

CYSEW Fall Mental Health Equity Series

6 CE Credits Available (2 per session). Registration: \$50 per session.

School-based clinicians - \$75 for all three presentations (6 CEs). Use code "INVITE" Trainees attend for free! Use code "TRAINEES"

Register Here



Cultivating Resilience, Creating Resistance: Black Youth & Family Psychosocial Health

Friday, October 21 10 am – 12:15 pm EST

Black children and teenagers are exposed to myriad of adversities, particularly those that emanate from the legacy of racism in this country. Yet, despite deficit-oriented narratives concerning them, Black youth—and their families—have continued to demonstrate remarkable psychosocial resilience. In this session, you will learn how to cultivate resilience by drawing upon racial-ethnic protective factors (REPFs) within Black families, including racial socialization and racial identity.

Shawn C.T. Jones, PhD, MHS, LCP



An Pham, MD



Hana-May Eadeh, MA

Addressing the Health and Well-Being of Transgender and Gender Diverse Youth

Friday, October 28 10 am – 12:15 pm EST

This session will focus on the unique mental and physical health care needs that transgender, nonbinary, gender-fluid, and other gender diverse youth have. Templates for writing letters of support for genderaffirming medications and example semi-structured clinical interviews will be provided.



Milton Fuentes, PhD

Applying APA's Multicultural Guidelines to Latinx Children and Families: Implications for Clinical Practice

Friday, November 4 10 am – 12:15 pm EST

In 2017, APA released the second iteration of the multicultural guidelines, titled Multicultural Guidelines: An Ecological Approach to Context, Identity, and Intersectionality. This workshop will include both didactic and experiential aspects, allowing for consideration of how the guidelines can be best utilized within professional practice with Latinx children, families, and communities.

Presented by the *Center for Youth Social Emotional Wellness (CYSEW)*, whose mission is to promote youth mental health equity; defined as the right to access quality mental health care regardless of the individual's race, ethnicity, linguistic literacy/profici ency, gender, socioeconomic status, sexual orientation, disability status, or geographical location.

Continuing Education Credits offered through the <u>Office of Professional Development and Continuing Education (OPDCE)</u>, a division of Rutgers Graduate School of Applied Professional Psychology (GSAPP).