COURSE SYLLABUS

Course: FAMILY THERAPY (Second Semester)
Course #: 18:821:616
Semester: Spring 2018

Instructor: Nancy Boyd-Franklin, Ph.D.

COURSE DESCRIPTION:

This is the second semester of a year-long advanced family therapy course. Both terms are required for credit to be given. In this second semester, students will study issues such as divorce, remarriage, step-parenting, couples therapy, drug and alcohol abuse in couples and families, and gay and lesbian couples and families. In addition, each student will present a family therapy case that they are treating under supervision. This will provide the experiential component of the class and each student will present cases from the clinic or their practicum sites. It provides an opportunity for students view videotapes and DVDs of cases and to learn from their own family therapy case experiences. The course includes multiple experiential assignments and learning opportunities. As a part of their core program, all students are required to take four intervention courses, one of which must be a systems course. This Family Therapy course fulfills the systems requirement.

PREREQUISITES:

1: Advanced Standing in the program.
2: Previous therapy experience and course work required.

REQUIREMENTS:

1. This is a YEAR LONG COURSE, BOTH terms are required for credit to be given.

2. Attendance in all classes is required.

3. Each student must carry a family or couple therapy case under the supervision of an approved family therapy supervisor.

4. Each student must present their case in class and discuss the relevant readings as a part of their presentation.

5. Each student is required to write a 15-20 page paper on their case using the case outline provided. Discuss the family therapy case you have treated. Include a thorough description of the case and discuss it within a particular family systems theoretical perspective. (More than one can also be incorporated.) Review and cite family therapy literature relevant to the topic the family presents. THE FINAL PAPER IS DUE ON MAY 7 IN CLASS.
LEARNING GOALS FOR THIS CLASS:

1. Students will learn about the following issues: divorce, remarriage, step-parenting, couples therapy, drug and alcohol abuse in couples and families, and gay and lesbian couples and families.

2. Each student will have the opportunity to learn family therapy by carrying a case under supervision from an experienced family therapist.

3. Students will have the opportunity to hear and learn from their classmates’ family therapy cases.

ACADEMIC INTEGRITY:

All Rutgers students should review and adhere to the University principles of academic integrity, available at: http://academicintegrity.rutgers.edu/academic-integrity-at-rutgers/

Rutgers statement on Accommodations due to Disability

Rutgers University welcomes students with disabilities into all of the University's educational programs. In order to receive consideration for reasonable accommodations, a student with a disability must contact the appropriate disability services office at the campus where you are officially enrolled, participate in an intake interview, and provide documentation: https://ods.rutgers.edu/students/documentation-guidelines. If the documentation supports your request for reasonable accommodations, your campus’s disability services office will provide you with a Letter of Accommodations. Please share this letter with your instructors and discuss the accommodations with them as early in your courses as possible. To begin this process, please complete the Registration form on the ODS web site at: https://ods.rutgers.edu/students/registration-form
Family Therapy (2nd Semester) spring 2017

1. Jan. 22  Drug and Alcohol Abuse in Couples and Families

2. Jan. 29  Gay and Lesbian Couples and Families

3. Feb 5    Separation, Divorce, Remarriage, and Step-parenting

4. Feb. 12  Strategic and Paradoxical Family Therapy

**FEB.19**  NO CLASS—CLINICAL INTERVIEW DAY

5. Feb. 26  Post Modern and Narrative Family Therapy

6. March 5  Collaborative Problem Solving Therapy

   Presenter: Dr. Jeremy Lichtman

**March 12**  NO CLASS—SPRING BREAK

7. March 19  Kinship Care Families: Adult Children with Substance Abuse Problems and the Role of Grandparents and Other Relatives

8. March 26  Kinship Care Family: Four year old girl in kinship care with her Aunt (Father’s sister) and her half brother. She was sexually abused while living with her Grandmother. Mother has serious mental illness (Bipolar Disorder) and she neglected the children. Father was incarcerated.

   Presenter: David Asamoah-Duodu
March 26  An 11 year old girl referred for dyadic family therapy with her mother, who has a history of substance abuse and neglect of her daughter. She has been clean for the last year. Client was removed from her mother’s care and lives with her father and his older relatives with visitation with her mother.

Presenter: Eleanore Pankow

9. April 2  Foster Care (Possible Adoption): 6 year old child with ADHD and PTSD living in foster home. Mother is drug involved and child was removed from her because of neglect and allegations of exposure to sexualized materials. He visits with his father who was incarcerated.

Presenter: Beth Molnar Murray

April 2  Eleven year old African American girl seen in family therapy with her mother. She was sexually abused by her older brother when he was 14. Father died suddenly of a heart attack. Her mother has started dating. Her daughter is anxious.

Presenter: Valerie Pierre-Canel

10 April 9  Seventeen year old Latino male with mild Autism (Asperger's Syndrome & Pervasive Developmental Disorder). Family sessions with brother and mother. Client is not involved with friends, but is involved in virtual fighting games on his phone.

Presenter: Maddie Silber

10 April 9  Family with seventeen year old high school senior and two older siblings from the father’s prior marriage, who are now in college. He was referred by his parents for apathy with regard to school, concerns about his academic performance, anger, conflict with parents, and lack of communication.

Presenter: Jackie Slemp
11 April 16 Engaged Couple from different ethnic and religious backgrounds. Male partner is a surgical resident from an Iranian Muslim family. Female partner has her Ph.D. in Social Work and Social Policy and is from a White family with a mother with a history of mental illness. The couple had a serious fight in front of his mother, which led to a postponement of their wedding.

Presenter: Mandy Read

April 16 Latino couple with a 31 year old man from Columbia and a 27 year old wife, who is Hispanic and has been raised in the U.S. Couple has issues with conflict resolution, lack of sexual intimacy. The wife is under a great deal of stress from balancing school and work and this has affected her sex drive. Husband is depressed and isolated and does not have family members here in this country.

Presenter: Jamal Waire

12. April 23 Korean family with an 83 year old father and a 48 year old daughter who was born and raised in the U.S. The father has Muscular Dystrophy and is currently in a wheel chair, and suffers from depression, anxiety, and panic attacks. He lives in an assisted living facility and she is his main caretaker. She is married and has a son. He was an engineer and it has been hard for him and his daughter to watch his deterioration. They have trouble communicating and expressing emotions.

Presenter: Will Maier

13 April 30 To Be Announced

Presenter: Teddy Chattah

14 May 7 Integrative Family Therapy Discussion of the Course

May 7 FINAL PAPER IS DUE IN CLASS
FAMILY THERAPY CASE PRESENTATION IN CLASS

I. Outline for Class Presentation
   - Identifying Information and Case Description
   - Presenting Problems
   - Present Genogram (Brief presentation)
   - Brief Summary of Family Dynamics and History
   - Case Formulation
   - Description and Summary of Current Treatment Issues

II. Show Videotape (or Audiotape) Segments

III. Brief Presentation and Summary of the Readings
   - Discuss relevance to this case

IV. Class Discussion
OUTLINE FOR FINAL PAPER

I. Review Family Therapy Literature and Research Relevant to this Case

II. Family Case Summary
   Identifying Information
   Presenting Problems
   Family History
   Mental Status
   DSM V Diagnoses

III. Case Formulation

IV. Treatment Plan
   Treatment Goals

V. Treatment Summary

VI. Discussion of Outcome

COURSE OUTLINE AND READINGS

1) January 22- DRUG AND ALCOHOL ABUSE IN COUPLES & FAMILIES

   alcoholism and drug abuse. In A. Gurman (Ed.), Clinical handbook of couple

   Stanton, M.D. & Todd, T. Family therapy for drug abuse and addiction: The
   therapy model. New York: Guilford Press.
2) January 29- **GAY AND LESBIAN COUPLES AND FAMILIES**


3) **FEBRUARY 5-SEPARATION, DIVORCE, CO-PARENTING, REMARRIAGE & STEP-PARENTING**


**REMMARRIAGE AND STEP-PARENTING**


4) February 12: Strategic and Paradoxical Family Therapy


**FEBRUARY 19- NO CLASS—CLINICAL INTERVIEW DAY**

5) February 26: Post Modern and Narrative Family Therapy


6) March 5: Collaborative Problem Solving Therapy


March 12: NO CLASS SPRING BREAK

7) March 19: Kinship Care Families, Adult Children with Substance Abuse Problems, Role of Grandparents

Readings:


8A) March 26 : Kinship Care Family: Four year old girl in kinship care with her Aunt (Father’s sister) and her half brother. She was sexually abused while living with her Grandmother. Mother has serious mental illness (Bipolar Disorder) and she neglected the children. Father was incarcerated.

**Presenter:** David Asamoah-Duodu

Readings:
Readings on Kinship Care:


Parental Incarceration:


Readings on Sexual Abuse:


Tavkar, P. & Hansen, D. J. (2011). Interventions for families victimized by
8B) March 26: Dyadic Family therapy with mother and 11 year old daughter. Mother has a substance abuse history and daughter is in kinship care with father and paternal relatives.

**Presenter—Eleanore Pankow**

**Readings:**

Readings on Kinship Care & Parental Substance Abuse:


9A) April 2- Foster Care (Possible Adoption): 6 year old child with ADHD and PTSD living in foster home. Mother is drug involved and child was removed from her because of neglect and allegations of exposure to sexualized materials. He visits with his father who was incarcerated.

**Presenter—Beth Molnar Murray**
Readings: (See readings above on parental incarceration and parental substance abuse).

Foster Care:


Families with Adopted Children:


*Journal of the American Academy of Child and Adolescent Psychiatry, 44, 10, 987-995.*


9B) April 2. Eleven year old African American girl has been seen in family therapy with her mother. She was sexually abused by her older brother when he was 14. Her father died suddenly of a heart attack. Her mother has started dating and her daughter is anxious.

**Presenter—Valerie Pierre-Canel**

Readings:

Readings on Sexual Abuse:


Readings on Loss and death of a Parent


Single Parent Families:

10A) April 9- Seventeen year old Latino male with mild Autism (Asperger’s Syndrome & Pervasive Developmental Disorder). Family sessions with brother and mother. Client is not involved with friends, but is involved in virtual fighting games on his phone.

Presenter: Maddie Silber

Readings on Asperger’s Syndrome, Pervasive Developmental Disorder, and Autism Spectrum Disorders:


Readings on Latino Families:


10 B) April 9- Family with seventeen year old high school senior and two older siblings from the father’s prior marriage, who are now in college. He was referred by his parents for apathy with regard to school, concerns about his academic performance, anger, conflict with parents, and lack of communication.

**Presenter: Jackie Slemp**

Readings on Communication Skills Training and Collaborative Problem Solving for Adolescents and their Families:


11A) April 16: Engaged Couple from different ethnic and religious backgrounds. Male partner is a surgical resident from an Iranian Muslim family. Female partner has her Ph.D. in Social Work and Social Policy and is from a White family with a mother with a history of mental illness. The couple had a serious fight in front of his mother, which led to a postponement of their wedding.

**Presenter: Mandy Read**

Readings on Muslim Families:


Readings on Emotionally- Focused Couple Therapy:


11B) April 16: Latino couple with a 31 year old man from Columbia and a 27 year old wife, who is Hispanic and has been raised in the U.S. Couple has issues with conflict resolution, lack of sexual intimacy. The wife is under a great deal of stress from balancing school and work and this has affected her sex drive. Husband is depressed and isolated and does not have family members here in this country.

Presenter: Jamal Waire

Readings on Latino Families:


Readings on Emotionally Focused Couple Therapy:


12) April 23:

Korean family with an 83 year old father and a 48 year old daughter who was born and raised in the U.S. The father has Muscular Dystrophy and is currently in a wheel chair, and suffers from depression, anxiety, and panic attacks. He lives in an assisted living facility and she is his main caretaker. She is married and has a son. He was an engineer and it has been hard for him and his daughter to watch his deterioration. They have trouble communicating and expressing emotions.

Presenter: Will Maier
Readings on Korean and other Asian Families:


Readings on Serious Illness and Disability in the Family:


13) April 30: To be announced

14) May 7. Integrative Family Therapy

Discussion of the Course

**MAY 7 FAMILY THERAPY PAPER DUE IN CLASS**