

Sarah C. Weinsztok, Ph.D., BCBAs.weinsztok@rutgers.edu

(904) 240-6170

EDUCATION AND TRAINING

- Ph.D.**, University of Florida May 2021
Department of Psychology, Concentration in Behavior Analysis
Supervisor: Iser G. DeLeon
- Graduate Certificate**, University of Florida May 2020
College of Public Health and Health Professions, Foundations in Public Health
- Master of Science**, University of Florida December 2018
Department of Psychology, Concentration in Behavior Analysis
Supervisor: Iser G. DeLeon
- Bachelor of Science**, University of Florida December 2015
Major in Psychology; Minor in Disabilities in Society
Cum Laude

ACADEMIC APPOINTMENTS

- Assistant Professor**, Rutgers University September 2024-Present
Graduate School of Applied and Professional Psychology
Department of Applied Psychology
- Adjunct Instructor**, University of Kansas August 2022-December 2023
Department of Applied Behavioral Science
- Postdoctoral Researcher**, University of Kansas May 2021-August 2024
Cofrin Logan Center for Addiction Research and Treatment
Supervisor: Michael Amlung

PUBLICATIONS

- Weinsztok, S. C.**, Reed, D. D., Miller, B. P., & Amlung, M. (2023). Adaptation of Commodity Purchase Tasks to Identify Substitutable Substance-Free Alternative Activities for Alcohol Use. *Experimental and Clinical Psychopharmacology*. Advance online publication. <https://doi.org/10.1037/pha0000697>
- Hack, G. O., DeLeon, I. G., Bonner, A. C., **Weinsztok, S. C.**, Dallery, J., & Berry, M. S. (2023). Framing effects on hypothetical use of public transportation: A time cost demand analysis. *Behavior and Social Issues*. Advance online publication. <https://doi.org/10.1007/s42822-023-00142-5>

- Weinsztok, S. C.,** Reed, D. D., & Amlung, M. (2022). Identifying substitute activities for alcohol consumption: A preliminary analysis. *Addiction Research & Theory, 31*(3), 209-219. <https://doi.org/10.1080/16066359.2022.2135704>
- Weinsztok, S. C.,** Reed, D. D., & Amlung, M. (2022). Substance-related cross-commodity purchase tasks: A systematic review. *Psychology of Addictive Behaviors, 37*(1), 72–86. <https://doi.org/10.1037/adb0000851>
- Weinsztok, S. C.,** Goldman, K. J., & DeLeon, I. G. (2022). A systematic review of the parameters of reinforcement implemented during instruction among children with developmental disabilities. *Behavior Analysis in Practice, 16*(1), 76-92. <https://doi.org/10.1007/s40617-022-00715-7>
- Bonner, A. C., **Weinsztok, S. C.,** Fernandez, N., Frank-Crawford, M. A., & DeLeon, I. G. (2022). The effects of reinforcer type on the durability of treatment for escape-maintained problem behavior. *Behavioral Interventions, 37*(3), 594-610. <https://doi.org/10.1002/bin.1876>
- Weinsztok, S. C.,** & DeLeon, I. G. (2022). The mitigating effects of enhanced reinforcer magnitude and quality on treatment degradation. *Journal of Applied Behavior Analysis, 55*(2), 547-571. <https://doi.org/10.1002/jaba.910>
- Weinsztok, S.,** Brassard, S., Balodis, I., Martin, L. E., & Amlung, M. (2021). Delay Discounting in Established and Proposed Behavioral Addictions: A Systematic Review and Meta-Analysis. *Frontiers in Behavioral Neuroscience, 15*. <https://doi.org/10.3389/fnbeh.2021.786358>
- Altman, J., Padilla, C., Merchant, A., Freshwater, K., **Weinsztok, S.,** Clugston, J., Fournier, K., & Edenfield, K. M. (2021). COVID-19 prevalence and presenting symptoms in a college student population: A retrospective chart review. *Journal of American College Health, 71*(5), 1356-1360. <https://doi.org/10.1080/07448481.2021.1926270>
- Goldman, K. J., DeLeon, I. G., Schieber, E., **Weinsztok, S. C.,** & Nicolini, G. (2021). Increasing physical activity and assessing parametrically the effects on stereotypy in children with autism spectrum disorder. *Behavioral Interventions, 36*(4), 867-891. <https://doi.org/10.1002/bin.1812>

PRESENTED RESEARCH

- Weinsztok, S. C.,** Reed, D. D., & Amlung, M. (2023, May 27-29). Identifying Alternative Sources of Reinforcement for Alcohol Use: Preliminary Analysis of Novel Activity Purchase Tasks. In K. Rinna (Chair), *Hypothetical Purchase Tasks and Public Health Concerns: Sleep, Substance-Use, and the Impact of Alternative Reinforcers* [Symposium]. Association for Behavior Analysis International, Denver, CO.
- Weinsztok, S. C.,** Slanzi, C. M., & Cihon, T. M. (2023, May 27-29). Applications of behavior analysis to public health; an opportunity for dissemination. [Panel]. Association for Behavior Analysis International, Denver, CO.

- Weinsztok, S.C.**, Brassard, S., Balodis, I., Martin, L., & Amlung, M. (2022, May 28-30). Delay discounting in established and proposed behavioral addictions: A systematic review. In K. Crosland (Chair), *Recent advances in basic and applied delay discounting* [Symposium]. Association for Behavior Analysis International, Boston, MA.
- Weinsztok, S.C.**, Reed, D. D., & Amlung, M. (2022, May 28-30). *Identifying substitute activities for alcohol consumption: A preliminary analysis* [Poster Session]. Association for Behavior Analysis International, Boston, MA.
- Weinsztok, S.C.**, Dallery, J., & DeLeon, I.G. (2022, May 28-30). *Discounting health outcomes: A response to COVID-19* [Poster Session]. Association for Behavior Analysis International, Boston, MA.
- Hack, G., DeLeon, I. G., Bonner, A. C., & **Weinsztok, S.** (2022, May 28-30). The effects of framing on discounting of pro-environmental transportation choices. In M. Berry (Chair), *The broad utility of behavioral economics: Novel applications for sustainability, health, and industry* [Symposium]. Association for Behavior Analysis International, Boston, MA.
- Hack, G., DeLeon, I. G., Bonner, A. C., & **Weinsztok, S.** (2021, September 28-October 2). The effects of framing on discounting of pro-environmental outcomes. In I. G. DeLeon (Chair), *Behavior analysis in environmental preservation and climate change* [Symposium]. Florida Association for Behavior Analysis, Miami, FL.
- Weinsztok, S. C.**, DeLeon, I. G., & Goldman, K. (2019, September 19-21). Substitutability of healthier alternatives for edible reinforcers in children with ASD. In N. Fernandez (Chair), *Stimulus-stimulus relations in preference and acquisition contexts and their implications for practice* [Symposium]. Florida Association for Behavior Analysis, Ponte Vedra Beach, FL
- Bonner, A. C., DeLeon, I. G., **Weinsztok, S. C.**, & Frank-Crawford, M. A. (2019, May 25-27). Comparing effectiveness of distributed, accumulated, and negative reinforcement in the treatment of escape-maintained problem behavior. In N. Fernandez (Chair), *Accumulated and distributed reinforcement arrangements: Further comparisons in multiple contexts* [Symposium]. Association for Behavior Analysis International, Chicago, IL.
- Weinsztok, S. C.**, Goldman, K. J., & DeLeon, I. G. (2019, May 25-27). *The predictive utility of preference rank on substitutability of preferred foods by healthier alternatives.* [Poster Session]. Association for Behavior Analysis International, Chicago, IL.
- Weinsztok, S. C.**, DeLeon, I. G., & Laureano, B. (2018, September 12-15). Mitigating effects of reinforcer magnitude and reinforcer quality on treatment degradation: A translational approach. In I. DeLeon (Chair), *Towards enhancing the effects of differential reinforcement on problem behavior: Translational investigations.* [Symposium]. Florida Association for Behavior Analysis, Bonita Springs, FL.
- Bonner, A., DeLeon, I., **Weinsztok, S.**, Frank-Crawford, M., Castillo, M., & Clark, D. (2018, September 12-15). Effects of reinforcer type on durability of treatment for escape-maintained problem behavior. In V. Ibanez (Chair), *Assessment and treatment of problem behavior* [Symposium]. Florida Association for Behavior Analysis, Bonita Springs, FL
- Goldman, K., DeLeon, I., **Weinsztok, S.**, Schieber, E., & Nicolini, G. (2018, September 12-15). Parametric analysis of the effects of physical activity on stereotypy and academic engagement. In K. Sloman (Chair), *Advancements in the treatment of stereotypy* [Symposium]. Florida Association for Behavior Analysis, Bonita Springs, FL
- Weinsztok, S. C.**, DeLeon, I. G., and Laureano, B. (2018, May 26-28). Mitigating effects of reinforcer magnitude and reinforcer quality on treatment degradation: A translational approach. In A. Fuhrman (Chair), *Recent translational research informing treatments for problem behavior* [Symposium]. Association for Behavior Analysis: International, San Diego, CA.

- Weinsztok, S. C.**, DeLeon, I. G., and Laureano, B. (2017, October 19-21). *Mitigating effects of reinforcer magnitude and reinforcer quality on treatment degradation: A translational approach* [Poster Session]. Southeastern Association of Behavior Analysis, Savannah, GA.
- Goldman, K. J., DeLeon, I. G., **Weinsztok, S. C.**, and Nicolini, G. (2017, October 19-21). *A parametric analysis on the effects of physical activity on stereotypy and academic engagement* [Poster Session]. Southeastern Association of Behavior Analysis, Savannah, GA.
- Goldman, K. J., DeLeon, I. G., **Weinsztok, S. C.**, and Nicolini, G. (2017, May 27-29). *A parametric analysis on the effects of physical activity on stereotypy and academic engagement* [Poster Session]. Association for Behavior Analysis: International, Denver, CO.

GRANTS AWARDED

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| National Institute of Health, Frontiers CTSI TL1 Postdoctoral Training Program
<i>Direct research costs: \$12,200/year for 2 years</i> | Awarded July 1, 2023 |
| Society for the Experimental Analysis of Behavior Translational Research Grant
Study Funded: <i>Discounting Health Outcomes: A Response to COVID-19</i>
<i>Amount: \$5000</i> | Awarded May 2020 |
| Society for the Advancement of Behavior Analysis Innovative Student Research Grant
<i>Doctoral Dissertation Grant</i>
<i>Amount: \$3000</i> | Awarded May 2019 |
| University of Florida Trish Ring Travel Grant | Awarded May 2019 |
| University of Florida Trish Ring and Jacquelin Goldman Travel Grant | Awarded September 2018 |
| University of Florida Jacquelin Goldman Travel Grant | Awarded May 2018 |

TEACHING QUALIFICATIONS

Graduate Courses

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| Adjunct Instructor, University of Kansas | August 2022- Present |
| <i>ABSC746: Introduction to Behavior Analysis</i>
University of Kansas Applied Behavioral Science doctoral program | Fall 2023 |
| <i>ABSC850: Principles of Behavior Analysis</i>
University of Kansas Master of Arts in Applied Behavioral Science program | Spring 2023 |
| <i>ABSC850: Principles of Behavior Analysis</i>
University of Kansas Master of Arts in Applied Behavioral Science program | Fall 2022 |

Undergraduate Courses**Instructor, University of Florida**

PSY2012: General Psychology Fall 2020
University of Florida

PSY2012: General Psychology Spring 2019
University of Florida

Graduate Teaching Assistant, University of Florida

EAB4714C: Laboratory in Applied Behavior Analysis Spring 2021
University of Florida
Instructor: Iser DeLeon, PhD

EAB3002: Principles of Behavior Analysis Summer 2019
University of Florida
Instructor: Jesse Dallery, PhD

DEP3053: Developmental Psychology Fall 2018
University of Florida
Instructor: Feihong Wang, PhD

PSY4625: Psychology of Pseudoscience Spring 2018
University of Florida
Instructor: Lawton Swan, PhD

PSY2012: General Psychology Fall 2017
University of Florida
Instructor: Marina Klimenko, PhD

Guest Lectures

A Behavioral Economic Analysis of Alternative Reinforcement
Department of Applied Behavioral Science Professional Seminar
University of Kansas

Behavioral Addictions
ABSC360: Drugs, Addiction, and Behavior
University of Kansas
Instructor: Michael Amlung, PhD

Special Topics: Social Loafing and Group Contingencies
EAB4714C: Laboratory in Applied Behavior Analysis
University of Florida

Instructor: Iser DeLeon, PhD

Special Topics: Temporal and Probability Discounting of Health Outcomes

EAB4714C: Laboratory in Applied Behavior Analysis

University of Florida

Instructor: Iser DeLeon, PhD

Stimulus Control and Generalization

EAB3764: Applied Behavior Analysis

University of Florida

Instructor: Andrew Bonner, MS

Stimulus Control and Generalization

EAB3764: Applied Behavior Analysis

University of Florida

Instructor: Nathalie Fernandez, MS

Special Topics: Assessment and Treatment of Problem Behavior

EAB4714C: Laboratory in Applied Behavior Analysis

University of Florida

Instructor: Iser DeLeon, PhD

Special Topics: Substitutability of Healthier Food Alternatives

EAB4714C: Laboratory in Applied Behavior Analysis

University of Florida

Instructor: Iser DeLeon, PhD

Differential Reinforcement

EAB3764: Applied Behavior Analysis

University of Florida

Instructor: Iser DeLeon, PhD

ORGANIZATIONAL ACTIVITIES

Editorial Board Member

Behavior and Social Issues

January 2024-Present

Guest Editor

Behavior and Social Issues: Special Issue on Public Health

Ad hoc reviewer

Journal of the Experimental Analysis of Behavior

Addictive Behaviors

Behavior Analysis in Practice

The American Journal on Addiction

Journal of Applied Behavior Analysis
Experimental and Clinical Psychopharmacology
Behavioral Development

SESSION AND SYMPOSIUM CHAIR AT PROFESSIONAL MEETINGS

Chair, Sports, Health, & Fitness: Motivating Physical Activity. (2019). Symposium presented at the annual meeting of the Florida Association for Behavior Analysis, Ponte Vedra Beach, FL

LEADERSHIP AND SERVICE

Committee Member, Diversity, Equity, Inclusion, and Belonging Committee March 2022 - Present
 Lifespan Institute, University of Kansas

Secretary, Diversity Awareness and Affirmation Committee (DAAC) February 2020- August 2020

Wellness Committee Chair, DAAC October 2020 -April 2021

Project Lead and Assistant, UF Student Health Care Center Research Office August 2019-April 2021

UF Campus Coalition Teach-In Panelist February 6, 2019
The Status of Mental Health of Graduate Students

Mental Health Committee Co-Chair, Graduate Assistants United August 2018-January 2020
 University of Florida

Mentor, "I Gotcha Back" High School Mentorship Program August 2013-May 2014
 Eastside High School, Gainesville

Committee Member, Persons with Disabilities Committee January 2013-January 2014
 University of Florida
 Committee Coordinator: Ken Osfield, Ed. D.

CERTIFICATIONS

Board Certified Behavior Analyst® (# 1-22-62175) 2022-Present
Behavior Analyst Certification Board

AFFILIATIONS/MEMBERSHIPS

Member, UF Center for Behavioral Economic Health Research (CBEHR) March 2020-Present
 Member, American Psychological Association of Graduate Students (APAGS) September 2019-May 2021
 Member, UF Psychology Diversity Affirmation and Awareness Committee (DAAC) January 2019-May 2021
 Member, Florida Association for Behavior Analysis August 2018-September 2020
 Member, Association for Behavior Analysis International August 2016-Present

Member, Southeastern Association for Behavior Analysis

August 2016-August 2017

AWARDS

Psychology Department Graduate Fellowship
Florida Bright Futures Academic Scholars Award
University of Florida Dean's List
College of Liberal Arts and Sciences Anderson Scholar

Awarded August 2016-May 2021
Awarded August 2012-January 2016
Awarded August 2012- December 2016
Awarded May 2014-December 2016

RELEVANT COURSEWORK

Behavior Analysis Coursework

Research Ethics in Behavior Analysis
Theory of Behavior Analysis
Strategies and Tactics
Verbal Behavior
Survey of Behavior Analysis
Organizational Behavior Management
Experimental Psychopathology
Applied Behavior Analysis

Statistics Coursework

Statistics for Researchers
Introduction to Biostatistics
Quantitative Methods

Public Health Coursework

Women's Health Issues
Environmental Health Concepts
Introduction to the US Health Care System
Principles of Epidemiology in Public Health
Psychological, Behavioral, and Social Issues in Public Health