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Sent: Friday, April 10, 2020 5:53 PM
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Subject: CSP Update and Virtual Social

Good afternoon CSP students and families,

Happy Friday! As usual, I have attached our updated CSP Management Plan. We compiled all of the feedback from the survey about a potential virtual social event and we will now be hosting *weekly* Trivia/Game Nights each Monday from 7-9 PM. All students will receive another email with the flyer for these Monday events with more specific instructions on joining the WebEx.

Please let me know if you have any questions about these updates or CSP in general.

Have a wonderful weekend and a Happy Holiday for those observing and celebrating!

Courtney

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CRISIS RESOURCES:

CAPS: (M - F, 8:30 AM - 5:00 PM) (848) 932-7884 and ask to speak to the on-call counselor

Acute Psychiatric Services (APS): (855) 515-5700 After hours or weekends for the New Brunswick/Piscataway area only; available 365/24/7

NJ Hopeline: (855) 654-6735 This service can be reached within NJ; available 365/24/7

National Suicide Prevention Lifeline (NSPL): 1-800-273-TALK (8255) This service can be reached from anywhere in the country; available 365/24/7

Get support via text by texting "KNIGHTS" to 741741 – available 24/7

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