

## **Rutgers Resources:**

Allen and Joan Bildner Center for the Study of Jewish Life: <https://bildnercenter.rutgers.edu/>

Asian American Cultural Center: <https://aacc.rutgers.edu/>

Behavioral Health Provider Directory (accessible with student insurance):  
<https://healthsafeid.optum.com/>

Campus map of single-use restrooms: <http://socialjustice.rutgers.edu/trans-ru/>

Center for Latino Arts & Culture: <https://clac.rutgers.edu/>

Counseling and crisis services: <http://health.rutgers.edu/medical-counseling-services/counseling/>

Emergency Food/Funding Assistance: <https://studentaffairs.rutgers.edu/support-students/donate-to-student-affairs/emergency-assistance>

Faith and Spirituality at Rutgers: <http://ruoffcampus.rutgers.edu/rutgers-university-multi-faith-council/#1477330152226-596cb733-1de2>

Graduate Student Housing: <http://ruoncampus.rutgers.edu/graduate-student-housing/>

GSAPP student groups: <https://gsapp.rutgers.edu/current-students/student-groups>

GSAPP Student Services Portal: <https://gsapp.rutgers.edu/current-students/student-services>

Interfaith Meditation/Prayer spaces on campus: <http://www.cilru.org/religious-organization-prayer-space>

Lactation rooms on campus (in addition to the one in the GSAPP student lounge):  
<https://swc.rutgers.edu/node/21>

LGBTQA Housing Options: <http://socialjustice.rutgers.edu/housing-options/>

Medical Services: <http://health.rutgers.edu/medical-counseling-services/medical/>

Neurodiversity Taskforce Convening:

Neurodiversity Taskforce Introduction Christopher Manente (16 min):  
<https://www.youtube.com/watch?v=CdPMx5zuiq0>

Neurodiversity Taskforce Keynote Speaker Henry Zhang (24 min):  
<https://www.youtube.com/watch?v=GXto4-IXHf4>

Neurodiversity Taskforce Keynote Speaker Dr. Vanessa Bal (32 min):  
<https://www.youtube.com/watch?v=2qQW952rdTk>

Neurodiversity Taskforce Rutgers Employer/Employee Panel (34 min):  
[https://www.youtube.com/watch?v=c5n\\_a4zUsYo](https://www.youtube.com/watch?v=c5n_a4zUsYo)

Neurodiversity Taskforce Rutgers Student Panel (45 min):  
<https://www.youtube.com/watch?v=Z1JAD-KqLxs>

Neurodiversity Taskforce Town Hall Discussion:

<https://www.youtube.com/watch?v=y5ZtQISWpsM&t=623s>

Neurodiversity Taskforce Focus Group Results:

[https://rcaas.rutgers.edu/sites/default/files/images/6.16.22\\_ppt.pdf](https://rcaas.rutgers.edu/sites/default/files/images/6.16.22_ppt.pdf)

Office of Disability Services: <https://ods.rutgers.edu/>

Paul Robeson Cultural Center: <https://prcc.rutgers.edu/>

Resources for transgender, gender nonconforming and gender questioning students, faculty and staff:

<http://socialjustice.rutgers.edu/trans-ru/>

Rutgers student organizations (full list): <https://rutgers.campuslabs.com/engage/organizations>

Rutgers Food Pantry: <http://ruoffcampus.rutgers.edu/food/>

Rutgers Office of Veterans and Military Programs and Services: <https://veterans.rutgers.edu/>

Rutgers University Bias-related Policies: <https://studentaffairs.rutgers.edu/policies-related-bias>

Rutgers University name change form: <http://socialjustice.rutgers.edu/trans-ru/on-campus-preferred-name-change/>

Student Legal Services: <https://rusls.rutgers.edu/>

Support for undocumented students: <https://studentsupport.rutgers.edu/services/support-undocumented-students>

Telehealth Student Therapy (accessible with student insurance):

<https://www.universityhealthplans.com/pdf/UnitedHealthcare-Telehealth.pdf>

The Center for Social Justice Education and LGBTQ Communities: <http://socialjustice.rutgers.edu/>

The National Center for Faculty Development and Diversity (free to all faculty, grad students and post docs): <https://diversity.rutgers.edu/national-center-faculty-development-and-diversity>

### **Additional Resources:**

10 Helpful Text-to-Speech Readers: <http://dyslexiahelp.umich.edu/tools/software-assistive-technology/text-to-speech-readers>

American Arab, Middle Eastern, and North African Psychological Association:

<https://www.amenapsy.org/>

American Indian and Alaska Native Society of Indian Psychologists: <https://www.nativepsychs.org/>

APA – Ethnicity, Race and Cultural Affairs: <https://www.apa.org/pi/oema>

APA: Guidelines for Psychological Practice With Sexual Minority Persons:

<https://www.apa.org/about/policy/psychological-sexual-minority-persons.pdf>

APA: Guidelines for Psychological Practice With Transgender and Gender Nonconforming People: <https://www.apa.org/practice/guidelines/transgender.pdf>

APA: Multicultural Guidelines: An Ecological Approach to Context, Identity and Intersectionality: <https://www.apa.org/about/policy/multicultural-guidelines.pdf>

American Psychological Association of Graduate Students (APAGS) Climate Guide for LGBTQ+ and Allied Students and Professionals: <https://www.apa.org/apags/resources/clgbt-climate-guide.pdf>

APAGS - A Guide for Supporting Trans and Gender Diverse Students: <https://www.apa.org/apags/governance/subcommittees/supporting-diverse-students.pdf>

APAGS Multicultural Training Database: <https://www.apa.org/apags/governance/subcommittees/cultural-competency>

APAGS Resource Guide for Ethnic Minority Graduate Students: <https://www.apa.org/apags/resources/ethnic-minority-guide.pdf>

Asking Demographic Questions in Research: A Reference Guide: <https://www.ieapinitiative.org/wp-content/uploads/2022/04/Asking-Demographic-Questions-in-Research-1.pdf>

Asian American Psychological Association: <https://aapaonline.org/>

Association of Black Psychologists: <https://abpsi.org/>

Building Bridges: Resources to Center Cultural Humility (a toolkit to help promote cultural humility among mental health service providers): <https://alcoholstudies.rutgers.edu/wp-content/uploads/Building-Bridges-Cultural-Humility-Toolkit.pdf>

Harvard Implicit Bias test: <https://implicit.harvard.edu/implicit/>

Multicultural Guidelines: An Ecological Approach to Context, Identity, and Intersectionality: <https://www.apa.org/about/policy/multicultural-guidelines.pdf>

NameCoach (accurate audio name pronunciation): <https://cloud.name-coach.com/>

National Latinx Psychological Association: <https://www.nlpa.ws/>

*So You Want to Talk About Race* by Ijeoma Oluo

*Stamped from the Beginning* by Ibram X. Kendi

TED Talk: Color Blind or Color Brave by Melody Hobson (14 min): [https://www.ted.com/talks/melody\\_hobson\\_color\\_blind\\_or\\_color\\_brave](https://www.ted.com/talks/melody_hobson_color_blind_or_color_brave)

*White Fragility* by Robin DiAngelo