



RUTGERS

Graduate School of Applied
and Professional Psychology

2023 CULTURE CONFERENCE

SPEAKER BIOS

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KEYNOTE SPEAKER



RIANA E. ANDERSON, PHD

Dr. Riana Elyse Anderson is a Fellow at the Hutchins Center for African and African American Research at Harvard University and on leave as an Associate Professor at Columbia University's School of Social Work. She earned her PhD in Clinical and Community Psychology at the University of Virginia and completed a Clinical and Community Psychology Residency at Yale University's School of Medicine and a Fellowship in Applied Psychology at the University of Pennsylvania. On the whole, Dr. Anderson aims to facilitate healing in Black families with practical applications of her research and clinical services, as well as through public engagement, teaching, mentorship, and policy recommendations. Dr. Anderson uses mixed methods to study discrimination and racial socialization in Black families and apply her findings to help families reduce their racial stress. She is particularly interested in how family-based interventions help to improve Black youth's psychosocial well-being and health-related behaviors. Dr. Anderson is the developer and director of the EMBRace (Engaging, Managing, and Bonding through Race) intervention and CEO and Founder of RACE Space Inc., and loves to translate her work for a variety of audiences, particularly those whom she serves in the community, via blogs, video, and literary articles. Additionally, for her early career accomplishments, Dr. Anderson has been the recipient of over twenty awards, including national awards from SRA, SRCD, APS, and FABBS. Finally, Dr. Anderson was born in, raised for, and returned to Detroit and is becoming increasingly addicted to cake pops.

A grayscale background image showing the back of a person's head on the left and a person's curly hair on the right, both appearing to be in a meeting or workshop setting. A large white rectangle is centered over the image, with a solid red horizontal bar at the top.

WORKSHOP PRESENTER BIOS



WON-FONG LAU JOHNSON, PHD, NCSP

Won-Fong Lau Johnson, PhD, NCSP, is a Licensed Clinical Psychologist and a Nationally Certified School Psychologist. She is currently the Acting Program Director of Service Systems at the UCLA-Duke National Center for Child Traumatic Stress. Dr. Lau Johnson has clinical experience working in schools, community mental health, and hospital settings. As someone who identifies as a woman of color with a disability, she is passionate about creating more inclusivity and working with historically underrepresented populations. She has dedicated her career to advocate for change in policies and conducting research on culturally responsive treatments for Black, Indigenous, and People of Color, and has developed a specialty in trauma-informed practice. She is a certified national trainer for CBITS (Cognitive Behavioral Interventions for Trauma in Schools), as well as the developer of the Racial Trauma Module (RTM) that is now integrated into CBITS. She is also a co-developer of TRANSFORM (Trauma and Racism Addressed by Navigating Systemic Forms of Oppression using ResilienceT Methods).



TAMEIKA MINOR, PHD, CRC

Tameika Minor is an Assistant Professor in the Department of Psychiatric Rehabilitation and Counseling Professions at the Rutgers School of Health Professions. She is also a certified rehabilitation counselor (CRC). She has worked mostly with youth with disabilities in her work as a vocational rehabilitation counselor. Dr. Minor's program of research includes diversity issues in substance abuse and mental health treatment and also best practices for recruitment, mentoring, and retention among faculty of color in counselor education programs.



KRISTEN RILEY, PHD

Kristen E. Riley is an Assistant Professor at GSAPP. She received her Ph.D. in clinical psychology with a certificate in health psychology from the University of Connecticut, and completed a health psychology internship at the Miami VA Medical Center and postdoctoral fellowship in cancer prevention at Memorial Sloan Kettering Cancer Center (MSKCC). Her program of research decreases unhealthy behaviors and increases access to care, with a focus on health disparities. Specifically, she studies stigma, rumination, superstition, mindfulness, tobacco, and sleep, and she uses dissemination and implementation science to integrate behavioral medicine into medical settings to improve access to care and get interventions to those who need them most.

Dr. Riley is the chief of the Health Policy Council at the Society for Health Psychology at the American Psychological Association. She promotes integrated care teamwork as a member of the Interprofessional Education Faculty Advisory Council. She is an affiliate member of the Department of Psychology, Center for Alcohol & Substance Use Studies, and the Center for Tobacco Studies at the School of Public Health, is a member of Women's Health and Psychiatry at RWJBarnabas Health, and is an associate member of the Cancer Institute of New Jersey in Cancer Prevention and Control. She is fluent in Spanish.



HENRY ZHANG, PsyD

As a first generation Chinese-American immigrant diagnosed with both ADHD and autism spectrum disorder, Dr. Zhang has learned to leverage his unique experiences and professional skills to help guide families into making informed decisions for their children. Growing up in a family and community that did not understand his unique needs, he did not have access to the support he needed and struggled with reading, writing and socialization. Despite these difficulties which also resulted in many stigmatizing experiences, he later became a graduate of the Rutgers University School Psychology Psy.D. program. Prior to entering his doctoral program, he was a former bilingual (Cantonese & Mandarin) school psychologist for NYC DOE. He has had extensive experience serving neurodivergent families in immigrant communities (particularly Chinese American communities) during both his work as school psychologist and his recent internship at CARES. Currently, he conducts psychological assessments for preschool children. He also runs a tech startup company called Timehacks which helps psychologists automate aspects of their assessment work so that they can focus their efforts on conceptualizing and helping their clients. During his spare time, he trains martial arts and is one of the original volunteer instructors for Dragon Combat Club (DCC), a NYC based self-defense program that has been responsible for protecting and saving many lives during pandemic era violence. Dr. Zhang hopes to share his unique experiences on “both sides of the table” to help the next generation of professionals to better understand disability stigma and how to help neurodivergent individuals.

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PANELIST BIOS



CRYSTAL BEDLEY, PHD (MODERATOR)

Crystal Bedley is the senior director of the Tyler Clementi Center for Diversity Education and Bias Prevention. She is responsible for educational programming and initiatives that improve cultural competence, reduce bias, and promote understanding and engagement on issues related to diversity and bias prevention to enable inclusive community. She supports diversity assessment efforts ensuring that all initiatives are evaluated and uses institutional data to develop, maintain and report on metrics of accountability toward equity goals. Dr. Bedley, a McNair alumna, earned her Ph.D. in Sociology from Rutgers University.



GERMÁN A. CADENAS, PHD

Dr. Germán A. Cadenas (he, his, el) is the inaugural Associate Director of the Rutgers Center for Youth Social Emotional Wellness (CUSEW), and he is an Associate Professor of Clinical Psychology in the Graduate School of Applied and Professional Psychology (GSAPP). Dr. Cadenas identifies as an immigrant from Latin America and his academic work is community-based, with intersecting foci on the psychology of immigration and on critical consciousness as a tool for social justice. This includes the development and validation of strategies to support the psychological wellbeing, education, career/work, and health of immigrants and other underserved communities. He is an Associate Editor of *Journal of Counseling Psychology* and serves on the Advocacy Coordinating Committee (ACC) of the American Psychological Association.



OLUWAKEMI DAUDA, B.A.

PSYCH

Oluwakemi Dauda, B.A, is a 3rd year Clinical Psychology PsyD student at Rutgers University's Graduate School of Applied and Professional Psychology (GSAPP). Oluwakemi is currently a practicum extern at the International Rescue Committee being supervised by Dr. Monica Indart, Psy.D. Additionally, Oluwakemi serves as a co-leader of GSAPP's Black Graduate Student Association and is a member of the Council of Black Graduates at Rutgers University. During the school year, she co-facilitates a support group for students who were formerly incarcerated and are enrolled in the Mountainview program at Rutgers University at all three campuses; supervised by Dr. Nancy Boyd-Franklin, Ph.D. Oluwakemi is a student member of the Association of Black Psychologists. Her research and clinical interests include acculturation & assimilation, school adjustment, faith-based therapy, and trauma & restoration in Black & Brown communities. Outside of her academic pursuits, she is the Founder & Executive Director of Bringing Hope Back Home, a nonprofit that serves public high school students in her hometown of Detroit, Michigan.



JEREMY LICHTMAN, PsyD

Jeremy Lichtman, PsyD, is a licensed psychologist and director at Central Therapy, as well as a Visiting Clinical Supervisor at the Graduate School of Applied and Professional Psychology of Rutgers, The State University of New Jersey. Dr. Lichtman specializes in Cognitive Behavior Therapy (CBT) for Tourette syndrome, obsessive-compulsive disorders, anxiety, and attention deficit hyperactivity disorders; Prolonged Exposure (PE) for PTSD; and Dialectical Behavior Therapy (DBT) for adolescents with mood disorders, emotional dysregulation, self-injurious behaviors, and suicidality.



ANTHONY ZAZZARINO, PHD, LPC, ACS, CPRP

Dr. Zazzarino is an assistant professor at Rutgers University in the Department of Psychiatric Rehabilitation and Counseling Professions where he is core faculty in the master's program in Rehabilitation Counseling and the doctoral program in Psychiatric Rehabilitation. Additionally, Dr. Zazzarino is the assistant program director for the MS and PhD programs, and the field experience coordinator for the Counselor Education and Supervision track. Dr. Zazzarino has published more than 20 book chapters and peer-reviewed manuscripts and continues to present at local, state, national, and international conferences related to affectional and gender identity; multiculturalism; psychiatric rehabilitation methods; counseling services; substance use disorders; housing; and supervision practices. Dr. Zazzarino continues to deliver clinical services by providing group therapy for adolescents and adults at an intensive outpatient program, outpatient counseling services at his private practice, and clinical supervision for counselors who need supervised clinical hours in New Jersey.



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