol. In advance of this meeting: Think through the possible significance of your TAT protocol before meeting with instructor. See **?? below for more information.

@@CLASS 5: THEMATIC APPERCEPTION TEST IV (TAT concluded; Rorschach introduced).

TAT
To read:
Sass’s summary of Schafer’s diagnostic summaries re TAT (5 pages).
Note: Shapiro, Neurotic Styles, chapters 2, 3, 4, 5, 6 should be read by now; look these over again.
Note: for optional background readings: some classic articles on TAT are listed at the end of syllabus.

To do: Give a TAT to a volunteer, if you have not already done so.

In class:
Together: discuss more examples: ~TM, ~DM, ~ED, ~HF (all shown during class time).

RORSCHACH (begin this topic):
To read:

In class:
Together or Breakouts: Discuss a Rorschach protocol (to be shown in class; then show PowerPt re this person).

NOTE: TAT protocol to be COMPLETED BY THIS CLASS (not graded); MEET with instructor this week or next, individually or in pairs, to discuss your TAT protocol. (Be
PART II: RORSCHACH: INTRODUCTION & CODING (classes #6,7,8,9)

@@CLASS 6: INTRODUCTION TO RORSCHACH; CODING I

To read:
Finish reading these 2 chapters by this class meeting.
HANDOUT_CODE SEQUENCE form RPAS (in color) pdf version
HANDOUT_CODES laid out left to right_Screen Shot
HANDOUT_CODES&CODE SEQUENCE, RPAS (2 pp) (Also can be found in
HANDOUT_MEMORY PAGES, which = crucial pages that you need to know
intimately.)
POEM_Brown, Spencer, “Rorschach Test” (=1 page poem, describing one
person’s emotional response to being asked to respond to Rorschach inkblots).

To do: Code responses 1-10 in RPAS Manual Chap 7 (consult also location sheet;
and later: answer key & rationale—all in Chap 7).

In class: introduction to Rorschach; begin discussing Rorschach codes, using
sheet listing codes plus the RPAS Manual.

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@@CLASS 7: RORSCHACH CODING II

To read:
RPAS Manual: re-read chapters 1, 3.
RPAS Manual chap 10 “Recommendations for Interpretation,” section on “The

To do:
Code responses 21-35 in RPAS Manual Chap 7 (use location sheet; check answer
key, rationale).

In class:
continue discussing coding, using PowerPt; breakout groups re coding ex.s.

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@@CLASS 8: RORSCHACH CODING III

To read:
RPAS Manual chap 4, pp 57-156, “Advanced Coding”: just glance into this chapter.


Weiner, I., Principles, Chap 4, Projection and card pull in Rorschach responses, pp. 84-109, especially pp 101-109 re “Common meanings of the 10 inkblobs.” [Note: “pull” here does not = “pull” in RPAS. Note: Sass summary of Weiner is available on CANVAS.]

Rec: Weiner, Principles, Chap 8, Conducting a sequence analysis, pp. 238-246.

To do:
Code responses 51-60 in RPAS Manual Chap 7 (use location sheet; check answer key, rationale).

In class: continue discussing coding, using PowerPt, breakout groups.

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@@CLASS 9: RORSCHACH CODING IV

To read:
RPAS Manual: Continue looking at chap 4 “Advanced Coding” (not necessary to read everything, just familiarize yourself a bit with this chapter).


To do:
Code responses 71-80 in RPAS Manual Chap 7 (check location sheet, answer key, rationale).

In class:
Continue discussing coding, using PowerPt, breakout groups.
Also: IN-CLASS UNGRADED ORAL QUIZ:
NOTE: In class session #9, there will probably be an in-class, oral quiz (ungraded) on the meaning of the different codes, excluding cognitive and thematic codes. Be sure you understand the codes listed on the one-page list of all possible codes: you need to be able to define each code, state the main criteria for applying that code, & explain the standard interpretative or psychological meaning of that code. For more info, see ** below.

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PART III: RORSCHACH: ADMINISTRATION, COGNITIVE & THEMATIC; INTERPRETATION (classes #10, 11, 12, 13)

@@CLASS 10: R-PAS ADMINISTRATION

To read:
Rec: RPAS Manual, chap 5 “Advanced Clarification” pp 157-178: just glance through this a bit
HANDOUT_ADMIN RPAS, RefSheet&Summary sheet (2+2=4 pp). (Includes phrases to memorize). Can also be found in HANDOUT_MEMORY PAGES (which = the crucial pages that you need to know intimately).
HANDOUT_ADMIN checklist (2 pp)
Rec: HANDOUT_ADMIN checklist (11 pp).
Rec: HANDOUT_ADMIN Recording Form RPAS ELECTRONIC (1 p)

To do:
Code responses 91-100 in RPAS Manual Chap 7 (check location sheet, answer key, rationale).
Watch one of the administration videos, which will be available to you.

In class:
Watch and discuss second admin video.
Role-play admin exercise with focus on C.P. (inquiry or clarification phase).

@@CLASS 11: COGNITIVE AND THEMATIC CODES; COUNTS AND CALCULATIONS

To Read:
RPAS Manual chap 3 “Basic Coding”, re-read pp 47-56 (Cognitive & Thematic codes).
RPAS Manual chap 4 “Advanced Coding” pp 111-144 (Cognitive & Thematic).
Piotrowski, Rorschach signs of organicity (1 page).
HANDOUT_COUNTS&CALC.S (3 pp) (includes summary page giving Formulae and Descriptions of contents of items). Also can be found in HANDOUT_MEMORY PAGES (=the crucial pages that you need to know intimately)

To do:
Code responses 81-90 in *RPAS Manual* Chap 7 (check location sheet, answer key, rationale).

3-card practice Rorschach admin: *By this class meeting, you should have given one or two 3-card practice Rorschachs (with anyone—just to get used to the procedure). A full 10-card Rorschach (with someone not too close to you) is due by class 12. You will then meet with the instructor (outside of class time) this week or in one of the next two weeks.*

In class:
Consider responses in several protocols with regard to cognitive or thematic codes: including ~JH, ~GW, ~CC&~LE, etc.

Discuss Counts & Calculations

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@@CLASS 12: RORSCHACH INTERPRETATION I

To read:
HANDOUT: Brief GUIDE TO VARIABLES (w psy meaning xpl.d) on RPAS Profile pages (4 pp). (*Note:* This can also be found in HANDOUT: MEMORY PAGES (these latter being the crucial pages that you need to know intimately—almost memorized).

HANDOUT_INTERPR in RPAS 4Ss, from *RPAS Manual* (6 pp) (= pp 323-328 of *RPAS Manual*; 4 Ss = Scan, Sift, Synthesize, Summarize)

R-PAS casebook _“Chandra”_ ALL=protocol, codes, profile, RPAS report (no counts&calc.s) (19 pp). Read this carefully, considering responses, codes, case history, pages1&2, interpretation. If you wish to work this through on your own, without the official interpretation, use version not including RPAS report, namely: R-PAS casebook _“Chandra”_ protocol, codes, profile (question of psychosis) (Possible substitution: Case of “Mary.”) TO DISCUSS PROBABLY IN CLASS #13

HANDOUT_PROGRESS EVAL form (CS or RPAS; 1 p)

POEM Plath, Sylvia, “Lorelei” (consider what Rorschach codes might apply)

Rec: HANDOUT_RATIONALE for Variable Inclusion & Exclusion, plus CS Variable support (6+1=7 pp). (less important: just glance this over)


In class:
Discuss case of Chandra (or possibly: in next class)
To do: Full Rorschach to be FINISHED by today (not graded). MEET with instructor this week or next (individually or in pairs) re your full practice Rorschach.

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@@CLASS 13: **RORSCHACH INTERPRETATION II**

To read:
Re-Read: HANDOUT_INTERPR in RPAS 4Ss, from *RPAS Manual* (6 pp) (= pp 323-328 of *RPAS Manual*; 4 Ss = Scan, Sift, Synthesize, Summarize)

**Review Handout Memory pages** (8pp), which were assigned a couple of classes ago and are on CANVAS. This Handout includes: the Code Sequence Page, Counts+Calculations, and also Brief Guide to Profile Pages. RE Code Sequence Page: you should be familiar of course with all these codes, including having some understanding of when to assign them and of what their psychological meaning is likely to be. Brief Guide to Profile Items: this offers a summary of what these various items mean; you should be becoming familiar with those as well. We will discuss these items further in class, and may use the “Progress Evaluation” form to review some of the issues at hand.

Review Case of Chandra (if not already discussed in previous class).

In class:
Discuss case of Chandra (if not in previous class)
Discuss the more complicated variables that appear, mostly, toward the end of the Counts+Calculations page and in the Profile Summaries (assuming these were not already discussed in the previous class meeting.)
In-class oral, ungraded quiz on meaning of different scores on Profile pages 1&2 (go around room asking individual students to discuss a given item on one of those pages).

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PART IV: **RORSCHACH: CROSS-CULTURAL/DIVERSITY, CONTROVERSIES; COMPREHENSIVE SYSTEM (EXNER)**

@@CLASS 14: **RORSCHACH: CROSS-CULTURAL AND DIVERSITY ISSUES; CONTROVERSIES AND DEBATES; INTERPERSONAL DIMENSIONS**

To read:
Rec??: Sass notes on cross-cultural uses of Rorschach.
To do:
TBA

In class:
Presentations re these several topics (also, perhaps, re the 4Ss and re R-PAS interpretation)

@@CLASS 15 (=FINAL CLASS): INTRODUCTION TO CS: COMPREHENSIVE SYSTEM (a.k.a. “EXNER”)

To read: Read over three Handout sets:
HANDOUT, CS_INTRO TO CS, for RPAS students (31 pp).
HANDOUT, CS_LAURA case in general (11 pp)
HANDOUT, CS_LAURA RIAP Report+additions (22 pp)

FINAL PAPER, ON A CASE TO BE DISTRIBUTED TO YOU, IS DUE ONE WEEK AFTER THIS 15TH CLASS MEETING.

COURSE REQUIREMENTS include the following:

--Give a TAT, to be completed by class #V. Meet with instructor re TAT, after preparing notes on the TAT record (not graded).
--Give at least one 3-card Rorschach (not coded; not graded), to be completed by class #XI at latest.
--Give a Rorschach, and code it with R-PAS System (not graded), by class #XII. Meet with instructor (possibly in pairs) to discuss this Rorschach protocol, and other questions.
--Final paper; Prepare a write-up of a Rorschach protocol (R-PAS method) that will have been handed out to you, along with the “correct” codes (your paper should be 5-7 pages long approximately, double spaced). You will need to produce a report that incorporates the qualitative etc features of the record, and integrates that with the quantitative findings. Remember: your paper should go well beyond the standard quantitative indications (see Tips below).

Your Rorschach report is due at end of semester (graded; due one week after final class meeting). See below**** for more information on this assignment.

PLEASE NOTE:
NB (very important): Please be aware that any testing or testing reports produced during this semester are for learning purposes ONLY; they are NOT to be considered
clinically valid or placed in anyone’s record. Many of you will be testing volunteers. There is a Consent Form that you should use with any subject whom you test.

If you do test a patient (which I do not recommend), your report supervised for this class is NOT to be placed in the clinical records for that patient. If you do wish to use a report for actual clinical purposes, then it would have to be overseen and approved independently by a supervisor at the clinical setting where the patient is being seen. This is an introductory testing course; we at GSAPP cannot yet validate your reports for professional, clinical purposes.

You should avoid testing someone whom you know at all well. A good method is for a student to recruit subjects, then trade the subjects he or she has recruited for subjects recruited by other students in the class. (An exception is the practice 3-card Rorschach; use anyone you wish for this.)

SOME TIPS:

--This course requires that you learn some technical material (Rorschach coding and interpretation). It is especially important to keep up with assignments week-by-week; otherwise you will soon find yourself out of step, confused, and unhappy.

--You will be downloading or receiving a considerable amount of copied material during the course. It will make your life easier if you set up a special filing system for this course, so that you can quickly find what you need to bring to class or to use to do assignments.

** Note re meeting with instructor to discuss the full TAT you gave:

The TAT need not be turned in prior to your meeting with me. But be sure to give yourself enough time to have gone through the record quite carefully on your own, and with your partner (I may meet re the TAT with two of you at once), so that you will be prepared to talk in our meeting about what interpretations you think might be appropriate. I will ask you to tell me your thoughts re the whole record, and then we will go through some of the stories together.

Use the order of the TAT cards as specified by Rapaport/Schafer; you have those listed on a page on CANVAS (New York Hospital sequence). Easiest thing will be just to use the set of TAT cards of which you already have a copy, but be sure to add a blank card at the end if there is not one there already. There is a slight difference in the set used with males versus females: Remember to omit the 4 cards that are not appropriate for the gender of the person you are testing (see list on CANVAS to figure this out).

There is nothing to hand in prior to your meeting with me. But please have a legible copy of the TAT stories so that I can read it along with you, and please be sure that you have thought through, as best you can, your views about what the stories you elicited might show about the person—considering the various aspects discussed in class and in th readings. There is no written TAT paper due, though; just the discussion with me.
You need not type the TATs; we can use your handwritten version.

*** Note re individual Rorschach meeting with instructor:
Your Rorschach protocol need not be turned in prior to your meeting with me. But be sure to give yourself enough time to have gone through and coded the Rorschach record quite carefully on your own, so that you will be prepared to talk in our meeting about what codes as well as interpretations you think might be most important for us to discuss together. I will first ask you to tell me your thoughts re the whole record, and then we will go through many of the responses together.

If you use a copy of the Rorschach inkblots borrowed from the clinic, please remember: you should not keep out a Rorschach set from the clinic for more than a few days.

There is nothing to hand in prior to your Rorschach meeting with me. But please bring an extra copy of the Rorschach protocol so that I can read it along with you, and please be sure that you have thought through the question of what you think the Rorschach responses might indicate about the person; you might consider in advance which responses you think it would be most fruitful to discuss. There is no written paper due on this protocol; just the discussion with me. You need not type it up; we can use your handwritten version.

****NOTE RE IN-CLASS UNGRADED QUIZES:

**QUIZ: CONCERNING THE IN-CLASS QUIZ RE CODES AND THEIR MEANING:
As I have said, you need to be very familiar with the codes and their meaning. If you look at the list of codes all on one page, you should eventually be able to do the following with regard to each item. I use V as an example:

1) what does the letter stand for? (E.g., V means vista)
2) when do I give the code (Answer: when shading—which involves differences of lightness and darkness—is used to introduce the 3rd dimension)
3) what does the code "mean" psychologically? (Answer: Vista suggests prominence of a kind of self-consciousness [acute awareness of self as a standpoint or a perspective on the world], which is described in some of the Rorschach literature as "introspectiveness," and which is often associated with feelings of separation or isolation, and thus is potentially dysphoric.)
4) the "missing link," which means why that visual phenomenon would have that psychological meaning it supposedly has. (Answer: because introducing the third dimension implies a more acute awareness of where one stands, of one's own standpoint on the world; and because such an awareness introduces a kind of epistemological complexity or sophistication, but also goes along with a sense of separation from that of which one is aware, etc etc – point exemplified in the arts by linear perspective in
Renaissance painting [indicating a new "humanism" in Western culture], and by works such as the photographs of Robert Frank in 1950s American [which illustrate a mood of isolation and even alienation—as explained in a class meeting])

So, ultimately, you will want to be able to generate something like the above with regard to each of the determinant codes (and some of the other codes as well).

**QUIZ: CONCERNING THE IN-CLASS QUIZ RE PROTOCOL-LEVEL VARIABLES AND THEIR MEANING:**

You should be able to identify the following when told a code: What is the full name of the variable? What are the components of the variable? What is the psychological significance of the variable?

****NOTE RE FINAL PAPER/REPORT: AT END OF SEMESTER (7 days after final class meeting), TURN IN paper on a Rorschach protocol that will have been handed out to you, along with the “correct” codes and the Profile Pages. Length = 5-7 pages, double spaced.

Be sure to include both a qualitative consideration of individual responses, perhaps including some attempt at “sequence analysis” of some individual responses, and also your interpretation of the quantitative scores as they show up in the Profile Pages. Your paper should offer an overview of the most salient features of the protocol. See below **** for more guidelines re this paper. The paper should be double-spaced. Please submit your paper as a standard WORD document; do NOT send me a pdf, as I will need to be able to write my comments directly into your paper. Send paper to the following email address: lsass@gsapp.rutgers.edu.

(See below for more information on this assignment.) *Note: Paper due 7 days after final class meeting—by the end of that day, midnight.)

**** Note re final write-up of a Rorschach protocol. There is no single way to do this assignment well, but here are a few suggestions to bear in mind:

Try to offer some discussion of qualitative features of some of the specific responses. Consider also whether you might have something interesting to say about sequence analysis (e.g., possible psychodynamic interpretation of two or more responses offered in a row—which could be within a given card or across two or more cards). Please try to consider also whether there might be anything about the scores on the Profile Page that could be misleading, in the sense of not corresponding to the standard meanings of those scores—and if so, say why. In general, try to write your report in a way that is easily comprehensible, and that makes sense to you. That is: avoid too much Rorschach jargon, but at the same time, try to indicate what it is about the Rorschach responses that warrant the interpretations you offer. Psychological reports in many clinical settings will sometimes make little reference to the actual data, but in the case of this assignment, I do want you to indicate the empirical bases of your interpretations, either explicitly in your text or by including the variable on which your interpretation is
based in a parenthesis. Also, it is often a good idea to include some brief illustrative quotations in the body of your paper (these can be as short as a phrase or a sentence). Try (without going to an obsessive extreme) to indicate that you know why you are offering the interpretations you offer (as opposed to simply regurgitating phrases that you have picked out from the RPAS manual etc). Include in your report a brief summary of the client and their presenting problem, and also a summarizing paragraph that gives a quick overview of the most significant findings (at beginning or end, or perhaps lead with something very general and then sum up at the end).

****Please do not turn in a paper that simply regurgitates, with merely cosmetic or stylistic changes, the standard, quantitative based R-PAS interpretations.

And to repeat: you MUST indicate the empirical basis of your claims (i.e., by indicating which structural summary score is relevant to what you claim, or which particular response supports your claim).

Please email your paper to: lsass@gsapp.rutgers.edu

Please give the attachment containing your paper a label as follows: your last name, first name, Rorschach paper; as in the following example: Smith, John_Rorschach paper. Your paper should be DOUBLE SPACED, and the pages should be numbered. Paper should be 5-7 pages long, double spaced. Send a standard WORD document; it should not be a pdf.

APPENDIX: REFERENCE INFORMATION RE COURSE READINGS:


**BACKGROUND (not required) READINGS RE DIVERSITY & RORSCHACH:**

**BACKGROUND READINGS RE RORSCHACH CONTROVERSIES:**
Introduction to R-PAS, either in this class or the following. Reading to be announced. Source of information is Meyer et al (2011).

**BACKGROUND READINGS RE THE TAT, CLASSIC ARTICLES:**
Here are listed some background readings on the TAT (not required), for those who are interested in consulting some of the classic articles:

APPENDIX: STATEMENTS ON DISABILITIES AND ACADEMIC INTEGRITY:

Rutgers mandated statement on Academic Integrity: [http://academicintegrity.rutgers.edu/academic-integrity-at-rutgers/](http://academicintegrity.rutgers.edu/academic-integrity-at-rutgers/)

Required Rutgers statement on Accommodation:
Rutgers University welcomes students with disabilities into all of the University's educational programs. In order to receive consideration for reasonable accommodations, a student with a disability must contact the appropriate disability services office at the campus where you are officially enrolled, participate in an intake interview, and provide documentation: [https://ods.rutgers.edu/students/documentation-guidelines](https://ods.rutgers.edu/students/documentation-guidelines).

If the documentation supports your request for reasonable accommodations, your campus’s disability services office will provide you with a Letter of Accommodations. Please share this letter with your instructors and discuss the accommodations with them as early in your courses as possible. To begin this process, please complete the Registration form on the ODS web site at: [https://ods.rutgers.edu/students/registration-form](https://ods.rutgers.edu/students/registration-form)

LAS NOTES TO LAS:
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