

Hi, CSP Students and Families,

The updated Management Plan is attached. There are a few important updates I also wanted to highlight below:

- Rutgers Day is going to be held virtually this year. For details, please visit: <https://rutgersday.rutgers.edu/>
- SAS is hosting a Career (and life) Readiness Week, this upcoming week (see attached document).
- RCAAS Newsletter: families should have received the first newsletter on Wednesday (4/22). If you did not receive it or wish to be removed from the distribution list, please let me know.
- The Learning Centers are hosting a Finals Prep Workshop (see attached document), which all students are encouraged to sign up for and attend. For more information visit: <https://rlc.rutgers.edu/events/finals-prep-spring-2020>

Please let me know if you have any questions about these updates.

Enjoy your weekend!

Courtney

**Courtney Butler, M.S., BCBA**

Program Coordinator, College Support Program  
Rutgers Center for Adult Autism Services  
Graduate School of Applied & Professional Psychology  
Rutgers, The State University of New Jersey– New Brunswick

[gsapp.rutgers.edu/csp](https://gsapp.rutgers.edu/csp)

[Courtney.Butler@rutgers.edu](mailto:Courtney.Butler@rutgers.edu)

CRISIS RESOURCES:

*CAPS: (M - F, 8:30 AM - 5:00 PM) (848) 932-7884 and ask to speak to the on-call counselor*

*Acute Psychiatric Services (APS): (855) 515-5700 After hours or weekends for the New Brunswick/Piscataway area only; available 365/24/7*

*NJ Hopeline: (855) 654-6735 This service can be reached within NJ; available 365/24/7*

*National Suicide Prevention Lifeline (NSPL): 1-800-273-TALK (8255) This service can be reached from anywhere in the country; available 365/24/7*

*Get support via text by texting "KNIGHTS" to 741741 – available 24/7*

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