



### **Featured Alumna| Dr. Hui Shi Jiang**

**Dr. Hui is a dedicated school psychologist with a distinctive blend of expertise in both psychology and education.**

"I come from a community where we have faced considerable suffering and inequity. Growing up in this environment, it has been my lifelong dream to support my people and help them realize that different ways of living and thriving are possible. I envision myself as a bridge between my culture and the mainstream systems, such as the educational system, where I can help facilitate understanding and communication. My unique position allows me to deeply understand both my cultural heritage and the intricacies of mainstream systems. In pursuit of this mission, I established the 3E Center, which stands for Exceptional Needs, Exceptional Gifts/Talents, and Exceptional Cultural and Linguistic Backgrounds. The 3E Center aims to bridge families and schools, promoting better understanding and collaboration. Through this work, I hope to create a more inclusive and supportive environment for all."



### Pinxuan "Alina" Yu

"Hi there! I'm a rising 4th year student in the school psychology PsyD program. You can see me, my grandpa, and my cousin in the photo for my grandpa's 80th birthday. As an international student from Shenzhen, China, my journey studying psychology really started with a volunteering experience in my hometown's children's hospital, where I was able to see the unmet need for empirically supported mental health assessment and interventions delivered in an empathetic, welcoming way. I have also been so excited to see the rapidly growing awareness of mental health in my home culture, and in light of that, been sharing my personal stories studying psychology and reflecting on different treatment modalities on some Chinese social media platforms. I look forward to continuing fostering my competency as a child-and-family focused clinician and bridging the dissemination gap internationally with my cross-cultural background."



## Sonali Singal

"I'm Sonali Singal, a rising 3rd year student in the Clinical Psychology Psy.D. program. My interest in psychology and mental health began in high school, when I noticed differences in how mental health was spoken about and approached between my white and BIPOC peers. Since then, I have been dedicated to learning more about and reducing the mental health stigma among those of racially/ethnically minoritized communities. It's been exciting to see the growth of mental health awareness in various minoritized communities, but there is still more work to be done. I am excited to use my own personal experience as a South Asian woman and my growing skills as a future clinical psychologist to reach and help those from various backgrounds!"



## Xinyang (Doreen) Teng

"My name is Xinyang (Doreen) Teng, 滕欣阳. I am a second year (soon to be third year, time flies) school psych student. I got into psychology because I found learning psychology as an undergrad student provided me with the tools and mindsets to make sense of the world as well as myself. In the future, I wish to work with adolescents through therapy and assessments.

I grew up in the city of Hangzhou, China. This photo was taken during my visit back home in the summer of 2023. Behind me are the green tea bushes growing on the mountainside, a testament to the rich natural beauty of my hometown. Hangzhou holds a special place in my heart - it nurtured me and played a special role in shaping who I am today. The city is cradled by water, with rivers and lakes weaving through it, creating a landscape that has historically been a sanctuary from warfare and conflict. This tranquility has made Hangzhou a haven for poets and writers, fostering a community of gentle souls who value harmony, authenticity, and resilience. Like the water that flows through the city, the spirit of Hangzhou is tranquil and free-flowing, which I hold true to my heart on the days when I'm far away from home."



### Tamina Daruvala

"My name is Tamina Daruvala, and I am a rising 3rd year in the Clinical PsyD program. I am a first-generation immigrant from India, and I identify as a member of the Parsee-Zoroastrian community. My interest in Psychology began early, with formative experiences navigating familial mental health and straddling differing cultural expectations. These experiences inform my work with racially and socially marginalized groups. I hope to utilize a multidisciplinary approach to promote healing and repair on the individual, community, and systems levels."

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We hope these stories offer us a deeper understanding and appreciation of the diverse journeys and rich cultural backgrounds that continue to enrich our GSAPP community.

Best,  
Asian Students Association