COURSE SYLLABUS

Course: FAMILY THERAPY (Second Semester)
Course #: 18:821:616
Semester: Spring 2019

Instructor: Nancy Boyd-Franklin, Ph.D.

COURSE DESCRIPTION:

This is the second semester of a year-long advanced family therapy course. Both terms are required for credit to be given. In this second semester, students will study issues such as divorce, remarriage, step-parenting, couples therapy, drug and alcohol abuse in couples and families, and gay and lesbian couples and families. In addition, each student will present a family therapy case that they are treating under supervision. This will provide the experiential component of the class and each student will present cases from the clinic or their practicum sites. It provides an opportunity for students view videotapes and DVDs of cases and to learn from their own family therapy case experiences. The course includes multiple experiential assignments and learning opportunities. As a part of their core program, all students are required to take four intervention courses, one of which must be a systems course. This Family Therapy course fulfills the systems requirement.

PREREQUISITES:

1: Advanced Standing in the program.
2: Previous therapy experience and course work required.

REQUIREMENTS:

1. This is a YEAR LONG COURSE, BOTH terms are required for credit to be given.

2. Attendance in all classes is required.

3. Each student must carry a family or couple therapy case under the supervision of an approved family therapy supervisor.

4. Each student must present their case in class and discuss the relevant readings as a part of their presentation.

5. Each student is required to write a 15-20 page paper on their case using the case outline provided. Discuss the family therapy case you have treated. Include a thorough description of the case and discuss it within a particular family systems theoretical perspective. (More than one can also be incorporated.) Review and cite family therapy literature relevant to the topic the family presents. THE FINAL PAPER IS DUE ON MAY 6 IN CLASS.
LEARNING GOALS FOR THIS CLASS:

1. Students will learn about the following issues: divorce, remarriage, step-parenting, couples therapy, drug and alcohol abuse in couples and families, and gay and lesbian couples and families.

2. Each student will have the opportunity to learn family therapy by carrying a case under supervision from an experienced family therapist.

3. Students will have the opportunity to hear and learn from their classmates’ family therapy cases.

ACADEMIC INTEGRITY:

All Rutgers students should review and adhere to the University principles of academic integrity, available at: http://academicintegrity.rutgers.edu/academic-integrity-at-rutgers/

Rutgers statement on Accommodations due to Disability

Rutgers University welcomes students with disabilities into all of the University's educational programs. In order to receive consideration for reasonable accommodations, a student with a disability must contact the appropriate disability services office at the campus where you are officially enrolled, participate in an intake interview, and provide documentation: https://ods.rutgers.edu/students/documentation-guidelines. If the documentation supports your request for reasonable accommodations, your campus’s disability services office will provide you with a Letter of Accommodations. Please share this letter with your instructors and discuss the accommodations with them as early in your courses as possible. To begin this process, please complete the Registration form on the ODS web site at: https://ods.rutgers.edu/students/registration-form
FAMILY THERAPY CASE PRESENTATION IN CLASS

I. Outline for Class Presentation

   Identifying Information and Case Description

   Presenting Problems

   Present Genogram (Brief presentation)

   Brief Summary of Family Dynamics and History

   Case Formulation

   Description and Summary of Current Treatment Issues

II. Show Videotape (or Audiotape) Segments

III. Brief Presentation and Summary of the Readings

   - Discuss relevance to this case

IV. Class Discussion
OUTLINE FOR FINAL PAPER

I. Review Family Therapy Literature and Research Relevant to this Case

II. Family Case Summary
   Identifying Information
   Presenting Problems
   Family History
   Mental Status
   DSM V Diagnoses

III. Case Formulation

IV. Treatment Plan
   Treatment Goals

V. Treatment Summary

VI. Discussion of Outcome
<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan. 28</td>
<td>Drug and Alcohol Abuse in Couples and Families</td>
</tr>
<tr>
<td>Feb. 4</td>
<td>Gay and Lesbian Couples and Families</td>
</tr>
<tr>
<td>Feb. 11</td>
<td>NO CLASS February 11</td>
</tr>
<tr>
<td>Feb. 18</td>
<td>NO CLASS –CLINICAL INTERVIEW DAY</td>
</tr>
<tr>
<td>Feb 25</td>
<td>Separation, Divorce, Remarriage, and Step-parenting</td>
</tr>
<tr>
<td>March 4</td>
<td>Collaborative Problem Solving Therapy</td>
</tr>
<tr>
<td></td>
<td>Presenter: Dr. Jeremy Lichtman</td>
</tr>
<tr>
<td>March 11</td>
<td>Strategic and Paradoxical Family Therapy</td>
</tr>
<tr>
<td>March 18</td>
<td>NO CLASS-SPRING BREAK</td>
</tr>
<tr>
<td>March 25</td>
<td>Narrative Therapy and Post-Modern Approaches</td>
</tr>
<tr>
<td>April 1</td>
<td>Kinship Care Families: Adult Children with Substance Abuse Problems</td>
</tr>
<tr>
<td></td>
<td>and the Role of Grandparents and Other Relatives</td>
</tr>
<tr>
<td>April 8</td>
<td>Case Presentation – Student #1</td>
</tr>
<tr>
<td></td>
<td>Case Presentation – Student #2</td>
</tr>
<tr>
<td>April 15</td>
<td>Case Presentation – Student #3</td>
</tr>
<tr>
<td></td>
<td>Case Presentation – Student #4</td>
</tr>
<tr>
<td>April 22</td>
<td>Case Presentation – Student #5</td>
</tr>
</tbody>
</table>
11. April 29  Case Presentation – Student #6
    April 29  Case Presentation – Student #7

12. May 6  Case Presentation – Student #8
    May 6  Case Presentation – Student #9

    May 6  FINAL PAPER DUE IN CLASS

13. May 13  Case Presentation – Student #10

Integrative Family therapy
Discussion and Review of Course

COURSE OUTLINE AND READINGS

1) January 28- DRUG AND ALCOHOL ABUSE IN COUPLES & FAMILIES


2) February 4- GAY AND LESBIAN COUPLES AND FAMILIES


**NO CLASS—FEBRUARY 11**

**NO CLASS—FEBRUARY 18—CLINICAL PROGRAM INTERVIEW DAY**

3) **FEBRUARY 25-SEPARATION, DIVORCE, CO-PARENTING, REMARRIAGE & STEP-PARENTING**


REMARRIAGE AND STEP-PARENTING


4) March 4: Collaborative Problem Solving Therapy


5) March 11: Strategic and Paradoxical Family Therapy


MARCH 18—NO CLASS—SPRING BREAK

6) March 25: Post Modern and Narrative Family Therapy


7) April 1: Kinship Care Families, Adult Children with Substance Abuse Problems, Role of Grandparents

   Readings:


8A) Case Presentation – Student #1

   Readings:

   Readings on Kinship Care:


Foster Care:


8B) April 8: Case Presentation - Student #2
Readings:

Readings on Kinship Care & Parental Substance Abuse:


9A) Case Presentation – Student #3
Readings on Anxiety Disorder and Families


Readings on Communication Training and Problem Solving:


Family Treatment of Eating Disorders:


9B) April 15: Case Presentation – Student #4

Readings:

Readings on Anxiety Disorder and Families


Readings on Communication Training and Problem Solving:


10A) April 22: Case Presentation – Student #5

Readings:


11A) Case Presentation – Student # 6

Readings: Emotionally Focused Couple Therapy


Readings on Latino Families:

11B) Case Presentation – Student #7

Readings on Emotionally-Focused Couple Therapy:


Readings on Muslim Couples and Families:


12A) May 6: Case Presentation – Student #8

Tourette Syndrome Readings:


Readings on Communication Skills Training and Collaborative Problem Solving for Adolescents and their Families:


Reading on Indian Families:


12B) May 6: Case Presentation – Student #9

Readings on Muslim Couples and Families:


Readings on Loss and death of a Parent


Posttraumatic Stress Disorder:


**TURN IN FINAL PAPER IN CLASS ON MAY 6**

13A) May 13: Case Presentation – Student #10

Integrative Family therapy
Discussion of the Course