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Sent: Friday, March 27, 2020 6:04 PM
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Subject: CSP update

Hello again CSP students & families,

I have attached our updated COVID-19 management plan for CSP. The most important updates are from Residence Life. We also added some information about CAPS if you are connected to someone there. Please review the updated information and let me know if you have any questions, or if there is any way we can help support you during this time.

We are almost through the first week back with remote learning! We will get through the rest of the semester together. Stay safe, healthy, and optimistic!

As always, please do not hesitate to reach out if there is anything I can do to support you!

Courtney

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CRISIS RESOURCES:

*CAPS: (M - F, 8:30 AM - 5:00 PM) (848) 932-7884 and ask to speak to the on-call counselor
Acute Psychiatric Services (APS): (855) 515-5700 After hours or weekends for the New Brunswick/Piscataway area only; available 365/24/7
NJ Hopeline: (855) 654-6735 This service can be reached within NJ; available 365/24/7
National Suicide Prevention Lifeline (NSPL): 1-800-273-TALK (8255) This service can be reached from anywhere in the country; available 365/24/7
Get support via text by texting "KNIGHTS" to 741741 – available 24/7*

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