



RUTGERS-NEW BRUNSWICK
Center for Youth
Social Emotional Wellness
Graduate School of Applied and Professional Psychology

Global Mental Health for Youth and Families

— November 2–6, 2026 | All talks 12 p.m.–1 p.m. ET —



All talks are virtual



Free to the public • CE credits for a fee

MON
11/2

Dr. Louis Sass

Distinguished Professor, Department of Clinical Psychology,
Rutgers Graduate School of Applied and Professional Psychology
*Mental Illness and the Soul: Reflections on Traditional
Healing in Indigenous Mexico*



TUE
11/3

Dr. Kim Baranowski

Associate Director, Mount Sinai Human Rights Program
*Experiences of Young People Seeking Asylum in the
United States: Challenges, Supports, and Recommendations
for Advocacy*



WED
11/4

Dr. Monica Indart

Clinical Supervisor, International Rescue Committee
Visiting Professor, Rutgers University
*Why Mattering Matters: Promoting Well-Being in Migrant
Communities*



THU
11/5

Dr. Sita Patel

Professor of Clinical Psychology and Director of Culture,
Community & Global Mental Health Research Group,
Palo Alto University
*Addressing Gaps in Mental Health Infrastructure within Low Resource / High
Conflict Settings: Task Shifting and Program Evaluation in Sub-Saharan Africa*



FRI
11/6

Dr. Rafael Pérez-Figueroa

Associate Dean for Community Engagement, Population Health,
and Global Public Health; Rutgers School of Public Health
*The Role of Community Health Workers in Addressing Health
Inequities and Promoting Mental Health Among Latino Communities
in New Brunswick, New Jersey*



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