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CURRENT POSITIONS

- 2014 - Associate Professor, Graduate School of Applied and Professional Psychology, Rutgers University, New Brunswick, NJ
- 2015- Clinical Associate Professor, Department of Psychiatry, Rutgers Robert Wood Johnson Medical School, New Brunswick, NJ
- 2011- Member of the Graduate School Faculty, Department of Psychology, Rutgers University
- 2010- Director, Dialectical Behavior Therapy Clinic at Rutgers University (DBT-RU)

PREVIOUS POSITIONS

- 2009 - 14 Assistant Professor, Graduate School of Applied and Professional Psychology, Rutgers University, New Brunswick, NJ
- 2006 - 09 Assistant Professor, New School for Social Research, New York, NY

EDUCATION

- 2004-06 NIMH Postdoctoral Fellowship, National Center for PTSD, Boston, MA
- 2004 Ph.D., University of Washington, Seattle, WA: Clinical Psychology
Dissertation Title: *Treatment of Shame in Borderline Personality Disorder*
Dissertation Advisor: Marsha M. Linehan, Ph.D., ABPP
- 2001 M.S., University of Washington, Seattle, WA: Clinical Psychology
- 1996 B.A., Wesleyan University, Middletown, CT: Psychology

LICENSURE AND CERTIFICATIONS

Licensed New York State Psychologist
Licensed New Jersey State Psychologist

Board Certified in Behavioral and Cognitive Psychology, American Board of Professional Psychology

Board Certified Clinician, Dialectical Behavior Therapy-Linehan Board of Certification

HONORS AND AWARDS

- 2017 Spotlight on a Mentor Award, Association for Behavioral and Cognitive Therapies
- 2014 Rutgers University Presidential Fellowship for Teaching Excellence
- 2006-08 Recipient, NIH Extramural Loan Repayment Program for Clinical Research
- 2002 Society for a Science of Clinical Psychology, Dissertation Grant Award
- 2002 University of Washington, Department of Psychology, Dissertation Research Award
- 2002 Society for Psychotherapy Research, Student Travel Award
- 1996 Graduated with High Honors from Wesleyan University
- 1996 Holzberg Fellowship, Wesleyan University

GRANTS

- 2/18 – 6/18 Co-Investigator, GSAPP Collaborative Initiative Grant.
“Trauma Related Neurobiological Predictors of Adverse Child Outcomes: Secondary Analysis of the Health Brain Network Database.” (\$9,316)
- 2/13 – 1/15 Principal Investigator, American Foundation for Suicide Prevention, Standard Research Grant. “Feasibility and Efficacy of a DBT Skills ‘App’ for Suicidal Individuals with BPD.” (\$72,040)
- 7/12 – 6/13 Principal Investigator, Rutgers University Faculty Research Grant Award.
“Internet-Enhanced Treatment (DBT-SR) for Youth School Refusal.” (\$16,305)
- 7/10 – 5/11 Principal Investigator, Rutgers University Research Council Grant Award.
“Component Analysis of Dialectical Behavior Therapy Skills Training.” (\$1,645)
- 4/09 – 3/10 Co-Principal Investigator, National Institute of Drug Abuse (SBIR Phase I Grant: 1R43DA026244-01). “Utilizing Mobile Technology for DBT Skills Generalization with BPD-SUD Clients.” (\$1,276,025)
- 7/02 – 12/03 Principal Investigator; National Institute of Mental Health (National Research Service Award, Individual Pre-Doctoral Fellowship: 1F31 MH065758-01).
“Treatment of Shame in Borderline Personality Disorder.” (\$26,963)

PROFESSIONAL AFFILIATIONS

- Association for Behavioral and Cognitive Therapies – Full Member
Elected Representative-at-Large, 2018-2021
Coordinator, Academic and Professional Issues, 2014 - 2017
Chair, Awards and Recognition Committee, 2011 - 2014

Member, Inter-organizational Task Force on Doctoral Psychology Training in CBT, 2011
Member, Awards Committee, 2008 - 2014
Member, Program Committee, 2005 - 2015

Association for Psychological Science – Full Member

International Society for the Improvement and Teaching of DBT
President of the Board, 2011 – present
Program Chair, 2010-2011
Member, Program Committee, 2008-2009

New York City Cognitive Behavioral Therapy Association
Founding Fellow

Society for a Science of Clinical Psychology – Full Member
Member, Committee on Science in Practice, 2014 – present

American Psychological Association – Full Member
Division 12, Society of Clinical Psychology – Full Member

ASSOCIATE EDITOR

British Journal of Clinical Psychology (2018 -)

EDITORIAL BOARD

Cognitive and Behavioral Practice (2013 -)
Recognized as Distinguished Reviewer, 2014

Behavior Therapy (2011 - 2013)

AD HOC REVIEWER

Archives of Suicide Research
Behaviour Research and Therapy
Clinical Case Studies
Clinical Child and Family Psychology Review
Cognitive Therapy and Research
International Journal of Eating Disorders
Journal of Cognitive Psychotherapy
Journal of Consulting and Clinical Psychology
Journal of Social and Clinical Psychology
Journal of Traumatic Stress
Personality Disorders: Theory, Research, and Treatment
Psychological Trauma: Theory, Research, Practice, and Policy
Suicide and Life-Threatening Behavior

PEER-REVIEWED PUBLICATIONS (* denotes student author)

Oliveira, P.N.,* & Rizvi, S.L. (in press). Phone coaching in Dialectical Behavior Therapy:
Frequency and relationship to client variables. *Cognitive Behaviour Therapy*.

- Rizvi, S.L.**, & Sayrs, J.H.R. (in press). Assessment-driven case formulation and treatment planning in Dialectical Behavior Therapy: Using principles to guide effective treatment. *Cognitive and Behavioral Practice*.
- Carson-Wong, A.* , Hughes, C.D.* , & **Rizvi, S. L.** (in press). The effect of therapist use of validation strategies on change in client emotion in individual DBT treatment sessions. *Personality Disorders: Theory, Research, and Treatment*.
- Rizvi, S.L.**, Hughes, C.D.* , Hittman, A.D.* , & Vieira Oliveira, P.* (2017). Can trainees effectively deliver Dialectical Behavior Therapy for individuals with borderline personality disorder? Outcomes from a training clinic. *Journal of Clinical Psychology*, 73, 1599-1611.
- Rizvi, S.L.**, Hughes, C.D.* , & Thomas, M.C.* (2016). The DBT Coach mobile application as an adjunct to treatment for suicidal and self-injuring individuals with borderline personality disorder: A preliminary evaluation and challenges to client utilization. *Psychological Services*, 13, 380-388.
- Carson-Wong, A.* , & **Rizvi, S. L.** (2016). Reliability and validity of the DBT-VLCS: A measure to code validation strategies in Dialectical Behavior Therapy sessions. *Psychotherapy Research*, 26, 332-341.
- Hiller, A.* , Springer, C., Misurell, J., Kranzler, A., & **Rizvi, S.L.** (2016). Predictors of treatment outcome for a game-based cognitive behavioral group treatment for children who have been sexually abused. *Child Abuse Review*, 25, 102-114.
- Rizvi, S.L.**, Yu, J.* , Geisser, S.* , & Finnegan, D. (2016). The use of “bug-in-the-eye” live supervision for training in Dialectical Behavior Therapy: A case study. *Clinical Case Studies*, 15, 243-258.
- Chu, B.C., **Rizvi, S.L.**, Zendegui, E.A.* , & Bonavitacola, L.* (2015). Dialectical behavior therapy for school refusal: Treatment development and incorporation of web-based coaching. *Cognitive and Behavioral Practice*, 22, 317-330.
- Rizvi, S.L.**, & Steffel, L.M.* (2014). A pilot study of two brief forms of DBT skills training for emotion dysregulation in college students. *Journal of American College Health*, 62, 434-439.
- Rizvi, S.L.**, & Ritschel, L.A. (2014). Mastering the art of chain analysis in Dialectical Behavior Therapy. *Cognitive and Behavioral Practice*, 21, 335-349.
- Geisser, S.* , & Rizvi, S.L. (2014). The case of “Sonia” through the lens of Dialectical Behavior Therapy. *Pragmatic Case Studies in Psychotherapy*, 10, 30-39.
- Neacsiu, A.D., Lungu, A., Harned, M.S., **Rizvi, S.L.**, & Linehan, M.M. (2014). Impact of Dialectical Behavior Therapy versus Community Treatment by Experts on emotional experience, expression, and acceptance in borderline personality disorder. *Behaviour Research and Therapy*, 53, 47-54.
- Selby, E. A., Franklin, J., Carson-Wong, A.* , & **Rizvi, S. L.** (2013). Instability of rumination and negative affect in real-time reports of self-injury. *Journal of Clinical Psychology*, 69, 1213-1227.
- Rizvi, S.L.**, & Harned, M.S. (2013). Increasing treatment efficiency and effectiveness: Rethinking approaches to assessing and treating comorbid disorders. *Clinical Psychology: Science and Practice*, 20, 285-290.
- Rizvi, S.L.** (2013). When insurance companies and clinicians pay attention to data, everybody wins: A commentary on Koons, O'Rourke, Carter, and Erhardt. *Cognitive and Behavioral Practice*, 20, 325-327.

- Rizvi, S.L.**, Steffel, L.M.*, Carson Wong, A.* (2013). An overview of Dialectical Behavior Therapy for professional psychologists. *Professional Psychology: Research and Practice*, 44, 73-80.
- Klepac, R. K., Ronan, G. F., Andrasik, F., Arnold, K., Belar, C., Berry, S., Christoff, K., Craighead, L. W., Dougher, M. J., Dowd, E. T., Herbert, J., McFarr, L., **Rizvi, S.L.**, Sauer, E. M. & Strauman, T. J. (2012). Guidelines for Cognitive Behavioral Training within Doctoral Psychology Programs in the United States of America: Report of The Inter-Organizational Task Force on Cognitive and Behavioral Psychology Doctoral Education. *Behavior Therapy*, 43, 687-697.
- Rizvi, S.L.**, Dimeff, L.A., Skutch, J., Carroll, D., & Linehan, M.M. (2011). A pilot study of the DBT Coach: An interactive mobile phone application for individuals with borderline personality disorder and substance use disorder. *Behavior Therapy*, 42, 589-600.
- Dimeff, L.A., **Rizvi, S.L.**, Contreras, I.S., Skutch, J.M., & Carroll, D. (2011). The mobile revolution and the DBT Coach. *the Behavior Therapist*, 34, 104-110.
- Rizvi, S.L.** (2011). Treatment failure in Dialectical Behavior Therapy. *Cognitive and Behavioral Practice*, 18, 403-412.
- Harned, M. S., **Rizvi, S. L.**, & Linehan, M. M. (2011). Response to Nepon et al. letter. *American Journal of Psychiatry*, 168, 328-329.
- Harned, M.S., **Rizvi, S.L.**, & Linehan, M.M. (2010). The impact of co-occurring posttraumatic stress disorder on suicidal women with borderline personality disorder. *American Journal of Psychiatry*, 167, 1210-1217.
- Rizvi, S.L.** (2010). Development and preliminary validation of a new measure to assess shame: The Shame Inventory. *Journal of Psychopathology and Behavioral Assessment*, 32, 438-447.
- Neacsiu, A.D., **Rizvi, S.L.**, & Linehan, M.M. (2010). Dialectical Behavior Therapy skills use as a mediator and outcome of treatment for borderline personality disorder. *Behaviour Research and Therapy*, 48, 832-839.
- Kwan, B.M., Dimidjian, S., & **Rizvi, S.L.** (2010). Treatment preference, engagement, and clinical improvement in pharmacotherapy versus psychotherapy for depression. *Behaviour Research and Therapy*, 48, 799-804.
- Neacsiu, A.D., **Rizvi, S.L.**, Vitaliano, P.P., Lynch, T.R., & Linehan, M.M. (2010). The Dialectical Behavior Therapy Ways of Coping Checklist (DBT-WCCL): Development and psychometric properties. *Journal of Clinical Psychology*, 66, 1-20.
- Kelly, K.A., **Rizvi, S.L.**, Monson, C.M., & Resick, P.A. (2009). The impact of sudden gains in cognitive behavioral therapy for posttraumatic stress disorder. *Journal of Traumatic Stress*, 22, 287-293.
- Rizvi, S.L.**, Vogt, D.S., & Resick, P.A. (2009). Cognitive and affective predictors of treatment outcome in cognitive processing therapy and prolonged exposure for posttraumatic stress disorder. *Behaviour Research and Therapy*, 47, 737-743.
- Rizvi, S.L.**, & Nock, M.K. (2008). Single-case experimental designs for the evaluation of treatments for self-injurious and suicidal behaviors. *Suicide and Life-Threatening Behavior*, 38, 498-510.
- Rizvi, S.L.** (2008). Applications of Dialectical Behavior Therapy in crisis situations. *Psychiatric Issues in Emergency Care Settings*, 7, 25-27.
- Dobson, K.S., Hollon, S.D., Dimidjian, S., Schmalting, K.B., Kohlenberg, R.J., Gallop, R., **Rizvi, S.L.**, Gollan, J.K., Dunner, D.L., & Jacobson, N.S. (2008). Randomized trial of behavioral activation, cognitive therapy, and antidepressant medication in the

- prevention of relapse and recurrence in major depression. *Journal of Consulting and Clinical Psychology*, 76, 468-477.
- Rizvi, S.L.**, Kaysen, D., Gutner, C.A., Griffin, M.G., & Resick, P.A. (2008). Beyond fear: The role of peritraumatic responses in posttraumatic stress and depressive symptoms among female crime victims. *Journal of Interpersonal Violence*, 23, 853-868.
- Clarke, S.B., **Rizvi, S.L.**, & Resick, P.A. (2008). Borderline personality characteristics and treatment outcome in cognitive-behavioral treatments for PTSD in female crime victims. *Behavior Therapy*, 39, 72-78.
- Welch, S.S., Linehan, M.M., Sylvers, P., Chittams, J., & **Rizvi, S.L.** (2008). Emotional responses to self-injury imagery among adults with borderline personality disorder. *Journal of Consulting and Clinical Psychology*, 76, 45-51.
- Vogt, D.S., **Rizvi, S.L.**, Shipherd, J.C., & Resick, P.A. (2008). Longitudinal investigation of reciprocal relationships: Does hardiness change following stress exposure? *Personality and Social Psychology Bulletin*, 34, 61-73.
- Wagner, A.W., **Rizvi, S.L.**, & Harned, M.S. (2007). Applications of Dialectical Behavior Therapy to the treatment of complex trauma-related problems: When one case formulation does not fit all. *Journal of Traumatic Stress*, 20, 391-400.
- Gutner, C.A., **Rizvi, S.L.**, Monson, C., & Resick, P.A. (2006). Coping strategies, relationship to the perpetrator, and PTSD symptomatology in female crime victims. *Journal of Traumatic Stress*, 19, 813-823.
- Rizvi, S.L.**, & Linehan, M.M. (2005). The treatment of maladaptive shame in borderline personality disorder: A pilot study of "Opposite Action." *Cognitive and Behavioral Practice*, 12, 437-447.
- Kaysen, D., Morris, M.K., **Rizvi, S.L.**, & Resick, P.A. (2005). Peritraumatic responses and their relationship to perceptions of threat in female crime victims. *Violence Against Women*, 11, 1515-1535.
- Rizvi, S.L.**, & Linehan, M.M. (2001). Dialectical Behavior Therapy for personality disorders. *Current Psychiatry Reports*, 3, 64-69.
- Dimeff, L.A., **Rizvi, S.L.**, Brown, M., & Linehan, M.M. (2000). Dialectical Behavior Therapy for substance abuse: A pilot application to methamphetamine-dependent women with borderline personality disorder. *Cognitive Behavioral Practice*, 7, 457-468.
- Rizvi, S.L.**, Peterson, C.B., Crowe, S.J., & Agras, W.S. (2000). Test-retest reliability of the Eating Disorder Examination. *International Journal of Eating Disorders*, 28, 311-316.
- Stice, E., Telch, C.F., & **Rizvi, S.L.** (2000). A psychometric evaluation of the Eating Disorder Diagnostic Screen: A brief self-report measure for anorexia, bulimia, and binge eating disorder. *Psychological Assessment*, 12, 123-131.
- Rizvi, S.L.**, Stice, E.M., & Agras, W.S. (1999). Natural history of disordered eating attitudes and behaviors over a 6-year period. *International Journal of Eating Disorders*, 26, 406-413.

BOOK CHAPTERS (* denotes student author)

- Rizvi, S.L.**, & King, A.M.* (in press). Dialectical Behavior Therapy: A comprehensive cognitive behavioral treatment for borderline personality disorder, emotion dysregulation, and difficult-to-treat behaviors. In K. S. Dobson & D. J. A. Dozois (Eds.). *Handbook of Cognitive-behavioral Therapies* (4th edition), NY: Guilford Press.

- Rizvi, S.L., & Roman, K.M.*** (2018). Dialectical Behavior Therapy. In B. Stanley and A. S. New (Eds.), *Primer on borderline personality disorder* (pp. 289-306). New York: Oxford University Press.
- Rizvi, S.L., & Roman, K.M.*** (2017). Generalization modalities: Taking the treatment out of the consulting room—using telephone, text, and email. In M. Swales (Ed.), *The Oxford Handbook of Dialectical Behaviour Therapy*. New York: Oxford Press. DOI: 10.1093/oxfordhb/9780198758723.013.11
- Rizvi, S.L., & Thomas, M.C.*** (2017). Borderline Personality Disorder: Underlying mechanisms and implications for treatment. In D. McKay, J.S. Abramowitz, & E.A. Storch (Eds.), *Mechanisms of Syndromes and Treatment for Psychological Problems* (pp. 360-375). New York: Wiley Press.
- Rizvi, S.L., & Thomas, M.C.*** (2016). Dialectical Behavior Therapy. In H.S. Friedman (Editor in Chief), *Encyclopedia of Mental Health*, 2nd edition, Vol 2, Waltham, MA: Academic Press, pp.41-45.
- Monson, C.M., Resick, P.A., & **Rizvi, S.L.** (2014). Posttraumatic stress disorder. In D.H. Barlow (Ed.), *Clinical handbook of psychological disorders* (5th ed.; pp. 62-113). New York: Guilford Press.
- Rizvi, S.L., Steffel, L.M.*, Carson Wong, A.*** (2013). Dialectical Behavior Therapy for the treatment of maladaptive anger in borderline personality disorder. In E. Fernandez (Ed.), *Treatments for anger in specific populations* (pp.138-157). New York: Oxford University Press.
- Resick, P.A., Monson, C.M., & **Rizvi, S.L.** (2013). Posttraumatic stress disorder. In W.E. Craighead, D.J. Miklowitz, & L.W. Craighead (Eds.), *Psychopathology: History, diagnosis, and empirical foundations* (2nd ed.; pp. 244-284). Hoboken, NJ: John Wiley & Sons.
- Rizvi, S.L., & Salters-Pednault, K.** (2013). Borderline personality disorder. In W. O'Donahue and S. Lilienfeld (Eds.), *Case Studies in Clinical Science* (pp.301-328). New York: Oxford University Press.
- Rizvi, S.L., & Ferraioli, S.*** (2012). Single case experimental designs. In H. Cooper (Ed.), *APA Handbook of Research Methods in Psychology, Vol 2: Research designs: Quantitative, qualitative, neuropsychological, and biological* (pp.589-612). Washington, DC: American Psychological Association.
- Rizvi, S.L., Brown, M.Z., Bohus, M., & Linehan, M.M.** (2011). The role of shame in the development and treatment of borderline personality disorder. In R.L. Dearing and J.P. Tangney (Eds.), *Shame in the therapy hour* (pp.237-260). Washington, DC: American Psychological Association.
- Rizvi, S.L.** (2011). The therapeutic relationship in Dialectical Behavior Therapy for suicidal individuals. In K. Michel and D. Jobes (Eds.), *Building a therapeutic alliance with the suicidal patient* (pp. 255-271). Washington, DC: American Psychological Association.
- Rizvi, S.L., Welch, S.S., & Dimidjian, S.** (2009). Mindfulness and borderline personality disorder. In F. Didonna (Ed.), *Clinical Handbook of Mindfulness* (pp.245-257). New York: Springer.
- Harned, M. S., **Rizvi, S. L., & Wagner, A. W.** (2008). Dialectical Behavior Therapy. In G. Reyes, J. D. Elhai, and J. D. Ford (Eds.), *The Encyclopedia of Psychological Trauma* (pp. 208-211). Hoboken, NJ: John Wiley & Sons.
- Resick, P.A., Monson, C.M., & **Rizvi, S.L.** (2008). Posttraumatic stress disorder. In W.E. Craighead, D.J. Miklowitz, & L.W. Craighead (Eds.), *Psychopathology: History,*

- diagnosis, and empirical foundations* (pp. 234-278). Hoboken, NJ: John Wiley & Sons.
- Resick, P.A., Monson, C.M., & **Rizvi, S.L.** (2008). Posttraumatic stress disorder. In D.H. Barlow (Ed.), *Clinical handbook of psychological disorders* (4th ed., pp. 65-122). New York: Guilford Press.
- Rizvi, S.L.**, Monroe-DeVita, M., & Dimeff, L.A. (2007). Evaluating your DBT program. In L.A. Dimeff & K. Koerner (Eds.), *Dialectical Behavior Therapy in clinical practice* (pp. 326-350). New York: Guilford Press.
- Shaw Welch, S., **Rizvi, S.L.**, & Dimidjian, S. (2006). Mindfulness and Dialectical Behavior Therapy. In R. Baer (Ed.), *Mindfulness-based treatment approaches* (pp.117-139). San Diego, CA: Elsevier.
- Linehan, M.M., **Rizvi, S.L.**, Shaw Welch, S., & Page, B. (2000). Psychiatric aspects of suicidal behaviour: Personality disorders. In K. Hawton & K. van Heeringen (eds.), *International handbook of suicide and attempted suicide*, (pp. 147-178). United Kingdom: John Wiley & Sons.

PRESENTATIONS AND POSTERS (* denotes student author)

- King, A. M.* & **Rizvi, S. L.** (2017, November). *Patterns of client and therapist emotion in Dialectical Behavior Therapy*. Poster presented at the 22nd annual conference of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, San Diego, CA.
- Hughes, C.D.*, & **Rizvi, S.L.** (2016, October). *Biases in affective forecasting and retrospective recollection as a function of borderline personality disorder symptoms*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Cooperman, N.A., **Rizvi, S.L.**, Hughes, C.D.*, Williams, J. (2016, October). *Piloting a DBT skills training-based smoking cessation intervention among opiate dependent women in methadone treatment*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Oliveira, P.N.*, & **Rizvi, S.L.** (2016, October). Patterns of phone coaching in DBT: Frequency and relationship to the therapeutic alliance, suicidal behaviors, and baseline severity. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Thomas, M. C.*, & **Rizvi, S. L.** (2016, October). *Working alliance inventory factors as predictors of engagement and dropout in Dialectical Behavior Therapy*. Poster session presented at the annual meeting of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, New York, NY.
- Oliveira, P.N.*, & **Rizvi, S.L.** (2016, October). *Patterns of phone coaching in DBT: Frequency and relationship to the therapeutic alliance, suicidal behaviors, and baseline severity*. Paper presented at the annual meeting of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, New York, NY.
- Rizvi, S.L.**, Hughes, C.D.*, Oliveira, P.*, & Hittman, A.* (2016, April). Implementation of a Dialectical Behavior Therapy Clinic for borderline personality disorder in a training setting: Procedures and outcomes. Symposium conducted at the annual North American Society for the Study of Personality Disorders conference, New York, NY.
- Rizvi, S.L.**, Hughes, C.D.*, Thomas, M.* (2015, November). A therapist at your fingertips: Is the mobile app DBT Coach an efficacious form of skills coaching for individuals

- with BPD and suicidal behavior? In M. Harned (Chair), *Using Innovative Technologies to Enhance the Evidence-Based Practice of Psychology*. Symposium conducted at the annual Association for Behavioral and Cognitive Therapies conference, Chicago, IL.
- Rizvi, S.L.**, Hughes, C.D.*, Oliveira, P.*, & Hittman, A.* (2015, November). Can DBT be successfully implemented in a psychology training clinic? Results from the DBT Clinic at Rutgers University. In M. Harned (Chair), *Implementation and Sustainability of Dialectical Behavior Therapy in Diverse Community Settings*. Symposium conducted at the annual Association for Behavioral and Cognitive Therapies conference, Chicago, IL.
- Carson-Wong, A.*, Hughes, C.D.*, **Rizvi, S.L.** (2015, November). *The effect of therapist use of validation strategies on change in client emotion in individual DBT treatment sessions*. Paper presented at the annual The International Society for the Improvement and Teaching of Dialectical Behavior Therapy, Chicago, IL.
- Geisser, S.*, **Rizvi, S.L.**, Carmel, A., Finnegan, D., & Homan, J. (2015). *A pilot study of "bug in the eye" (BITE) supervision on therapist adherence in a DBT training clinic*. Poster session presented at the International Society for the Improvement and Teaching of Dialectical Behavior Therapy (ISITDBT), Chicago, IL.
- Rizvi, S.L.**, Dimeff, L.A., Roman, K. M.*, & Hughes, C.* (2014, November). In the palm of your hand: Does use of the DBT Coach reduce distress and urges to self-harm among suicidal individuals with BPD? In M. Weierich (Chair), *Mobilizing technology to enhance CBT: Using smartphone delivery systems for assessment, intervention, and prevention*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Bonavitacola, L.*, **Rizvi, S. L.**, Zendegui, E. A.*, & Chu, B. C. (2014, November). *Dialectical Behavior Therapy for School Refusal: Proof of Concept and Pilot Study*. Poster presented at the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, Philadelphia, PA.
- Thomas, M. C.*, Carson-Wong, A.*, Geisser, S. J.*, Bonavitacola, L.*, & **Rizvi, S. L.** (2013, November). *The development of factors of the therapeutic alliance during Dialectical Behavior Therapy for individuals with borderline personality disorder*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Carson-Wong, A.* & **Rizvi, S.L.** (2013, November). *Reliability and validity of the DBT-VLCS: A measure to code DBT validation levels within an individual therapy session*. Poster presented at the annual meeting of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, Nashville, TN.
- Korslund, K., **Rizvi, S.L.**, & Sayrs, J. (2013, November). *DBT in action: Using video to identify effective DBT strategies in skills groups*. Clinical seminar presented at the annual meeting of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, Nashville, TN.
- Yuen, E. K., Cooper, D.C., Mohr, D.C., **Rizvi, S.L.**, & Ruggiero, K. (2013, November). *Developing web-based and mobile applications for mental health interventions: Benefits, challenges, and recommendations*. Panel discussion at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Roman, K.M.*, Bonavitacola, L.*, Carson-Wong, A.*, & **Rizvi, S.L.** (2012, November). *The association between homework completion and clinical outcomes in DBT clients with*

- borderline personality disorder*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Korslund, K., **Rizvi, S.L.**, & Sayrs, J. (2012, November). *DBT in action: Using video to identify effective DBT strategies in individual therapy*. Clinical seminar presented at the annual meeting of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, National Harbor, MD.
- Rizvi, S.L.**, Dimeff, L.A., Carroll, D., & Linehan, M.M. (2012, September). Providing skills coaching via mobile technology for individuals with borderline personality disorder. In T. Trull & U. Ebner-Primer (Co-chairs), *Using e-diaries to clarify emotional vulnerability and improve emotion regulation in everyday life*. Symposium conducted at the International Congress on Borderline Personality Disorder and Allied Disorders, Amsterdam, Netherlands.
- Steffel, L.M.*, Zandberg, L.J.*, Roman, K.*, & **Rizvi, S.L.** (2011, November). *A pilot study of the additive benefit of mindfulness in DBT skills training for college students with emotion dysregulation*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Dimeff, L.A., **Rizvi, S. L.**, Skutch, J. M., Contreras, I., Carroll, D., & Linehan, M. M. (2011, October). *Joining the Mobile Revolution: An Interactive Mobile App that Provides DBT Skills Coaching for Individuals with BPD and SUD*. Presented at the Seattle Implementation Research Conference, Seattle, WA.
- Dimeff, L. A., **Rizvi, S. L.**, Skutch, J. M., Contreras, I., Carroll, D., & Linehan, M. M. (2011, August). An interactive mobile phone application providing skills coaching for individuals with borderline personality disorder and substance use disorder. In L. Onken & B. Moore (Co-chairs), *Innovation and opportunities in mobile interventions for addictions*. Symposium conducted at the meeting of the American Psychological Association, Washington, D.C.
- Rizvi, S.L.**, Dimeff, L.A., Skutch, J.M., Carroll, D., & Linehan, M.M. (2010, November). An interactive mobile phone application providing skills coaching for individuals with borderline personality disorder. In L.A. Dimeff and S.L. Rizvi (Chairs), *First comes love, then comes the revolution: How mobile technology is changing the way we intervene*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Neacsiu, A.D., **Rizvi, S.L.**, Korslund, K.E., & Linehan, M.M. (2010, November). DBT skills use as an outcome and predictor of outcome. In M.Harned (Chair), *A component analysis of DBT for suicidal women with borderline personality disorder*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Lungu, A., Neacsiu, A.D., Harned, M.S., **Rizvi, S.L.**, Brown, M.Z., Comtois, K.A., & Linehan, M.M. (2010, November). *Impact of DBT versus community treatment by experts on basic emotion regulation processes in BPD*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Steffel, L.M.*, Zandberg, L.J.*, & **Rizvi, S.L.** (2010, November). *Feasibility of abbreviated DBT skills training for college students with emotion dysregulation: A pilot study*. A poster presented at the International Society for the Improvement and Teaching of Dialectical Behavior Therapy Annual Conference, San Francisco, CA.
- Neacsiu, A.D., **Rizvi, S.L.**, & Linehan, M.M. (2010, June). Dialectical Behavior Therapy skills use as a mediator and outcome of treatment for borderline personality disorder.

- In M. Linehan (Chair), *Mechanisms of change in treatments for BPD*. Symposium conducted at the World Congress of Behavioral and Cognitive Therapies, Boston, MA.
- Grossman, B.R.*, Foster, A.L.*, Sousa, J.*, Wang, A., & **Rizvi, S.L.** (2009, November). *A phenomenological study of an online community of individuals who self-identify as BPD or self-injurers*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Neacsiu, A.D., **Rizvi, S.L.**, Vitaliano, P., Lynch, T.R., & Linehan, M.M. (2009, November). *The DBT skills scale and the dysfunctional coping scale: Development and psychometric properties*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Rizvi, S.L.**, Harned, M., Jackson, S.C., & Linehan, M.M. (2008, November). A comparison of borderline personality disorder with and without PTSD. In M. Harned (Chair), *The nature and treatment of co-occurring borderline personality disorder and posttraumatic stress disorder*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Foster, A.*, & **Rizvi, S.L.** (2008, November). *What are we measuring with shame and guilt measures? Problems of definitional obfuscation*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Grossman, B.R.*, & **Rizvi, S.L.** (2008, November). *Linguistic analyses of writing about shame experiences in individuals with and without borderline personality disorder characteristics*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Resick, P.A., Gradus, J., & **Rizvi, S.L.** (2008, November). Pretreatment predictors of treatment response across two studies of cognitive behavioral treatment for PTSD. In *Recent Developments in PTSD Treatment Outcome Research*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
- Stenkamp, M.M., Humphreys, K.L., **Rizvi, S.L.**, McSweeney, L., Suvak, M.K., Litz, B.T., Shea, T., Sevin, M., & Yen, S. (2008, August). *Relationship among shame, borderline personality disorder, and PTSD symptomatology*. Poster presented at the annual meeting of the American Psychological Association, Boston, MA.
- Johnson, A.L.*, & **Rizvi, S.L.** (2007, November). *That was then, this is now: Examining the relationship between narcissism, shame, and autobiographical memory*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Ertl, A.C., Suvak, M.K., Coelho, P., Remmert, B.C., Diamond, B.P., & **Rizvi, S.L.** (2007, November). *Shame and borderline personality disorder symptomatology*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Rizvi, S.L.** (2006, November). Development of a shame induction procedure for laboratory studies. In S.L. Rizvi (Chair), *Toward a science of shame: From clinical lore to scientific discourse*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Brown, M.Z., & **Rizvi, S.L.** (2006, November). Treatment of shame with exposure therapy and opposite action: A multiple baseline study. In S.L. Rizvi (Chair), *Toward a science of shame: From clinical lore to scientific discourse*. Symposium conducted at

- the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Kelly, K.A., **Rizvi, S.L.**, & Resick, P.A. (2006, November). Sudden gains in cognitive behavioral treatments for PTSD. In T.P. Andrusyna (Chair), *Sudden gains in CBT and behavioral activation treatment of depression and PTSD*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Rizvi, S.L.**, Kuo, J., Shaw Welch, S., Comtois, K., & Linehan, M.M. (2005, November). Disentangling the effects of stage I DBT for BPD: Changes in emotion regulation. In J. Kuo (Chair), *Stages of treatment in DBT: Transitioning from stage I to stage II*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Putnam, K.M., **Rizvi, S.L.**, Warfield, G., Zanarini, M., & McSweeney, L. (2005, November). Emotion regulation and borderline personality disorder: Ecological momentary assessment. In U. Ebner (Chair), *Ecological momentary assessment in behavioral therapy: Possible applications and recent findings*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Gutner, C.A., **Rizvi, S.L.**, & Resick, P.A. (2005, November). *Coping strategies and posttraumatic distress in female crime victims*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Clarke, S.B., **Rizvi, S.L.**, & Resick, P.A. (2005, November). *BPD and treatment outcome in cognitive-behavioral treatments for PTSD*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Rizvi, S.L.**, Kaysen, D., Gutner, C.A., Griffin, M.G., & Resick, P.A. (2005, November). *Peritraumatic responses and distress in female crime victims*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Rizvi, S.L.**, & Linehan, M.M. (2004, November). A targeted intervention for shame: Pilot findings and implications for trauma work. In A.W. Wagner (Chair), *Innovations in the treatment of PTSD and related problems*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.
- Dobson, K., Dimidjian, S., Hollon, S., Schmalings, K., Kohlenberg, R.J., **Rizvi, S.L.**, & Dunner, D. (2003, November). Behavioral activation, cognitive therapy, and antidepressant medication in the treatment of major depression: Follow-up phase outcomes. In S.D. Hollon (Chair), *Behavioral activation, cognitive therapy, and antidepressant medication in the treatment of major depression*. Symposium conducted at the annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.
- Rizvi, S.L.**, Dimidjian, S., Nomensen, K., & Kohlenberg, R.J. (2002, November). Client expectations and early engagement in the Treatments for Depression Study. In S. Dimidjian (Chair), *What can process research contribute to our knowledge of treatments for depression? New findings and future directions*. Symposium conducted at the annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
- Reynolds, S.K., **Rizvi, S.L.**, Sayrs, J.H.R., & Linehan, M.M. (2002, November). The University of Washington treatment study for borderline personality disorder: Therapist training and characteristics. In S.K. Reynolds (Chair), *The University of*

Washington treatment study for borderline personality disorder: DBT versus nonbehavioral treatment by experts in the community. Symposium conducted at the annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.

- Rizvi, S.L., & Shaw Welch, S.** (2002, November). *Has behavior therapy sold out? A look at the relationship between convention, ethics, efficacy, and practice.* Chaired panel conducted at the annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
- Rizvi, S.L., Lindenboim, N., & Linehan, M.M.** (2002, June). Treating borderline personality disorder: Therapist burnout, expectancies, and alliance. In S.L. Rizvi (Chair), *The University of Washington treatment studies for borderline personality disorder.* Panel presented at the annual meeting of the Society for Psychotherapy Research, Santa Barbara, CA.
- Rizvi, S.L., & Linehan, M.M.** (2002, May). *Treatment of shame in borderline personality disorder: A pilot study.* Poster presented at the NIMH conference, New Directions in Borderline Personality II, Minneapolis, MN.
- Rizvi, S.L., & Shaw Welch, S.** (2001, November). *Preserving the future of empirically supported treatments: Issues in training graduate students.* Chaired symposium conducted at the 35th annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.
- Rizvi, S.L., Comtois, K.A., & Linehan, M.M.** (2001, November). *Characteristics and predictors of treatment expectancies in women with borderline personality disorder.* Poster presented at the annual meeting of the Association of the Advancement of Behavior Therapy, Philadelphia, PA.
- Rizvi, S.L., Dimidjian, S., & Dobson, K.** (2000, November). Whom do we enroll in clinical trials? In K. Dobson (Chair), *The University of Washington Treatments for Depression Study: Design, subject, assessment, and treatment evaluation considerations.* Symposium conducted at the annual meeting of the Association of the Advancement of Behavior Therapy, New Orleans, LA.
- Rizvi, S.L., Reynolds, S.K., Comtois, K.A., & Linehan, M.M.** (2000, November). *Therapeutic alliance in the treatment of borderline personality disorder.* Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Rizvi, S.L., Stice, E.M., & Agras, W.S.** (1998, April). *Natural history of disordered eating attitudes and behaviors over a 6-year period.* Poster presented at the International Conference on Eating Disorders, New York, NY.

GRAND ROUNDS AND INVITED PRESENTATIONS

- Rizvi, S.L. (2017, June). *Using DBT strategies to effectively maladaptive shame in BPD.* Invited presentation for Princeton University Counseling Center.
- Rizvi, S.L. (2017, May). *Dialectical Behavior Therapy strategies for addressing PTSD symptomatology.* Invited presentation for Princeton House Behavioral Health, Hamilton, NJ.
- Rizvi, S.L., & Fehling, K.* (2017, February). *An introduction to Dialectical Behavior Therapy skills for an inmate population.* Invited presentation for Northern State Prison, Newark, NJ.

- Rizvi, S.L., Thomas, M.*, & Oliveira, P.* (2015, August). *Overview of Dialectical Behavior Therapy and introduction to key skills*. Invited presentation for Rutgers University – Newark Campus Counseling Center, Newark, NJ.
- Rizvi, S.L. (2014, January). *Dialectical Behavior Therapy: Essential characteristics and clinical outcomes*. Robert Wood Johnson Medical School, Department of Psychiatry Grand Rounds, Piscataway, NJ.
- Rizvi, S.L., Carson Wong, A.*, Geisser, S.*, & Thomas, M.* (2013, October). *Dialectical Behavior Therapy*. Invited presentation for the University Behavioral Health Care (UBHC) System, Piscataway, NJ.
- Rizvi, S.L., & Roman, K.M.* (2012, December). *Borderline personality disorder*. Invited presentation for NAMI- Middlesex County.
- Rizvi, S.L. (2011, December). *Review and report from ISITDBT 2011*. Invited call-in presentation for the National Education Alliance for Borderline Personality Disorder.
- Rizvi, S.L. (2011, October). *An overview of Dialectical Behavior Therapy and its Approach to Treating PTSD*. Invited presentation for New York City – Cognitive Behavioral Therapy Association, New York, NY.
- Rizvi, S.L. (2011, August). *An overview of Dialectical Behavior Therapy and its Approach to Sexual Trauma*. Invited national tele-presentation for the Department of Veterans Affairs and Military Sexual Trauma Support Team.
- Rizvi, S.L. (2011, March). *Enhancing treatment outcome in Dialectical Behavior Therapy for Borderline Personality Disorder*. Invited colloquium presented at Boston University, Department of Psychology, Boston, MA.
- Rizvi, S.L. (2009, September). *The relationship of shame to the development, maintenance, and treatment of borderline personality disorder*. Invited colloquium presented at the Institute for the Study of Child Development, New Brunswick, NJ.
- Rizvi, S.L. (2008, May). *Dialectical Behavior Therapy for complex trauma-related problems*. Invited address at the 4th annual Yale Borderline Personality Disorder Conference, New Haven, CT.
- Rizvi, S.L. (2008, April). *Dialectical Behavior Therapy for Borderline Personality Disorder*. Invited address at 44th annual Sheppard Pratt Scientific Day, Baltimore, MD.
- Rizvi, S.L. (2008, February). *Dialectical Behavior Therapy for pervasive emotion dysregulation: Characteristics and clinical outcomes*. Psychiatry Grand Rounds, Bronx Lebanon Hospital, New York, NY.
- Rizvi, S.L. (2008, February). *Dialectical Behavior Therapy for Borderline Personality Disorder: Essential characteristics and research data*. Psychiatry Grand Rounds, Beth Israel Hospital, New York, NY.
- Miller, A.L., & Rizvi, S.L. (2007, November). *Treating therapy-destroying and therapy-interfering behavior in Dialectical Behavior Therapy skills groups*. Invited Master Clinician Seminar presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Rizvi, S.L. (2004, November). *BPD and shame: Research findings and treatment implications*. Presentation at the 9th annual meeting of the International Society for the Investigation and Teaching of Dialectical Behavior Therapy, New Orleans, LA.
- Rizvi, S.L. (2004, July). *Treating maladaptive shame in borderline personality disorder: A pilot study using single subject design methodology*. Invited presentation for the NIMH International Think Tank for the More Effective Treatment of Borderline Personality, Baltimore, MD.

WORKSHOPS AND TRAININGS

- Rizvi, S.L., & Sayrs, J.H.R. (2017, November). *Case formulation and treatment planning in Dialectical Behavior Therapy*. Workshop presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
- Rizvi, S.L. (2017, July). *Dialectical Behavior Therapy for Substance Use Disorders*. Nine-hour course for Rutgers University Center for Alcohol Studies, Summer School of Addiction Studies, New Brunswick, NJ.
- Rizvi, S.L., & Reitz, R.O. (2017, June). *Dialectical Behavior Therapy Foundational Training Course*. Five-day workshop sponsored by Behavioral Tech, LLC, Clarks Summit, PA.
- Rizvi, S.L., & Wolbert, R. (2016, December). *Dialectical Behavior Therapy Intensive Training Course, Part II*. Five-day workshop sponsored by Behavioral Tech, LLC, Temple University, Philadelphia, PA.
- Rizvi, S.L., & Chen, E. (2016, June). *Dialectical Behavior Therapy Intensive Training Course, Part I*. Five-day workshop sponsored by Behavioral Tech, LLC, Temple University, Philadelphia, PA.
- Rizvi, S.L. (2016, April). *Applications of Dialectical Behavior Therapy to treat chronic and maladaptive shame*. Master clinicians seminar presented at the annual meeting of Anxiety and Depression Conference, Philadelphia, PA.
- Rizvi, S.L. (2015, November). *Mastering the art of behavioral chain analysis in Dialectical Behavior Therapy*. Mini-workshop presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Rizvi, S.L., & Finnegan, D. (2015, July). *Dialectical Behavior Therapy Intensive Training Course, Part II*. Five-day workshop sponsored by Behavioral Tech, LLC, Northampton, MA.
- Rizvi, S.L., & Ritschel, L.A. (2015, January). *Dialectical Behavior Therapy Intensive Training Course, Part I*. Five-day workshop sponsored by Behavioral Tech, LLC, Northampton, MA.
- Rizvi, S.L., & Ritschel, L.A. (2013, November). *Mastering the art of behavioral chain analysis in Dialectical Behavior Therapy*. Workshop presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Rizvi, S.L., & Payne, A. (2013, April). *Dialectical Behavior Therapy Intensive Training Course, Part II*. Five-day workshop sponsored by Behavioral Tech, LLC, New York, NY.
- Rizvi, S.L., & Ritschel, L.A. (2013, January). *Dialectical Behavior Therapy Intensive Training Course, Part I*. Five-day workshop sponsored by Behavioral Tech, LLC, Northampton, MA.
- Rizvi, S.L., & Ritschel, L.A. (2012, November). *Mastering the art of behavioral chain analysis in Dialectical Behavior Therapy*. Workshop presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Rizvi, S.L., & Payne, A. (2012, October). *Dialectical Behavior Therapy Intensive Training Course, Part I*. Five-day workshop sponsored by Behavioral Tech, LLC, New York, NY.
- Swenson, C.R., & Rizvi, S.L. (2012, July). *Dialectical Behavior Therapy Intensive Training Course, Part II*. Five-day workshop sponsored by Behavioral Tech, LLC, Northampton, MA.
- Rizvi, S.L., & Payne, A. (2012, May). *Treating therapy-interfering behaviors*. Two-day workshop sponsored by Behavioral Tech, LLC, Tarrytown, NY.

- Swenson, C.R., & Rizvi, S.L. (2012, January). *Dialectical Behavior Therapy Intensive Training Course, Part I*. Five-day workshop sponsored by Behavioral Tech, LLC, Northampton, MA.
- Rizvi, S.L. (2011, November). *Enhancing treatment outcomes in Dialectical Behavior Therapy for borderline personality disorder*. Workshop presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Swenson, C.R., & Rizvi, S.L. (2011, July). *Dialectical Behavior Therapy Intensive Training Course, Part II*. Five-day workshop sponsored by Behavioral Tech, LLC, Northampton, MA.
- Swenson, C.R., & Rizvi, S.L. (2011, January). *Dialectical Behavior Therapy Intensive Training Course, Part I*. Five-day workshop sponsored by Behavioral Tech, LLC, Northampton, MA.
- Rizvi, S.L. (2010, October). *Skills training in Dialectical Behavior Therapy*. Invited workshop presented for the New Jersey Psychological Association, Iselin, NJ.
- Swenson, C.R., & Rizvi, S.L. (2010, July). *Dialectical Behavior Therapy Intensive Training Course, Part II*. Five-day workshop sponsored by Behavioral Tech, LLC, Northampton, MA.
- Rizvi, S.L. (2010, April). *Dialectical Behavior Therapy: Frontline Strategies for Treating Borderline Personality Disorder*. Workshop presented at Contemporary Forums Psychiatric Nursing conference, Las Vegas, NV.
- Rizvi, S.L. (2010, January). *Dialectical Behavior Therapy: Distress tolerance and emotion regulation*. Invited workshop presented for the New Jersey Association of Cognitive Behavioral Therapists, Clark, NJ.
- Swenson, C.R., & Rizvi, S.L. (2010, January). *Dialectical Behavior Therapy Intensive Training Course, Part I*. Five-day workshop sponsored by Behavioral Tech, LLC, Northampton, MA.
- Rizvi, S.L., & Korslund, K.E. (2009, November). *The dialectics of Dialectical Behavior Therapy: Avoiding polarization with difficult-to-treat, multidagnostic clients*. Workshop presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Harned, M., & Rizvi, S.L. (2009, November). *Applications of Dialectical Behavior Therapy to trauma-related problems*. Workshop presented at the annual meeting of the International Society for Traumatic Stress Studies, Atlanta, GA.
- Swenson, C.R., & Rizvi, S.L. (2009, June). *Dialectical Behavior Therapy Intensive Training Course, Part II*. Five-day workshop sponsored by Behavioral Tech, LLC, Northampton, MA.
- Swenson, C.R., & Rizvi, S.L. (2009, January). *Dialectical Behavior Therapy Intensive Training Course, Part I*. Five-day workshop sponsored by Behavioral Tech, LLC, Northampton, MA.
- Rizvi, S.L., & Korslund, K.E. (2008, November). *Avoiding polarization with Dialectical Behavior Therapy: Effectively balancing change and acceptance strategies*. Workshop presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Rizvi, S.L., & Miller, A.L. (2008, November). *Treating therapy-destroying and therapy-interfering behavior in Dialectical Behavior Therapy skills groups*. Workshop presented at the annual meeting of the International Society for the Investigation and Teaching of Dialectical Behavior Therapy, Orlando, FL.

- Swenson, C.R., & Rizvi, S.L. (2008, June). *Dialectical Behavior Therapy Intensive Training Course, Part II*. Five-day workshop sponsored by Behavioral Tech, LLC, Northampton, MA.
- Rizvi, S.L. (2008, April). *Dialectical Behavior Therapy: Frontline Strategies for Treating Borderline Personality Disorder*. Workshop presented at Contemporary Forums Psychiatric Nursing conference, Philadelphia, PA.
- Swenson, C.R., & Rizvi, S.L. (2008, January). *Dialectical Behavior Therapy Intensive Training Course, Part I*. Five-day workshop sponsored by Behavioral Tech, LLC, Northampton, MA.
- Rizvi, S.L. (2008, January). *Introduction to Dialectical Behavior Therapy*. One-day workshop at the American Institute for Cognitive Therapy, New York, NY.
- Rizvi, S.L., & Reynolds, S.K. (2007, July). *Introduction to Dialectical Behavior Therapy*. Workshop presented at the World Congress of Cognitive and Behavioral Therapies, Barcelona, Spain.
- Wagner, A.W., & Rizvi, S.L. (2006, November). *Applications of Dialectical Behavior Therapy to Trauma-Related Problems*. Workshop presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Rizvi, S.L. (2006, November). *Coping with Chaos: Dialectical Behavior Therapy for the Multiply-Disordered Client*. Two-day workshop sponsored by Behavioral Tech, LLC, Little Rock, AR.
- Swenson, C.R., & Rizvi, S.L. (2006, May). *Coping with Chaos: Dialectical Behavior Therapy for the Multiply-Disordered Client*. Two-day workshop sponsored by Behavioral Tech, LLC, Houston, TX.
- Rizvi, S.L. (2006, May). *Skills Training in Dialectical Behavior Therapy*. Three-day workshop presented to Military Sexual Trauma Counselors in VA VISN6, Salisbury, NC.
- Wagner, A.W., & Rizvi, S.L. (2005, November). *Applications of Dialectical Behavior Therapy to Trauma-Related Problems*. Workshop presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
- Simpson, E., & Rizvi, S.L. (2005, April). *Intensive Training in Dialectical Behavior Therapy, Part III*. Two-day workshop sponsored by Manakau Counties Health Board, Auckland, New Zealand.
- Simpson, E., & Rizvi, S.L. (2004, October). *Intensive Training in Dialectical Behavior Therapy, Part II*. Five-day workshop sponsored by Manakau Counties Health Board, Auckland, New Zealand.
- Simpson, E., & Rizvi, S.L. (2004, March). *Intensive Training in Dialectical Behavior Therapy, Part I*. Five-day workshop sponsored by Manakau Counties Health Board, Auckland, New Zealand.
- Rizvi, S.L., & Lehnert, K. (2004, March). *Skills Training in Dialectical Behavior Therapy*. Two-day workshop sponsored by Behavioral Tech, LLC, Cleveland, OH.
- Rizvi, S.L. (2003, November). *Using Opposite Action to Treat Maladaptive Shame in DBT*. Workshop presented at the 8th annual meeting of the International Society for the Investigation and Teaching of Dialectical Behavior Therapy, Boston, MA.
- Dimeff, L.A., & Rizvi, S.L. (2003, February). *Skills Training in Dialectical Behavior Therapy*. Two-day workshop sponsored by Behavioral Tech, LLC, Seattle, WA.

TEACHING EXPERIENCE

- 2009- Graduate School of Applied and Professional Psychology, Rutgers University.
Courses: Cognitive Behavioral Assessment, Fundamentals of Dialectical Behavior Therapy, Practice of Dialectical Behavior Therapy I and II, Learning Theory and Cognitive Behavioral Foundations
- 2006 -09 Department of Psychology, Graduate Faculty, New School for Social Research
Courses: Evidence Based Treatments, Assessment and Treatment of Borderline Personality Disorder, Externship Seminar
- 2006 -09 Department of Psychology, Eugene Lang College, New School for Liberal Arts
Courses: Methods of Inquiry (Research Methods), Abnormal Psychology, Adult Clinical Psychology, Research Practicum

Academic Advisement and Mentorship for Doctoral Students

Lauren Steffel (Psy.D., 2009-2014), Kristen Roman (Psy.D., 2010-2015), Lauren Bonavitacola (Psy.D., 2010-2015), Marget Thomas (Psy.D., 2011-2017), Sara Geisser (Psy.D., 2011-2016), Amanda Carson Wong (Ph.D., 2011-2016), Pedro Oliveira (Psy.D., 2012-2017), Jenna Blewis (Psy.D., 2013-), Ashley Sutton (Psy.D., 2013-), Christopher Hughes (Ph.D., 2014-), Alexandra Hittman (Psy.D., 2014 -), Binh-an Nguyen (Psy.D., 2015 -), Nicole Eskenasi (Psy.D., 2016 -), Molly St. Denis (Psy.D., 2016 -), Alexandra King (Ph.D., 2016 -), Cara Genbauffe (Psy.D., 2017 -), Maria Alba (Psy.D., 2017 -), Katherine Bailey (Psy.D., 2017 -)

Dissertation Committees

Suzannah Ferraioli (Ph.D.)	2010	Angelo Alago (Psy.D., <u>Chair</u>)	2018
Atara Hiller (PsyD)	2012	William Buerger (Psy.D.)	2018
Lauren Steffel (Psy.D., <u>Chair</u>)	2013	Caroline Spiro (Ph.D)	In progress
Kristen Roman (Psy.D., <u>Chair</u>)	2014	Kiki Fehling (Ph.D.)	In progress
Lauren Bonavitacola (Psy.D., <u>Chair</u>)	2014	Julia Brillante (Psy.D.)	In progress
Elaina Zendegui (Psy.D.)	2014	Alexandra Hittman (Psy.D., <u>Chair</u>)	In progress
Amy Kranzler (Ph.D.)	2015		
David Eddie (Ph.D.)	2015		
Amanda Carson Wong (Ph.D., <u>Chair</u>)	2015		
Sara Geisser (Psy.D., <u>Chair</u>)	2017		
Marget Thomas (Psy.D., <u>Chair</u>)	2017		
Pedro Oliveira (Psy.D., <u>Chair</u>)	2017		
Kiara Wesley (Ph.D.)	2017		

Masters Committees (Ph.D. students)

Amanda Carson Wong (<u>Chair</u>)	2013
Krysten Bold Williams	2012
Min Jeong Yang	2016
Kiki Fehling	2016
Christopher Hughes (<u>Chair</u>)	2016
Alexandra King (<u>Chair</u>)	2017
Mark Versella	2017

Ph.D. Qualifying Examinations

Julia West (2011), Dominic Mocerri (2011), Amanda Carson Wong (2014, Chair), Amy Kranzler (2014), Chris Wyszinski (2015), Emily Panza (2015), Alyssa McCarthy (2016), Christopher Hughes (2017, Chair)

Clinical Competency Oral Examinations

Bianca Georgescu (2012), Laurie Zandberg (2012), William Folbert (2012), Courtney You (2012), Candace Descaires-McCarthy (2013), Jaci Zocca (2014), Alex Gonzales Harsha (2014), Shawna Ueyama (2015), Logan Durland (2015), Alexande Tice (2016), Angelo Alago (2016), Christina Ortiz (2016), Derek Harper (2017), Michael Dennin (2017), Michael Rodriguez (2017); Audrey Toricelli (2018), Jessica Hamel (2018), Christine Laurine (2018), Daniel Taule (2018)

CLINICAL AND SUPERVISORY EXPERIENCE

- 2009- **Clinical Supervisor**, Graduate School of Applied and Professional Psychology, Rutgers University. Provide supervision to doctoral students in cognitive behavioral and dialectical behavioral therapy.
- 2007-08 **Clinical Psychologist**, American Institute for Cognitive Therapy, New York, NY.
- 2006-07 **Clinical Supervisor**, Cognitive Behavioral Consultants of Westchester, White Plains, NY. Provided supervision to postdoctoral fellows on Dialectical Behavior Therapy.
- 2004-06 **Postdoctoral Fellow Therapist**, National Center for PTSD, Boston VA Healthcare System, Boston, MA. (Primary emphasis: Posttraumatic Stress Disorder, Borderline Personality Disorder)
- 2004-06 **Clinical Supervisor**, National Center for PTSD, Boston VA Healthcare System, Boston, MA. Provide supervision to clinical psychology interns and practicum students on therapy with male and female clients diagnosed with Posttraumatic Stress Disorder and other comorbid conditions.
- 2004 **Clinical Supervisor**, Outpatient Center, Boston VA Healthcare System, Boston, MA. Provided supervision for practicum student in psychology for clients with Posttraumatic Stress Disorder.
- 2003-04 **Clinical Psychology Intern**, Boston Consortium in Clinical Psychology, Boston, MA (Primary emphasis: Posttraumatic Stress Disorder)
- 1999-03 **Dialectical Behavior Therapy Research Therapist**, Behavioral Research and Therapy Clinics, Department of Psychology, University of Washington (Primary emphasis: Borderline Personality Disorder, suicidal behaviors)
- 2001-03 **Dialectical Behavior Therapy Skills Group Leader**, Behavioral Research and Therapy Clinics, Department of Psychology, University of Washington (Primary emphasis: Borderline Personality Disorder, suicidal behaviors)
- 2001-03 **Prolonged Exposure Research Therapist**, Department of Psychology, University of Washington (Primary emphasis: Posttraumatic Stress Disorder)

- 2001-01 **Cognitive Therapy Research Therapist**, Center for Clinical Research, University of Washington (Primary emphasis: Major Depression)
- 2000 **Group Co-Therapist**, Private Practice, Seattle, WA (Primary emphasis: Social Anxiety Disorder)
- 1999-02 **Staff Therapist**, Psychological Services Training Center, Department of Psychology, University of Washington (Varied clinical populations)

SPECIALIZED CLINICAL TRAINING

- 2004-06 **Cognitive Processing Therapy**: Weekly didactic and consultation group for treatment for Posttraumatic Stress Disorder. Instructor: Patricia Resick, Ph.D.
- 1998-03 **Dialectical Behavior Therapy**: Weekly seminar on fundamentals of dialectical behavior therapy; behavioral theory, behavioral assessment, mindfulness. Instructor and primary supervisor: Marsha Linehan, Ph.D.
- 2003 **Mindfulness-Based Cognitive Therapy**: Two day workshop. Instructor: Zindel Segal, Ph.D.
- 2001 **Diagnosis and Treatment for Anxiety and Panic Disorder**: Two day workshop. Instructors: David Barlow, Ph.D., and David Spiegel, M.D.
- 2001 **Effective Treatment for OCD and PTSD**: Two day workshop. Instructor: Edna Foa, Ph.D.
- 2000-01 **Cognitive Therapy Treatment Group**: Weekly didactic and consultation group with emphasis on treatment for depression. Instructor and primary supervisor: Sandra Coffman, Ph.D.
- 1999 **Assessment and Treatment of Suicidal Behaviors**: Three day workshop. Instructor: Marsha Linehan, Ph.D.
- 1998-00 **Functional Analytic Psychotherapy Research Group**: One-year weekly seminar on treatment of depression; conducted 30-session individual therapy case as part of a series of single-case research designs. Instructors and supervisors: Robert Kohlenberg, Ph.D., and Mavis Tsai, Ph.D.

PRIOR RESEARCH POSITIONS

- 2004-06 **National Institute of Mental Health Postdoctoral Fellow**, National Center for PTSD, Boston Consortium in Clinical Psychology; Primary Mentors: Patricia Resick, Brett Litz
- 2002-04 **Investigator**, Treatment of Shame in Borderline Personality Disorder, Behavioral Research and Therapy Clinics, University of Washington
- 2000-03 **Research Assistant**, Treatments for Depression Study, Center for Clinical Research, University of Washington; Principal Investigators: Neil Jacobson, Steve Hollon, Keith Dobson, David Dunner
- 2000-03 **Clinical Assessor**, Treatment of Depression in Parents: Impact on Children Study, Seattle Children's Hospital, University of Washington; Principal Investigator: Elizabeth McCauley

- 1998-00 **Research Assistant**, Treatment of Parasuicidal Behavior in Borderline Personality Disorder, Behavioral Research and Therapy Clinics, University of Washington; Principal Investigator: Marsha Linehan
- 1996-98 **Research Assistant**, Treatment Studies for Eating Disorders, Department of Psychiatry, Stanford University; Principal Investigators: W. Stewart Agras, Christy Telch
- 1995-96 **Research Assistant**, New England Women's Health Project, Wesleyan University; Principal Investigator: Ruth Striegel-Moore

INVITED RESEARCH INSTITUTES AND THINK TANKS

- 2016, November Think Tank on PsyD degree in Association of Behavioral and Cognitive Therapies, New York, NY, sponsored by ABCT
- 2014, September Strategic Planning Meeting on Dialectical Behavior Therapy, University of Washington
- 2010, October Strategic Planning Meeting on Dialectical Behavior Therapy, University of Washington
- 2007, October Strategic Planning Meeting on Dialectical Behavior Therapy, University of Washington
- 2006, October Strategic Planning Meeting on Suicide Interventions, University of Washington
- 2005, June Summer Research Institute in Suicide Prevention, University of Rochester Center for the Study and Prevention of Suicide, Rochester, NY, sponsored by the National Institute of Mental Health
- 2005, March Strategic Planning Meeting on Dialectical Behavior Therapy, University of Washington
- 2004, July NIMH International Think Tank for the More Effective Treatment of Borderline Personality, Baltimore, MD, sponsored by the National Institute of Mental Health
- 2002, May New Directions in Borderline Personality Disorder II, Minneapolis, MN, sponsored by the National Institute of Mental Health