



Psychopathology
18:844 508 1 20732 Spring 2021
3 Credits
Rutgers, GSAPP
Instructor: Deirdre Waters, PsyD
dw585@rutgers.edu
Class: Mondays 3:35p-605p (remote)

Course Objectives:

This course examines adult psychopathology by identifying behaviors (cognitive, emotional, physiological responses and observable behaviors) related to substance misuse, mood disorders, psychosis, and personality and anxiety disorders. Students will be taught how to utilize both the DSM and ICD classification systems for assessment and treatment in clinical practice. By the end of this course, students should be able to understand and describe major mental health diagnoses (diagnostic criteria, symptoms, course, incidence, prevalence, etiology, prognosis, and correlates) and understand the biological, social, learning, and developmental influences on psychopathology with an empathetic viewpoint and comprehension of resiliency and recovery.

Course Description:

Through readings, lectures, group exercises, videos, assignments, and reflective writing statements, students will study human behavior throughout the lifespan in regards to psychopathological processes. Active participation is required and expected.

Readings:

1. American Psychiatric Association (2013). *Diagnostic and Statistical Manual of Mental Disorders: 5th Edition*. Washington DC: American Psychiatric Association. The online version is available through the library homepage, click "books and media" in the search function. Use the drop down menu to select 'title' and enter Diagnostic and Statistical Manual and click on DSM 5. The reference you get includes an online link to the document through Psychiatry Online. If you are off campus, you will be asked to login with your ID and password. <http://www.libraries.rutgers.edu/>
2. World Health Organization. (1992). The ICD-10 classification of mental and behavioural disorders: Clinical descriptions and diagnostic guidelines. Geneva: World Health Organization. Posted in Canvas.
3. Recommended Text: Sue, D., Sue, D. W., Sue, D., & Sue, S. (2015). *Understanding abnormal behavior* (11th ed.). Stamford, CT: Cengage Learning.
4. Readings/Articles will be posted each week on Canvas. Please read prior to class noting that students are expected to be active and engaged participants.

Methods of Evaluation: (100 point system)

Class Participation: 25 points (earned by attendance, evidence of participation, completion of in class assignments, informative contributions to class)

Power Point Presentation: 35 points (rubric posted on Canvas)

Memoir Paper: 20 points (assignment posted on Canvas)

Diagnostic Quiz: 20 Points

Grading:

A	90-100
B+	87-89
B	80-86
C	70-79
F	0-69

Date	Topic	Reading	Events/Assignments Due
Week 1: 1/25	Introductions Abnormal Behavior in Historical Context	Syllabus Assignments	Reflective Statement on Adult Psychopathology
Week 2: 2/01	An Integrative Approach to Psychopathology	Material posted on canvas Text Chapter 2	
Week 3: 2/08	Clinical Assessment and Diagnosis, Assessing and diagnosing diverse populations	ICD 10 DSM-V Text Chapter 3	
Week 4: 2/15	Anxiety and Obsessive- Compulsive and Related Disorders	Reading material posted on canvas Text Chapter 5	Power Point Presentations Begin
Week 5: 2/22	Trauma and Stress Related Disorders, PTSD	Reading material posted on canvas Text Chapter 5 continued	Memoir Assignment Submissions Begin
Week 6: 3/01	Substance Use Disorders	Reading material posted on canvas Text Chapter 9	
Week 7: 3/08	Mood Disorders and Suicide	Reading material posted on canvas Text Chapters 11/12	

Week 8: 3/15	Diagnostic Quiz		
Week 9: 3/22	Spring Break		
Week 10: 3/29	Somatic Symptom and Related Disorders and Dissociative Disorders	Reading material posted on canvas Text Chapter 6	
Week 11: 4/05	Eating and Sleep-Wake Disorders Substance-Related, Addictive, and Impulse-Control Disorders	Reading material posted on canvas Text Chapter 16 and 8	
Week 12: 4/12	Personality Disorders	Reading material posted on canvas Text Chapter 8	
Week 13: 4/19	Schizophrenia Spectrum and Other Psychotic Disorders	Reading material posted on canvas Text Chapter 13	
Week 14: 4/26	Neurodevelopmental Disorders; Neurocognitive Disorders	Reading material posted on canvas Text Chapter 14	Power Point Presentations End Last week to submit Memoir assignment
Week 15: 05/03	Mental Health Services: Legal and Ethical Issues; Wrap Up	Reading material posted on canvas Text Chapter 18	

Additional Course Information:

1. **Email communication phone access:** Email is the best way to contact the instructor (dw585@rutgers.edu) Typically, I will respond to your emails within 48 hours. If you did not receive a response within this time frame, please resend your message. **In cases of emergency only**, students can contact me by phone (732-581-4657). Calls will be returned as soon as possible. In addition, Canvas tools will be used for communication throughout the semester.
2. **Personal disclosures:** It is recommended that you do not discuss personal histories when discussing thoughts and reactions to the material presented. In the event that anyone feels particularly distressed by anything discussed/assigned, I am requesting that you make this known to me. You can call me or contact me by e-mail. If necessary, I can make referrals for further services. However, if personal issues are accidentally revealed, it is expected that members of the class will maintain confidentiality.

3. **Reasonable Accommodation:**

GSAPP is firmly committed to reasonable accommodation of disability-related needs. Students entitled to this accommodation are encouraged to request assistance from the Office of Disability Services, and to provide the department, and instructors, with paperwork and communication from that office. See: <https://ods.rutgers.edu/>

4. **Academic Integrity:**

All GSAPP students are responsible for knowing, and conforming to, principles of academic integrity, as specified in: <http://academicintegrity.rutgers.edu/academic-integrity-policy/>

5. **Writing Assistance:**

The university provides resources for students who feel they need assistance in improving their writing. It is your responsibility to make use of this help, should you need it. You can contact: Shawn Taylor, Ed.D. College Avenue Learning Center Academic Building, Room 1247 15 Seminary Place 848-932-1662 sktaylor@rutgers.edu

6. **Classroom Etiquette:**

Please refrain from using electronic devices for non-class related material during class as it is distracting and inconsiderate of other students and the instructor. Please do not arrive late to class or disrupt the class as it is distracting and inconsiderate of other students and the instructor.