

**RUTGERS, THE STATE UNIVERSITY OF NEW JERSEY
GRADUATE SCHOOL OF APPLIED AND PROFESSIONAL PSYCHOLOGY**

CLINICAL PSY.D. PROGRAM PROPOSAL

Form to be used by classes entering GSAPP in 2014-2015 and after

DATE ENTERED GSAPP _____

NAME _____ FACULTY ADVISOR _____

UNDERGRADUATE MAJOR _____ DEGREE _____

UNDERGRADUATE INSTITUTION _____ DATE RECEIVED _____

GRADUATE DEGREE MAJOR _____ DEGREE(S) _____

GRADUATE INSTITUTIONS _____ DATE(S) RECEIVED _____

SIGNED UP FOR TIME2TRACK? YES [] NO []

SIGNATURES

1. STUDENT _____ DATE _____

2. ADVISOR _____ DATE _____

3. DEPT. ADMINISTRATOR _____ DATE _____

4. PROGRAM DIRECTOR _____ DATE _____

The Program Proposal represents an agreement between the student and GSAPP. The program proposal ensures that students meet specialization, departmental, and university requirements while selecting courses and experiences to meet their unique interests. Courses listed on the attached sheets should be viewed as a plan for a timely progression through the program and not a guarantee that courses will be available in specific semesters.

Major Milestones and Deadlines

Milestone	Deadline
Written Comprehensive Exams	Sit for this exam usually in the summer after your 2nd year.
Written Comprehensive Exam remediations (see Student Handbook)	Any comprehensive exam remediations must be completed by June 1 in the year following the exam administration, or by the time you apply for clinical internship (whichever comes first).
Clinical Orals Defense	June 1 in the year you plan to apply for internship (recommended that the defense is scheduled before May 1 to allow time for any remediation)
Clinical Orals Revisions Approved by Committee	June 1 in the year you plan to apply for internship
Dissertation Proposal Defense	Oct 15 in the year you apply for internship
Dissertation IRB submission (Documentation that the IRB has received your proposal or that your study does not require IRB review is required)	Oct 15 in the year you plan to apply for internship
Dissertation Defense	Depends on anticipated graduation date. See GSAPPWeb link to dissertation materials.

Directions

Introduction

***This form is to be used **by classes entering GSAPP in 2014-2015 and after.** This form reflects changes to the curriculum implement during 2013-2014.

This is the main body of the Program Proposal. For students who have had no previous graduate training, all the necessary pages are attached. Students who wish to transfer credits from previous graduate training must complete and attach official waiver forms, which can be obtained from the departmental secretary. When waiving coursework, you only need to attach the signed waiver form(s) and not the accompanying syllabi.

There are two basic forms and one appendix in this package.

FORM 1: lists the required courses and has space for you to indicate when you will take each course.

FORM 2: a time chart that allows you to plan your sequence of courses and practica for the years you will be at GSAPP. Form 2 is a different way of ordering the courses already listed in Form 1. Please be sure to fill in the calendar year on the top of each page. In addition, please indicate the summer in which you intend to take the comprehensive exams.

APPENDIX 1: This appendix includes a list of Effective Intervention courses - which can help you complete Form 1.

APPENDIX 2: This appendix contains a model course sequence.

Form 1 is divided into five sections:

1. Required Didactic Courses (p. 1). These include required courses which are listed on the form as well as those effective intervention courses for which choice is permitted within defined boundaries.
2. Required and Additional Electives (p. 2). Courses not already included under the categories on page 1.
3. Required Clinic, Practicum, and Internship Credits (p. 3).
4. Credit Summary Sheet (p. 4)
5. Specialty Cluster (p. 5). A list of those courses that comprise your elective specialty cluster.

DIRECTIONS FOR FORM 1:

PAGE 1

The first page of Form 1 lists all of the courses specifically required of all students. To the right of each course there is space to indicate when you are planning to take each at GSAPP. For each course insert the number of credits and the semester and year you are planning to take the course. If you will be waiving or transferring any credits, please denote these in the appropriate columns. Enter the sum of each type of credit to be earned at the bottom of the table.

The first page of Form 1 asks you to also list the four effective intervention courses you plan to take to meet GSAPP requirements. The effective intervention course requirement is for 4 SEMESTERS, not four courses. So year-long courses can meet two of the requirements. Note that you must take at least one course which focuses on the individual applications and one course that addresses either family, couple, or group applications from a systems viewpoint. Identify each course according to these categories in the appropriate column to the right of the course title. Be sure to include course numbers as well as titles. Because this requirement is designed to ensure that you are exposed to different modalities and strategies, make sure that no more than two of the courses you list are taught by the same professor.

PAGE 2

The second page of Form 1 lists all additional required and optional elective courses. To meet the overall credit requirement at GSAPP, you will need to take 4 additional 3-credit courses beyond the courses listed on page 1. These courses are denoted as “Required (3 cr)” in the table.

To complete this page, list each course by title and course number and write the number or credits and semester/year you will be taking or transferring/waiving the course.

PAGE 3

Page 3 of Form 1 lists your clinic hours, practicum hours, and internship hours. Note that the clinic hours, practicum hours, and internship hours are all given regular academic credits. For each course insert the number of credits and the semester and year you are planning to take or transfer/waiving the course.

PAGE 4

Summarize the number of credits to transfer, waived, and to earn that was tallied on pages 1-3.

PAGE 5

The Worksheet for Form 1 asks you to list your specialty cluster choices. A cluster is defined as a set of *three or more* courses which adhere to a coherent theme. It may overlap totally with the 12 required application credits or may differ. If desired, clusters may be created by the student in consultation with his/her advisor. Note: Your cluster title is included only for the purposes of your planning and communication with advisors. This title will not be reflected on any official Rutgers documents.

Think about what you want to study in more depth at GSAPP, and then write down the courses that correspond to that focus. Provide your own cluster title for this choice of courses. Courses listed here should also appear on Pages 1 and/or 2.

** Sample Cluster Titles: child assessment and therapy, community interventions, general practice, psychoanalytic therapy, adult interventions, severe and persistent mental illness, applied behavior analysis.

CATEGORY COURSE No. TITLE (and credits)			WAIVER(Based On Pre-GSAPP Edu. Experience)		COMPLETED AT GSAPP		
			Credits To Transfer	Waived but no Credit Transfer	Credits To Earn	Semester & Year Completed/Planned	
Required Theory Courses	820:508	Systems Theory and Analysis (3)					
	820:509	Analytic Foundations (3)					
	820:507	Learning Theory & Cognitive Behavioral Foundations (3)					
	820:550	History and Systems (3)					
	820:505	Cognitive and Affective Psychology (3)					
	820:506	Social and Developmental Foundations of Human Behavior (3)					
Required Individual Differences	820:563	Child Psychopathology: Theoretical, Experimental, and Descriptive (3)					
	820:565	Adult Psychopathology: Theoretical, Experimental, and Descriptive (3)					
	820:622	Biological Bases of Human Behavior (3)					
Required Research Courses	820:581	Statistical Methods and Design Analysis (3)					
	820:585	Advanced Statistics and Research Design Analysis (3)					
	820:701 or 702	Dissertation – Part 1 (701 = fall; 702 = spring) (3)					
	820:701 or 702	Dissertation – Part 2 (701 = fall; 702 = spring) (3)					
	820:701 or 702	Dissertation – Part 3 (701 = fall; 702 = spring) (3)					
Assessment Requirement	820:531	Clinical Interviewing & Assessment (3)					
	820:633	Cognitive Assessment (3)					
Diversity Requirement	820:570	Psychological Intervention w/Ethnic Minority Clients & their Fam. (3) OR					
	820:575	Diversity and Racial Identity (3) OR					
	821:569	Psychodynamic Approaches with Diverse Populations (3)					
Other Required Courses	821:653	Supervision & Professional Development: Yr 1, Fa (1)					
	821:653	Supervision & Professional Development: Yr 1, Sp (1)					
	820:613 or 614	Ethics and Professional Development (3)					
	821:655	Training, Supervision, & Consultation (3)					
	821:558	Learning Disabilities/Adult (2)					
4 Effective Intervention Courses*	Individual:	(3)					
	Systems:	(3)					
	Other:	(3)					
	Other:	(3)					
	*Required intervention courses must include 1 Individual course, 1 Systems course (group, couple or family), and 2 other effective intervention courses. See Appendix for List of Effective Intervention Courses						
	TOTAL CREDITS, PAGE 1 (columns 1+2+3 should = 71 credits)			1	2	3	

REQUIRED AND ADDITIONAL ELECTIVES			WAIVER (based on Pre-GSAPP Educational Experiences)		COMPLETED AT GSAPP	
			Credits To Transfer	Waived but no Credit Transfer	Credits To Earn	Semester & Year Completed/Planned
Required (3 cr)						
Required (3 cr)						
Required (3 cr)						
Optional						
Optional						
Optional						
Optional						
Optional						
Optional						
Optional						
Optional						
Optional						
Optional						
Optional						
		TOTAL CREDITS, PAGE 2: (columns 1+2+3 should \geq 9 credits)	1	2	3	

* Please take note: Students are required register for three 3-credit courses in each of Fall and Spring semester of their 3rd year. Exceptions must be requested through Department Chair.

CATEGORY	COURSE NO.		WAIVER (based on Pre-GSAPP Edu. Experiences)		COMPLETED AT GSAPP	
			Credits To Transfer	Waived but no Credit Transfer	Credits To Earn	Semester & Year Completed/Planned
Required GSAPP Clinic Credits ^a	821:543	General GSAPP Clinic: Yr 1, Fa *	(0.5)			
	821:543	General GSAPP Clinic: Yr 1, Sp *	(0.5)			
	821:543	General GSAPP Clinic: Yr 2, Fa **	(0.5)			
	821:543	General GSAPP Clinic: Yr 2, Sp **	(0.5)			
	821:543	General GSAPP Clinic: Yr 3, Fa ***	(0.5)			
	821:543	General GSAPP Clinic: Yr 3, Sp ***	(0.5)			
Required Practicum Credits ^b	820:695	Practicum (internal or external): Yr 1, Fa	(0.5)			
	820:695	Practicum (internal or external): Yr 1, Sp	(0.5)			
	820:695	Practicum (internal or external): Yr 2, Fa	(0.5)			
	820:695	Practicum (internal or external): Yr 2, Sp	(0.5)			
	820:695	Practicum (internal or external): Yr 3, Fa	(0.5)			
	820:695	Practicum (internal or external): Yr 3, Sp	(0.5)			
	820:695	Practicum (internal or external): Yr 4, Fa	(0.5)			
	820:695	Practicum (internal or external): Yr 4, Sp	(0.5)			
Required Internship ^c	821:657	Internship in Clinical Psychology	(3)			
	821:658	Internship in Clinical Psychology	(3)			
		TOTAL CREDITS, PAGE 3 (columns 1+2+3 should = 13 credits)		¹	²	³

^a **General GSAPP Clinic credit:** As outlined in the Student Handbook, students are required to see assessment and therapy cases through the GSAPP General Clinic. In each Fall and Spring semester of years 1, 2, and 3, students will enroll for 0.5 credits (total = 3 credits) to reflect this work. Students should not count cases seen as part of internal practica (e.g., DBT, PACT, YAD-C) to count for these credits. After year 3, students will register for .5 General GSAPP Clinic credits for each semester he or she is seeing any therapy or assessment client in the GSAPP General Clinic.

* 1st-year Clinic: accounts for cases seen for Foundation courses and any other assessment, therapy cases seen.

** 2nd-year Clinic: Plan half-day commitment that will include a combination of assessment and therapy. 2nd-yr students will get priority for assessment cases (est. ≥ 2).

*** ≥ 3rd-year Clinic: 3rd-year students are required to see therapy/assessment cases. For any years after 3rd-year, register for .5 credits in any semester you are seeing cases/assessments.

^b **Practicum credit:** Students register for 0.5 practicum credits for each Fall and Spring semester he/she is participating in a practicum (internal or external). Each 1-day per week practicum assumes 120 hours (8 hours per week over one semester or the equivalent) of work in a practicum setting. Each 2-day per week practicum will assume 240 hours (16 hours per week over one semester or the equivalent) of work in a practicum setting. Students will register for Practicum credits for internal practica (e.g., DBT, PACT, YAD-C) or external practica. Students registered for both an internal and external practica still only register for 0.5 credits. **Only 4 years of practicum are required for graduation, but students who participate in a practicum during their 5th year (or beyond), must register for 0.5 credits of Practicum in each semester they enroll.

^c **Internship in Clinical Psychology credits:** Students enroll for 3 credits in the Fall and Spring semester of their internship year. Internship requires 1750 hours (one full year or the equivalent) of work.

*** **Transfer of practicum credits:** 0.5 credits for each of two semesters may be waived (1.0 total) by approval of the Department Chair.

Credit Summary Sheet	Column 1*	Column 2	Column 3
	Credits To Transfer	Waived but no Credit Transfer	Credits To Earn
SUB-TOTAL, PAGE 1			
SUB-TOTAL, PAGE 2			
SUB-TOTAL, PAGE 3			
GRAND TOTAL	¹	²	³

↑ COLUMNS 1 + 3 ≥ 93 ** ↑

* Column 1: For the purpose of transfer of credit to the student's University transcript, no more than 30 credits are allowed.

** Columns 1+3 (waived plus earned credits) must be equal to at least 93 credits for all students (even those entering with a Masters degree).

CATEGORY	COURSE NO.	TITLE	Transfer Credits	Credits Completed at GSAPP
Specialty Cluster				
	Cluster Title _____			
Comprehensive Exams	Planned date to take General Comps _____ Planned date to take Clinical Comps _____			

Note: This is a worksheet. Courses listed here should also be listed on page 1 or page 2.

FORM 2: TIME CHART

Completing this table will help you plan your sequence of courses and practica over the years you are at GSAPP. Start with the first semester you were enrolled and list the courses you have taken and plan to take each semester and summer until graduation. For each academic year, fill out the “Practica” form to record your practicum placements, psychological clinic cases, and respective supervisors. Add a check mark if supervisor has heard or seen at least one of your therapy sessions. Remember to write the academic year on the top of each page.

1. You must be in continuous registration from the first September after admission until the semester you graduate. This means you have to register for at least (3) three credits each Fall and Spring semester unless you are not using any faculty time or university facilities and have an approved leave of absence from your department. If you have applied for and been granted a leave of absence, you can register for 0 credits of “matriculation continued.”

FORM 2: TIME CHART (1 of 5)

Academic Year: 20 - 20 (1st Year)

FALL

Course No.	Title	Credits

SPRING

Course No.	Title	Credits

SUMMER

Course No.	Title	Credits

FORM 2: PRACTICA AND CLINIC CLIENTS

Academic Year: 20 -- 20 (1st Year)

Practicum Site(s):

Name of Supervisor(s):

1) _____

2) _____

Psychological Clinic Cases

Name of Supervisor(s):

of therapy/assessment cases: _____

of assessment ONLY cases: _____

FORM 2: TIME CHART (2 of 5)

Academic Year: 20 - 20 (2nd Year)

FALL

Course No.	Title	Credits

SPRING

Course No.	Title	Credits

SUMMER

Course No.	Title	Credits

FORM 2: PRACTICA AND CLINIC CLIENTS

Academic Year: 20 -- 20 (2nd Year)

Practicum Site(s):

Name of Supervisor(s):

1) _____

2) _____

Psychological Clinic Cases

Name of Supervisor(s):

of therapy/assessment cases: _____

of assessment ONLY cases: _____

FORM 2: TIME CHART (3 of 5)

Academic Year: 20 - 20 (3rd Year)

FALL

Course No.	Title	Credits

SPRING

Course No.	Title	Credits

SUMMER

Course No.	Title	Credits

* Please take note: Students are required register for three 3-credit courses in each of Fall and Spring semester of their 3rd year. Exceptions must be requested through Department Chair.

FORM 2: PRACTICA AND CLINIC CLIENTS

Academic Year: 20 -- 20 (3rd Year)

Practicum Site(s):

Name of Supervisor(s):

1) _____

2) _____

Psychological Clinic Cases

Name of Supervisor(s):

of therapy/assessment cases: _____

of assessment ONLY cases: _____

FORM 2: TIME CHART (4 of 5)

Academic Year: 20 - 20 (4th Year)

FALL

Course No.	Title	Credits

SPRING

Course No.	Title	Credits

SUMMER

Course No.	Title	Credits

FORM 2: PRACTICA AND CLINIC CLIENTS

Academic Year: 20 -- 20 (4th Year)

Practicum Site(s):

Name of Supervisor(s):

1) _____

2) _____

Psychological Clinic Cases

Name of Supervisor(s):

of therapy/assessment cases: _____

of assessment ONLY cases: _____

FORM 2: TIME CHART (4 FORM 2: TIME CHART (5 of 5))

Academic Year: 20 - 20 (5th Year)

FALL

Course No.	Title	Credits
821: 657	Internship in Clinical Psychology	3.0

SPRING

Course No.	Title	Credits
821: 658	Internship in Clinical Psychology	3.0

FORM 2: PRACTICA AND CLINIC CLIENTS

Academic Year: 20 -- 20 (5th Year)

Practicum Site(s):

Name of Supervisor(s):

1) _____

2) _____

Psychological Clinic Cases

Name of Supervisor(s):

of therapy/assessment cases: _____

of assessment ONLY cases: _____

GSAPP Courses that Teach Theories and Methods of Effective Interventions

Group

- 18:821:547 Introduction to Group Therapy – David Panzer
- 18:821:539 Health Psychology
- 18:821:562 Behavioral Couples Therapy – Shalonda Kelly
- 18:821:608/9 Treatment of Youth Depression and Anxiety (one or two semesters) - Brian Chu
- 18:821:612 Fundamentals of DBT – Shireen Rizvi
- 18:821:613 Practice of DBT – Shireen Rizvi
- 18:821:615/16 Family Therapy (two semesters) – Nancy Boyd-Franklin

Individual

- 18:821:605 Integrative Perspectives on Trauma – Monica Indart
- 18:821:555 CBT: Assessment and Treatment of Anxiety and Depression– Brian Chu
- 18:821:608/9 Treatment of Youth Depression and Anxiety (one or two semesters) - Brian Chu
- 18:821:624/5 CBT: Theory and Practice I and II (two semesters) – Terry Wilson
- 18:821:637 Basic Principles and Methods of Psychoanalytic Therapy
- 18:821:640 Short-Term Psychodynamic Therapy – Karen Riggs-Skean
- 18:821:535 Psychoanalytic Theory of Personality
- 18:821:630 Assessment and Treatment of Substance Use Disorders
- 18:821:610 Advanced Studies Clinical Psychotherapy Integration

**Model Course Sequence for Clinical Psy.D.
(starting with Fall, 2014)**

(To prepare for comprehensive exams and to meet other program requirements)

First Year

Course	Year 1 Fall	Year 1 Spring	Yr 1 Summer
1	† Analytic Foundations (3 cr): 18:820:509	Elective <i>and/or</i> Elements of Psychodynamic (1.5 cr): 18:820:640	Cognitive & Affective Psychology (3 cr): 18:820:505
2	† Learning Theory & Cognitive Behavioral Foundations (3 cr): 18:820:507	† Systems Theory & Analysis (3 cr): 18:820:508	Biological Bases of Behavior (3 cr): 18:820:622
3	†† Adult Psychopathology (3 cr): 18:820:565	Cognitive Assessment (3 cr): 18:820:633	Assessment Team "Didactics:" specialized instruction run by the GSAPP clinic.
4	Clinical Interviewing & Assessment (3 cr): 18:820:531	†† Child Psychopathology (3 cr): 18:820:563	
5	Supervision & Professional Development (1 cr): 18:821:653	Supervision & Professional Development (1 cr): 18:821:653	
6	General GSAPP Clinic* (0.5 cr): 18:821:543	General GSAPP Clinic* (0.5 cr): 18:821:543	
7	Practicum** (internal or external) (0.5 cr): 18:820:695	Practicum** (internal or external) (0.5 cr): 18:820:695	

† Required for General Comprehensive Exams
 †† Required for Clinical Comprehensive Exams

* 1st-year Clinic: accounts for cases seen for Foundation courses and any other assessment, therapy cases seen.

** Practica: Any year you do a practicum (including internal practica, like DBT, YAD-C, PACT, etc), you will register for Fall and Sp credits; this will cover summer. You will ALSO register the practicum with Sue F through GSAPP web, including Summer-only practica.

Second Year

Course	Year 2 Fall	Year 2 Spring	Year 2 Summer
1	† Statistical Methods and Design Analysis (3 cr): 18:820:581	† Advanced Statistics and Research Design (3 cr): 18:820:585	Take Written Comprehensive Exams (Usually in July)
2	Social and Developmental Foundations of Human Behavior (3 cr): 18:820:506	† Ethics and Professional Development (3 cr): 18:820:613 or 614	
3	Elective (Effective Intervention 1)	Elective (Effective Intervention 2)	
4	†† Diversity course or Elective (Effective Intervention 3)	†† Diversity course or Elective (Effective Intervention 3)	Online Diversity course often available
5	General GSAPP Clinic* (0.5 cr): 18:821:543	General GSAPP Clinic* (0.5 cr): 18:821:543	
6	Practicum** (internal or external) (0.5 cr): 18:820:695	Practicum** (internal or external) (0.5 cr): 18:820:695	

† Required for General Comprehensive Exams

†† Required for Clinical Comprehensive Exams

* 2nd-year Clinic: Plan half-day commitment that will include a combination of assessment and therapy. 2nd-yr students will get priority for assessment cases (est. ≥ 2).

** Practica: Any year you do a practicum (including internal practica, like DBT, YAD-C, PACT, etc), you will register for Fall and Sp credits; this will cover summer. You will ALSO register the practicum with Sue F through GSAPP web, including Summer-only practica.

Third Year

Course	Year 3 Fall	Year 3 Spring
1	History and Systems (3 cr): 18:820:550	Training, Supervision, & Consultation (3 cr): [Course # TBD]
2	Elective or Dissertation - Part 1 (3 cr): 18:820:701	Elective or Dissertation - Part 1 (3 cr): 18:820:701
3	Required Elective 2	Required Elective 3
4	General GSAPP Clinic* (0.5 cr): 18:821:543	General GSAPP Clinic* (0.5 cr): 18:821:543
5	Practicum** (internal or external) (0.5 cr): 18:820:695	Practicum** (internal or external) (0.5 cr): 18:820:695
		Clinical Orals (request committee 4-6 months in advance of orals) and pass orals (and any remediation) by June 1 in the year you plan to apply for internship.

* ≥ 3rd-year Clinic: 3rd-year students are required to see therapy/assessment cases. For any years after 3rd-year, register for .5 credits in any semester you are seeing cases/assessments.

** Practica: Any year you do a practicum (including internal practica, like DBT, YAD-C, PACT, etc), you will register for Fall and Sp credits; this will cover summer. You will ALSO register the practicum with Sue F through GSAPP web, including Summer-only practica.

*** Students are required register for three 3-credit courses in each of Fall and Spring semester of their 3rd year. Exceptions must be requested through Department Chair.

Fourth Year and Beyond

Course	Year 4 Fall	Year 4 Spring
1	Dissertation - Part 2 (3 cr): 18:820:701	Dissertation - Part 3 (3 cr): 18:820: 702
2	(Optional) General GSAPP Clinic* (0.5 cr): 18:821:543	(Optional) General GSAPP Clinic* (0.5 cr): 18:821:543
3	Practicum** (internal or external) (0.5 cr): 18:820:695	Practicum** (internal or external) (0.5 cr): 18:820:695
	<p>Apply for Internship (Fall of either 4th or 5th year): (Note: Must have completed all developmental milestones and benchmark competencies, including:</p> <ul style="list-style-type: none"> - Passed Written Comprehensive Exams (general and clinical) and completed any remediation (see Student Handbook for deadlines). - Passed Oral Comprehensive Exams by June 1 - Defended Dissertation Proposal by Oct 15 - Applied for IRB approval for dissertation by Oct 15 	
	Dissertation (9 total credits, 3 of which may be from optional Dissertation Preparation & Research course: 18:820:700)	
Course	Year 5 Fall	Year 5 Spring
1	Internship in Clinical Psychology (3 cr): 18:821:657	Internship in Clinical Psychology (3 cr): 18:821:658
	A total of 93 credits and 1,080 hours of supervised practica, with an array of experiences, is required. An approved internship of 1,750 hours is also required.	

* ≥ 4th -year Clinic (Optional): For any years after 3rd-year, register for .5 credits in any semester you are seeing cases/assessments.

** Practica: Any year you do a practicum (including internal practica, like DBT, YAD-C, PACT, etc), you will register for Fall and Sp credits; this will cover summer. You will ALSO register the practicum with Sue F through GSAPP web, including Summer-only practica.